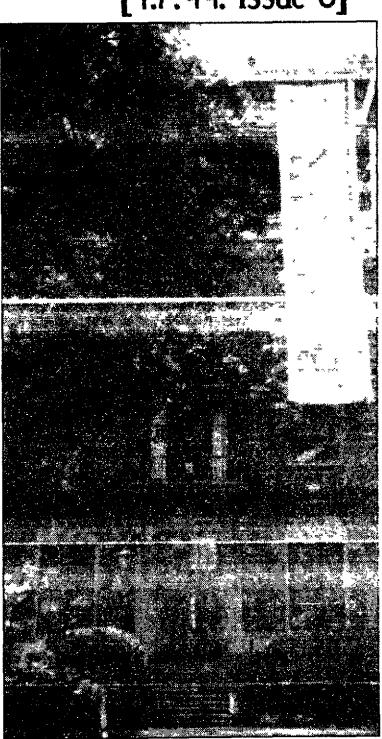
## Bulletin

[4.7.99: Issue 8]





Fashion Analysts Say:

#### Winter is Out, Spring is In!

**Dress Accordingly.** 

Smoke-Out clears the air, how secure is security? and some reasons to always keep your blinds pulled



Apathy, Boredom, Irritation, Lassitude. I could make this an upbeat letter, if I wanted to. But I'm not in the very best of moods right now, so I am going to let that influence what I write right now, what goes to press tomorrow, what you read in a few days. And perhaps, how I will be remembered forever. Why? Because I woke up on the wrong side of the bed this morning. I feel gypped because Daylight Savings took an hour away from my sleep. Really, I don't care if it's light out at 9pm or not. So I am going to let my whims govern the rest of my day, possibly my life as perceived by vou.

I shouldn't be ashamed. What is wrong with having emotions? They seem taboo for some reason. But everyone has them, so what's the big secret? Why keep them hidden? Why put on a happy face all the time for the world to see? What is the vulnerability in having a bad day? They're inevitable; everyone's grumpy some time or another. The logic of publicly denying something we all have in common is lost on me.

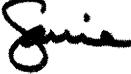
Another thing which I find totally absurd is the fact that we are so hush-hush about going potty. Now, that is something everyone does, several times a day. And yet,

nobody seems to talk about it in open forums, such as the Barnard Bulletin. Such a huge emphasis is put on eating; we have guidebooks, genres, entire stores filled with food, buildings specifically created for eating, professionals specially trained in the art of creating food... don't people realize that in order for us to be able to eat, we have to rid ourselves of the remnants of our last meals first? Nothing wrong with that.

I don't mean to offend. Perhaps I am, with all this scatological talk. But if you ask me, it's not fair to be offended by something everyone does three times a day. It is not fair to yourself, because you do it too, and it is not fair to me because I am just stating facts (don't kill the messenger!). Most of all, it is not fair to people like Thomas Crapper, who (however unintentionally) sacrificed his family name and damned generations of his descendants just so that you and I could have a flushable toilet. How unfair is that?

So, now that I'm done venting my rage, let me tell you, it feels great to have relieved myself. Go. ahead, you can do it too. We all do it sometimes.

Perhaps even more than you think.



#### CONTRI-

News writer Neela Rao, originally from Durham, North Carolina, is a junior majoring in English. In the future, Neela hopes become

"charismatic and witty" columnist for a literary magazine. She enjoys writing and is currently taking up running as a hobby. This week, Neela writes for the news section about the Columbia Smoke-Out.

Sandy Tang, a junior originally from the Chicago area, is a copy-editor for the Bulletin. A SANDY

Sociology major, she

plans to do non-profit work after she graduates; her other interests include eating and sleeping. For this issue, Sandy also wrote for the NYC Living section.

K8, a first-year from Durham, North Carolina, is the Bulletin's Art Director. When she grows she R

wants to be a TOR GOVN TOR screen-writer, and live in the mountains of Michigan, K8 has won several Scholastic Press Awards, including Third Place for Features and Columns, as well as an Honorable Mention for News.

