From the Student Handbook:  
**HEALTH SERVICE**

**Privileges**

**Barnard Medical Office**

Advice, treatment and examination by the Barnard College physician or a nurse is available to all students.

The Barnard Medical Office is staffed by a full-time registered nurse and three part-time physicians.

This is a service to all students. No problem is too small to receive consideration.

**Columbia University Health Service**

The following services at the Columbia Health Service or St. Luke's Hospital are available when referred by the Barnard College Physician:

1. One consultation without charge with any specialist
2. Surgical treatment of minor surgical conditions
3. Laboratory or X-ray studies as indicated
4. Four clinics per week in the University Health Center

The following services are not provided: dental care, eye examination and fitting and prescription of glasses, hospitalization for room visits, ambulances, service for chronic conditions or conditions predating original college matriculation.

The New Doctor and Other Suggestions

Forrest L. Abbott, Treasurer and Controller of Barnard College, informed the Student Advisory Committee to the Health Services that an additional part-time Doctor has been provided for in the 1957-58 Columbia College Budget.

Chairman Linda L. Baublitz explained the Committee's purpose: "To be helpful to students in times of need." Though Dr. Nelson stated that an insurance policy, an alternative suggested by the Committee, would provide only hospital coverage and not funds to finance the medical service, the Committee has decided to exploring possibility more thoroughly.

Mr. Abbot informed the Committee, in a meeting with Miss Park, that only a higher student medical fee could provide the proposed budget of $25,000. A poll of student reaction to a medical fee rise was segregated, but deemed unnecessary by Miss Park. She had proposed merging with the Columbia University Health Services, but one member felt that "Barnard girls would rather have a separate health service."

Miscellaneous Opinion

"... I'd like the opportunity of finishing a sentence with Dr. Nelson."

"... The Nurses are nice. They give nice shots with no bruises."

"... I never go there if I have something really wrong with me."

"... Dr. Nelson seems to have very few diseases that she recognizes. Whenever you have an abnormally peaceful patient she asks if you're pregnant."

"... My Aids burn required immediate attention, I'm satisfied."

"... With appendicitis, I waited two hours to be admitted to St. Luke's."

"... My teacher advised me to go to an outside doctor."

**Our Medical Office**

By SHARON CALEGAN

Dr. Marjory Nelson

"Mrs. Grothe holds a Ph.D. in Sociology from the University of Frankfurt, and an M.A. from Columbia's School of Psychiatry Social Work."

Dr. De Fries, graduated from Hunter College with a B.S. from New York Medical College. She took her residency and also taught at Columbia Presbyterian Medical Center. Later she was a Consulting Psychiatrist to St. Luke's.

COUNSELLING SERVICE

Barnard's Counseling Service is now staffed by three part-time assistants and one full-time Psychiatric Social Worker.

Consulting psychiatrists Dr. Louie Beers and Dr. Helen Stein are both Barnard graduates. Dr. Beers went on to Physicians & Surgeons, trained at New York Hospital, and taught at Physicians & Surgeon, and Cornell before coming to Barnard. Dr. Stein graduated from Downstate Medical College and after six years of Private and Group practice, held a three-year residency in Psychiatry at Brooklyn State Hospital. She has been on staff at Western Psychosocial Clinic since 1953.

The other members of the Counseling Service include Drs. De Fries and Mrs. Lilo Grothe, Westchester County Community Service Groups, before coming to Barnard.

**OTHER SERVICES**

Faculty and staff may use the Barnard Medical Office only in case of emergency. Pre-employment examinations for women are provided by Dr. Nelson. Examinations for new employees are provided at Columbia, and St. Luke's services are readily available.

A new policy of back pay to Barnard students has been established by only 2 or 3 girls each week, according to Dr. Smith of the Food Services. Names of girls requesting the service are forwarded to Mrs. O'Regan immediately, who then advises each girl to visit the Medical Office within 24 hours. Mrs. O'Regan commented that "if the long run, the service should be helpful."

**IMPROVEMENTS REQUESTED**

Since 1952, Dr. Nelson's yearly request for an Assistant Doctor has been refused by the Administration. The reason given has been spatial and financial inadequacy.

At present, student fees do not cover one-half the cost of the Medical Office expenditures. Perhaps, after the completion of Barnard's Student Union, new offices may be located above the Annex.

"One in the Infirmary, you should be diagnosed by another doctor."

"... They intensify you when you go into the office. You have to prove to them that you are sick."

"... The Nurse told a friend to go see a psychiatrist. All she had was a protein deficiency."

"... It seems to me if you go into the medical office feeling really ill, they should examine you before prescribing something."

"... Going to the Medical Office made me sick. After (saw the Wizard of Oz) You hear Dr. Nelson's voice through the closed door through the nurse."

Vera Scala — Health Service Secretary.
Leila Anderson — Nurse. Servitee Tucker — Nurse.

Ms. Grothe holds a Ph.D. in Sociology from the University of Frankfurt, and an M.A. from Columbia's School of Psychiatry Social Work.

She is approved by the American Medical Association, The Westchester County Medical Association, and is a member of the Westchester County Board of Medicine.

Among Students graduating in 1966, 93 had received Senior Medical Degrees, and 70,840 visits were made to the Medical Office. Of these, 152 visits were made for medical examinations. The remainder, in order of frequency, were for respiratory infections, gastrointestinal upset, allergy treatment, referrals to consultants, ultrasound, treatment, amnesia, and advice.

**VISITS**

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**NUMBERS OF VISITS**

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**MEDICAL**

The purpose of the Student Health Services is to determine the effects of the first year of college on a girl's health habits. Complete Medicals are required before entering Barnard due to the lack of adequate facilities in the Medical Office, and because family physicians have greater knowledge of each girl's medical history.

**QUALIFICATIONS**

Dr. Nelson is a graduate of Barnard College, Cornell Medi- cal College, and has done graduate work in Health Education at Teachers College. She has been in General Practice, before assuming the Director- ship of the Mt. Vernon School Health Department (serving over eleven thousand students).

Later, she worked five years as the outpatient department of New York Hospital, and also at an Assistant attending at Mt. Vernon Hospital.

**ACQUISITION**

**ASSISTANTS**

Ms. Anderson and Mrs. Tucker, both registered Nurses, have been at Barnard for 15 and 7 years respectively. Mrs. Anderson served as a nurse during World War II. Mrs. Tucker was in charge of an obstetrics unit before coming to Barnard. Their interest in teenagers has been an asset in working with Barnard students.

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