#### Bulletii

editorial board editor-in-chief. . .jamie hardy art director. . .k8 torgovnick managing editor. . . kimberly yuen news editor. . . karen shourn arts editor. . .charli long music editor. . vanessa garcia music assistant. . .randall snare commentary editor...anna isaacson photography editor...jessica jaffe web

consultant. . .catherine wallach photographer lara crock copy staff sandy tang, daria masullo layout staff beth roddy, germaine halegoua columnists mita mallick management office manager...anna goldfarb business manager. . . solana nolfo advertising manager. . Jodi savage assistant. . . christy thornton adviser. . . in paik

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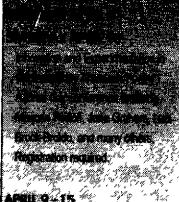
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cover photos by Jamie Hardy

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APPRIL 9 - 15 Room Selection, James Room

SATURDAY APRIL 10

Columbia Community Outreach
Register now to volunteer:

www.columbia.edu/cu/outreach

#### TUESDAY APRIL 13

Les Voleurs (Thieves)
Miller Theater, 6:30 and 8:30 pm
19 Conord Admission, SS Members

#### TUESDAY APRIL 13

Gender Matters in Science
Science Matters! Gender Matters!
Anne Fausto-Sterling, Professor of
Medical Science, Departments of
Molecular Biochemical and Cellular
Biology, and Women's Studies,
Brown University
Lower Level Molintosh, 5:30—7pm
Roception in Upper Level McIntosh
Immediately following the lecture

#### TUESDAY APRIL 13

HEOP Students of Cotor Luncheon Alsohul Atnum 12-2pm

Thursday April 15
Feminism After Foucault
Lois McNay, Official Fellow and
University Lecturer in Politics at
Somerville College, Oxford and Jana
Sawicki, Professor of Philosophy and
chair of Women's Studies at Williams
College.

Altschul Atnum, Altschul, 6:30-8pm

#### Abolition 2000 Rallies for Nuclear Disarmament

By Jen Ang

On Tuesday, March 30 in Hamilton Hall, Women in International Affairs sponsored a presentation called "Abolition 2000: It's Time to Ban the Bomb."

Alice Slater, founder of Abolition 2000 and president of Global Resource Action Center for the Environment, was invited to talk to students about Abolition 2000, a global network whose goal is the elimination of nuclear weapons. She delivered an impressive and eye-opening body of information concerning the issue of nuclear disarmament.

As was the case with many women in the 1950s, Alice Slater graduated from college to become a teacher After she married and spent some time focused primarily on her family, she decided to return to school to study law

It was during this time that she first became involved with the Lawyers Alliance for Nuclear Arms Control in 1995, she headed the many activists gathered from around the world at the Non-Proliferation Treat Review and Extension Conference that joined together to create the Abolition 2000 Network At the time, it was composed of about 300 organizations. Today it has over 1,300 different groups working together to fight for global nuclear disarmament

Abolition 2000 urges people to get more politically involved in the issue of nuclear disarmament. And, according to the organization, there are plenty of reasons why we should.

Every time the United States comes out with a new nuclear weapon, other countries are forced to compete with us to produce an

equal if not more destructive or technologically-advanced weapon. Slater spoke about how it is our own government that is putting up the most resistance to nuclear disarmament, which is ironic since most Americans are in favor of it.

She related how other countries are more than ready to commit to the elimination of nuclear weaponry, but the US often blocks them and pressures them against meeting even just to discuss disarmament She reluctantly admitted, "we're the bad guys," in this area.

Slater said, "All you need is commitment. After commitment, it's easy," a real "no brainer" But obviously the US government doesn't seem as committed to ridding the world of nuclear threat as most Americans would like it to be. Abolition 2000 is working to change things from the bottom up, taking the grassroots approach and speaking directly to the people to appeal to their government for change.

On April 23, at the Mall in Washington DC, they will to hold a rally urging NATO leaders to completely disarm their nuclear weapons to prevent any chance of nuclear disaster when the year 2000 comes and the Y2K problem kicks in.

The Abolition 2000 Statement is basically a call to stop making any more new nuclear weapons, stop developing nuclear weapons technology, provide for the development of alternative energy sources besides nuclear power, and get rid of the old weapons. Slater makes it clear. Her attitude? "Put away your toys, boys, and clean up the mess."

Jen Ang is a Barnard first-year.

FOR STUDENTS INTERESTED IN THE HEALTH PROFESSIONS: Rodika Zaika, an admissions officer from the New York College of Osteopathic Medicine, will speak about osteopathic medicine in general and NYCOM in particular on Friday, April 9, from noon to 1:30pm in 108 Milbank.

1999-2000 FINANCIAL AID APPLICATIONS are available in the Office of Financial Aid and are due Monday, April 19!! Whether or not you've ever applied before, if you feel your family needs assistance paying for college, please pick up an application immediately in 14 Milbank.

ALL STUDENTS GOING ON STUDY LEAVE: Please fill out the study leave form, available at the Dean of Studies Office by Thursday, April 15. If you haven't heard from your program yet, you may turn in the form later, but do so as soon as possible.

TRAVELING ABROAD THIS SUMMER OR FALL? (not Western Europe) If you'll need immunization shots, go to Health Services now as the vaccination process takes several weeks.

ALL STUDENTS ENROLLING IN Fall '99: Please be sure to check the Registrar's bulletin board and the Barnard Registrar's web page for the latest information on fall classes including corrections and additions to the Early Directory of Classes.

CORRECTIONS TO THE LIMITED ENROLLMENT

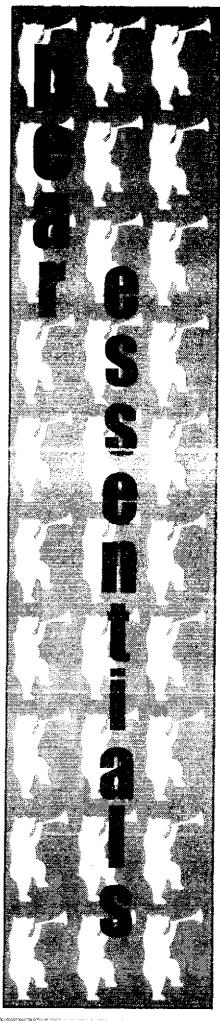
LIST: BIOLOGICAL SCIENCES: Only sign-ups for BC1001, 2002, and 2003 will be posted on the bulletin board of the ninth floor; for all other Barnard Biology courses tisted in the Limited Enrollment List, sign up in 1203 Altschul. COMPARATIVE LITERATURE: CPL V3950, Junior Colloquium in Literary Theory, will be offered next spring; sign up will take place during the fall Limited Enrollment period.

SIGN-UP FOR FALL 1999 COLUMBIA VISUAL ARTS COURSES: Students wishing to enroll in Columbia Visual Arts classes must sign up in the Columbia Visual Arts Office, 310 Dodge, on Monday, April 12, between

10am and 4pm. Keep in mind prerequisites, as listed in the Catalogue. Students seeking advance placement into a course without taking the prerequisite must submit a portfolio and/or slides of work to the Division on this day only. Once admitted into a class, students should follow procedures indicated in the Early Directory of Classes. (Wait-listed students must wait until the first day of class.)

**REMAINING PROGRAM PLANNING MEETINGS FOR MAJORS AND PROSPECTIVE MAJORS:** Please note changes in the meeting times for Chemistry, Economics. and Pan African Studies. ANTHROPOLOGY: Monday. April 19, 4pm, 227 Milbank ART HISTORY: Monday. April 12, 11am, Sulzberger Parlour BIOLOGY: Monday. April 12, 12pm, 903 Alfschul CHEMISTRY: Friday, April 9, 12pm, Altschul Atrium, Altschul Hail COMPUTER SCIENCE: Monday, April 19, 5pm, 237 Milbank ECO-NOMICS: Thursday, April 15, 12-1pm, 202 Altschul EDUCATION: Wednesday, April 14, 12-1pm, 328 Milbank ENVIRONMENTAL SCIENCE: Thursday, April 8, 5pm, 530 Altschul FRENCH: Wednesday, April 7, 4:10pm, 306 Milbank HISTORY: Thursday, April 8, 4pm, The Deanery, Hewitt MUSIC: Thursday, April 15, 11am, 319 Milbank (Music Office) PAN AFRICAN STUDIES: Tuesday, April 13, 3pm, 329 Milbank PSYCHOLOGY: Monday, April 12, 12:15pm, 405 Milbank SLAVIC: Wednesday, April 7, 4pm, 226 Milbank STATISTICS: Wednesday, April 7, 10:30am, 601 Mathematics URBAN STUDIES: Monday, April 12, 4pm, Sulzberger North Tower WOMEN'S STUDIES: Wednesday, April 14, 6-7pm, Center for Research on Women, 101 Barnard. Be sure to check for updated fistings outside Dean of Studies Office and on the bulletin board of the Registrar's Office. Contact departments not listed here in order to make appointments.

SENIORS: Please be sure to check the Commencement list that has been posted outside the College Activities Office to make sure that your name and major are listed correctly. If you notice a problem or if your name doesn't appear and you believe that it should, please see Ms. Appel in the Dean of Studies Office



#### Columbia Smoke-Out Clears The Air

By Neela Rao

March 25 marked the end of a week-long series of events focusing on the risks associated with smoking. Columbia's Student Health Advisory Committee (SHAC) organized a group of lectures and activities aimed at encouraging Columbia University students to guit smoking. Though the event was intended for the entire Columbia community, many of the events had a definite focus on women's health.

The Columbia Smoke-Out kicked-off on Monday, March 22 with a lecture by Lorna Roles entitled, "The Good, the Bad, and the Ugly: How Nicotine Works in You." Roles lead a session exploring the impact of nicotine on emotional and physical health.

Following that event, on March 23, "Love Your Body, Love Your Baby," was led by Columbia's resident nutritionist, Andrea Chernus, who explored the effects of smoking on college-aged women.

"The Pathology of Cancer—Open Up and Say Ugh!" occurred on March 25. Oral Pathologist Paul Freedman investigated the epidemic's association with cigarette smoke.

On March 25, psychotherapist Jesse Tepper, psychiatrist Alan Medina, and Columbia's Smoking Cessation Program Coordinator and



registered nurse Cecilia Penkala spoke on psychological addiction formation in the "Psychology of Addiction."

Later that day, "Quitting: Hot Alternatives to Cold Turkey" was led by Alice!'s Jordan Friedman, David Lew, and Wall St. Hypnosis Centers' Ruth Roosevelt. Friedman led a yoga and meditation session followed by a discussion on dealing with stress; Lew gave an acupuncture demonstration and explored how acupuncture can fight nicotine dependence; and Roosevelt demonstrated hypnosis as a means to quit smoking.

Perhaps the most popular event in the series occurred on March 24 in Altschul Auditorium, SIPA when Grace Mirabella, Dr. Florence Comite, and Christy Turlington led, "Smoke Free in the Twenty-First Contury." The discussion centered on the prevalent facts important to smokers today.

Mirabella, editor-in-chief of Vogue and founder of Mirabella, spoke first on the role of the printed media in glamorizing smoking to young women. She interspersed personal anecdoles with a slide show of women-oriented cigarette ads, exploring how brands like Misty, Chesterfields, and Virginia Slims attract women consumers by projecting images of smokers as independent, attractive women.

Minabella pointed out how these cigarette advertisements play upon the insecurities of women, most obviously promising weight loss if their product is used. "Misty 120s ads stands for 120 pounds, the ideal weight," she commented

"As [the editor] of a magazine with a [female] constituency, I felt responsible." Mirabella said, reflecting on her interest in the manipulation of women by cigarette advertisements.

Dr. Comite, director of Women First Health-Care, spoke next. Using slides to focus on the adverse effects of smoking to women's health.

she emphasized the importance in aducating women to the danger of smoking saying, "Lung cancer is the leading cause of death in women." Women who smoke, Dr. Cornite noted, experience premature menopause and incorrect equ release. Women who smoke and use birth control also risk reducing the effectiveness of their contraceptive. She went on to say that smoking also increases the chance of unintentional abortions, low birth weight and Sudden Infant Death Syndrome.

Turlington, professional model and spokeswoman for the American Cancer Society, spoke last. She relayed her history and battle with nicotine and the effects cigarettes had on her own family.

Turlington said she began casually smoking around twelve years of age, picking up the habit from her father. At age fourteen, she began modeling and spent much of her time unsupervised, causing her habit to grow. At sixteen years of age she was smoking a pack of cigarettes a day, and began to consider quitting.

When Turlington was nineteen, she made her first attempt to guit smoking. After undergoing hypnosis she did not smoke for two years, but then restarted. Then she unsuccessfully tried the Patch. "After the first try, quitting got harder," She said.

At twenty-six years old, Turlington finally quit her habit and tried to persuade her father to do the same. Three years later, he was diagnosed with lung cancer, and died within six months

"When my father died, I thought I had to do something. I contacted the Center for Disease Control and got my agent to ask if there was anything I could do," Turlington said.

Now she hopes her activism will spark interest on other young women around the country.

Neela Rao is a Barnard junior and Bulletin staff writer.

#### SECURITY APPREHENDS ALLEGED THIEVES

This Saturday, March 27, at about 9:25 P.M., the security officers of this department, led by Peter Caddle, Orton Reynolds, Hugh McDonald and Michael Rios, while under the supervision of Brendan Delaney, apprehended two individuals (Washington Santana M/H/16 and Jose Rosa M/H/17) who were both subsequently charged with second-degree robbery. The perpetrators had, minutes earlier, accosted and beat a worker from the University Food Market (UFM), who was on his way home after receiving his weekly pay, in the subway station at 116th Street and Broadway.

The dazed and disoriented victim found Security Officer Caddle stationed at the main gate and reported the crime. Officer Caddle spotted the perpetrators heading North on Broadway and together with the victim gave chase, joined immediately by Security Officer Michael Rios.

While so doing he also broadcasted an alarm over his radio alerting the entire security staff, describing the suspects and giving their direction of flight. As the suspects neared 122nd Street and Riverside Drive they split up, with Caddle chasing one and Rios the other. Meanwhile, Reynolds and McDonald had jumped into McDonald's car and joined the pursuit. With the car they were able to anticipate where the suspect being chased by Rios was heading and caught him as he entered the park; while the other was caught between 124th and 125th Streets by Security Officer Caddle. The arrival of additional security officers helped to overcome the struggles of both men, so that there were no injuries and only a minimum amount of force was necessary.

Within moments, uniformed members of the 26th Precinct were on the scene and they conducted a show-up during which the victim identified his assailants and they were removed to the station house. The victim also reported that had it not been for the arrival of a train one of the suspects, who had taken a small pocket knife from him, told the victim that he was going to "slit your throat" as he opened the knife. If it had not been for the disembarking passengers the victim believes they were about to kill him. Lt. Greg Antonsen, commander of the 26th Detective Squad, was highly complimentary of Barnard's security staff and their actions.

Courtesy of Barnard Office of Public Affairs.

#### Well Woman: Ohl Is For Orgasm

My boyfriend and I have been having sex for over a year and I still haven't had an orgasm. He just can't give it to me and I don't know why. I am completely comfortable with him and we have talked about it and tned so many different things. I feel his ego has been destroyed, especially since he knows I've had orgasms without him. I don't know what else to do.

A The problem you describe can be a frustrating and trying one for both you and your partner but from your question it seems that you are communicating clearly and honestly with one another and this is ultimately the key to a satisfying sex life. You say you have tried many different things, but since I'm not sure what you mean I'm just going to go over the basics and hopefully you'll find them helpful. Most

women require much foreplay and stimulation before they can reach orgasm with their
partner than they do when they masturbate.
Between 30-40% of women require direct
clitoral stimulation and are unable to
achieve orgasm through intercourse alone.
Between 5-8% of women are unable to
achieve orgasm during intercourse, even
with direct clitoral stimulation. That said,
there are a variety of techniques which sex
therapists recommend in helping to deal
with your situation. It is important to remember that you will probably have an easier
time achieving orgasm without intercourse
(at least in the beginning).

You may want to begin with non-genital stimulation to increase your level of arousal and take away the performance pressure you undoubtedly feel. Once you feel sufficiently turned on, you may want to try hav-

ing your partner use a vibrator or masturbating while he watches your technique. Oral sex can also be the most direct route to orgasm. If this works, move on to intercourse but continue clitoral stimulation, either with a vibrator, his hands or yours. If these things don't work, don't sweat it. For many women, having an orgasm with a partner is a learned behavior that becomes easier with age and experience. For now, you need to take the pressure off both of you. Explain to your partner that your sexual and emotional fulfillment is not based solely on your ability to come. You can continue to enjoy your sex life even without orgasm, so get naked, use protection and HAVE FUN!!!

\* The Harvard Crimson Guide to Women's Health, 1996.

"Well-Woman" is a weekly feature in the Bulletin. The responses, written by the Well-Women Peer Educators, answer questions from members of the Barnard community. Questions may be submitted to the Well-Woman Office, 135 Hewitt.

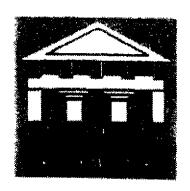


### gender matters in science ANNE FAUSTO-STERLING

Professor of Medical Sceince, Departments of Molecular, Biochemical, & Cellular Biology, and Women Studies, Brown University

## SCIENCE MATTERS! CENDER MATTERS!

tuesday, 13 april
5:30 - 7:00 pm
lower level mcintosh



the rennert women in judaism forum

# TEACHING MY DAUGHTER THE TAEMUED:

a discussion with

#### MIRIAM PESKOWITZ

Associate Professor of Religion. University of Florala

Monday, 8 April

5:30 - 7:00 PM

Sulzberger Parlor,



Sponsored by the Barnard Center for Research on Women



Cruel intertions Bully the Vampire Stayer takes on a high action version of Dangerous Liesons

Also starring Ryan Phillipe Chelsea, Criterion, Lincoln Square

A Walk On the Moon A Catskills vacationer (Diane Lane) is torn between two men and two worlds which collide at 1969's Woodstock festival.

Linnala Causeo Tinian Causeo 11

#### Revenous

Drawing from the real life Donner party."
tragedy, this campy film is a cross
between a western and the Texas
Chainsaw Massacre.
Union Square 14

#### ART

Clay Ketter

American born artist who lives in Sweden displays his nonfunctional kitchen units and abstract shelves Sonnabend, 420 W. Broadway, 966-6160

Steve Keister Artist who uses styrofoam packaging materials as models for sculptures. Bill Mynes, 535 W. 20th, 741-3318

#### Ferris Bueller Onstage:

by Charli Long

With a loud clap of thunder, the curtain goes up. Lightning illuminates the stage, set in the inside of an English country house. Inside, a young woman is frightened, awakened by the storm. Outside the window, a man, his face unclear, stands nude in the light

of the flashes, washing himself in the rain. And the curtain falls. With this intriguing setup, the National Actors Tneatre production of Emlyn Williams' Night Must Fall opens.



Apparently a woman from town has disappeared. She was last seen walking off with a young man, who was singing, in the direction of the woods the night before. Although no one saw anything, the entire household becomes fixated on the disappearance, especially Olivia. Up until now, the highlight of her

day was reading to her aunt. Along with the visit from Belzie, it is soon discovered that Dora, the simpleton maid, is pregnant out of wedlock. Mrs. Bramson demands to know the man's name and to meet him (she plans to force him to marry Dora). Dora's lover is Danny (Matthew Broderick), a charming Irish courier.

Photo courtesy of Springer/Chicline

Parfitt, Broderick, and Smith-Cameron

Within minutes. Danny manages to do the impossiblehe wins over Bramson Mrs. and piques Olivia's interest as well. Within days, Danny is a permanent fixture

household, reading to Mrs. Bramson, fixing her tea, taking her for walks and singing with her. As much as she is warming up to Danny, Mrs. Bramson becomes increasingly crotchety towards her maids and niece. Ofivia becomes obsessed with Danny. Is he telling the whole truth about his past? What are his real intentions towards her aunt? After the woman's murdered body (sans head) is discovered in the compost heap, and she overhears him singing the same song that the killer was, Olivia is convinced that Danny is indeed the murderer. Of course, no one believes her. Danny is too nice, too charming and childlike.

This is the point where things start to go wrong with the show. It is obvious from their first meeting that Olivia is attracted to Danny. He is everything that she is not, exactly the wrong kind of man for a person of her educa-

#### Night Must Fall Thrills

tion and class. So of course she wants him, it is not too long after Danny arrives that Olivia sends Hubert packing, rejecting his marriage proposal which would enable her to leave her aunt's controlling presence. However, the more certain she is that he is a murderer, the more in love with him Olivia falls. I will leave the true identity of the murderer a mystery here. But there is never a question as to Danny's integrity. He is most definitely a thief and con artist, who sleeps with visions of Mrs. Bramson's safety box floating in his head. And the longer he spends in the house, so close to so much wealth, his charming façade begins to crack.

As Danny, Broderick is quite impressive,

although his Irish accent borders on hokey at certain moments (but hey, he tries). His best scenes are in the second act when he gets to let the real Danny bust out. Before Night Must Fall, Broderick won a Tony award for How To Succeed In Business ...Without Really Trying. It is really a shame that such a talented actor on the stage has lately only managed to land parts in films such as Godzilla and Inspector Gadget. Parfitt Beware of Broderick

is terrific as the whiney Mrs. Bramson. She is

Ever After and Dolores Claiborne. The most complex character is Olivia, played by Smith-Cameron, best known as the vicious Alexa Vere de Vere in As Bees in Honey Drown. Her Olivia is the epitome of the repressed British woman. One really has to see the play to appreciate how she pulls off the transformation of Olivia's feelings for Danny from loathing, to curiosity, to full-blown obsession.

Complementing the talented cast is the set designed by James Noone. The stage of the Lyceum Theatre looks and feels like an English manor. By keeping the action set in this one room, the audience feels the mounting tension between the characters.

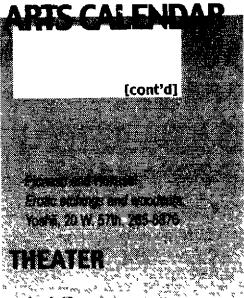
While there are many moments of sus-

Photo couries of Clingot/Chicomo pense, and a good basic plot, at several points the show falls flat. A woman alone, crying out into the darkness is creepy the first few times, but after what felt like ten minutes. it is laughable. Would someone as paranoid (and wealthy) as Mrs. Bramson really invite a total stranger into her home? If you are convinced that a certain suitcase contains a decapitated head, would you tell

the police it is yours? Despite these shortcomings, Night Must Fall

does deliver solid performances and a few good thrills, well worth the price of a student ticket (\$10), if only to see Ferris all grown up.

Charli Long is a Barnard junior and Bulletin arts editor.



Amy's View

Oscar winner Judi Dench in the story of a 16 year struggie between mother and daughter.

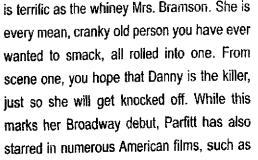
Ethel Barrymore Theater, 243 W. 47th. 239-6200

Mariene

New musical celebrating the life of actress Martene Dietrich Cort Theatre 138 W 48th, 239-6200

A Touch of Poe One man show about Poe's life and St. Marks Studio Theatre, 94 St. Marks Place, 591-2107

This is Our Youth The story of three Gen X-ers on a roll—of bills stolen from their parents: Douglas Fairbanks Theatre, 432 W. 42nd . 239-6200





#### MUSIC CALENDAR

for the week of April /



Wednesday 4/7 The Residents @ Irving Plaza Marilyn Manson @ Nassau Coliseum

Thursday 4/8 2 Skinnee J's @ Irving Plaza Vanilla Ice @ Tramps

Friday 4/9 Ben Lee @ Bowery Ballroom Static X @ Coney Island High

Saturday 4/10 moe @ Hammerstein Ballroom

Monday 111 Elliott Sharp's Orchestra Carbon @ Knitting Factory

Wednesday 4/14 Kula Shaker @ Bowery Ballroom Smashing Pumpkins @ Tramps

#### COMING UP...

4/16-17

Tur Kadiatous (a) tiving Plaza

Milo Z @ The Elbow Room

4/27 Kent @ Bowery Ballroom

5/1 Owsley @ Irving Plaza

#### PEAKIN' AT THE BEACON

by Daria Masullo

For Allman Brothers Band fans around New York City, the first sign of Spring is the beginning of the legendary Allman Brothers Band Peakin' at the Beacon concert series, which ran earlier this year from March 3 to March 27, with the Allmans playing a whopping 18 shows. This year marks the band's Thirtieth Anniversary, making the event even more special.

Even though the band has gone through many transformations through the years, with four out of the current lineup of seven as founding members (Gregg Allman, vocals and keyboards, Dickey Betts, vocals and lead guitar, and Jaimoe and Butch Trucks, both percussionists), the band still keeps up its original sound of rock and roll mixed in with classic southern rock

I had the immense pleasure of seeing

them play twice during the Peakin' at the Beacon senes. once at the beginning (March 6) and once towards the end (March Both 23) shows were incredibly fun.

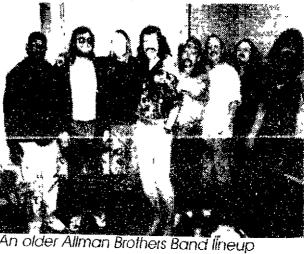
but it was the second show that was definitely legendary.

On March 6, five of my friends and I took our place in the Beacon's lower balcony, the nicest seats we could get for \$35 (the rest were \$50), and got ready to jam. The show was great-don't get me wrong-but it seemed somewhat packaged. The Brothers

played mostly songs from their Greatest Hits Album, and didn't really let loose; that is, until their trademark percussion solo, followed by Oteil Burbridge's bass solo. It was a good show, but, to tell the truth, I was a little disappointed. The crowd seemed mostly suburban, with a large group of older fans that sat paralyzed in their seats smoking joint after joint.

Ot was at the second show that I saw the amazing talent the Allmans possess. Having cancelled the show the previous night due to the flu, my friend and I were expecting a weak effort, and a probable disappointment Instead we got an intense two hours of music: an acoustic set packed with older songs as well as new ones. The band really got into this show, breaking into solos and improvisations, stretching the songs to ten minutes or so. The entire crowd was into it, being made up of mostly true fans who have

Photo couriesy of www.allmanbrothusband.com\_followed the band around and are familiar with their music (an advantage of going on a night week instead of a Saturday). Everyone seemed to having be good time, and



an excellent vibe was going around: people talking to their neighbors, inciting others to dance, sharing their pot, and pretty much wearing a perma-smile for the entire show. It also helped that the Allmans invited two guests to play with them, including a trombone player that added an entirely new page 22 dimension to the band.

#### Agents of Good Roots: Not a Cookie Cutter Band

by Jessica Marcy

Arriving almost forty minutes late, I was afraid that the show would have already start-

ed, that the band would be almost over, and that this review would never be written. Entering the Wetlands, I asked a collegiate looking boy next to me whether some band by the name of something or other roots had started playing. Clarifying the name, Agents of Good Roots, the boy told me that they were just about to set up, and then with a surprised glance asked if I had never heard them before. I told him that I had never heard them

Accents of Coord Roots

Agents of Good Roots

play, that I hadn't even heard of the band until I was asked to write this assignment, and then he informed me about the band's greatness, telling me that I was in store for a great show.

He was right. Haling from Richmond, Virginia, Agents of Good Roots is a fabulous band that has released three CDs, including Where'd You Get That Vibe? and Straightaround, a five CD that captures their great skill of playing to an audience. I have to agree with the description of the band by their co-manager, Chris Tetzeli, that, "In concert the band plays an un-tempo, get-out-of-your-chair-and-dance kind of music, a blend of jazz, funk and rock." Though they are often likened to the Dave Matthews band, mainly because they are both two musical success stories from Virginia and because they have both occupied the Tuesday night slot at a club

called Trax in Charlottesville, VA, Agents of
Good Roots has a unique sound that refuses
utes late, I was to be placed in a nice, cardboard box desigve already start
Photo courtesy of www.picn9music.com sound is jazzier and mel-

sound is jazzier and mellower than that of The Dave Matthews Band.

All four of the twentythree-year-old band members-Andrew Winn, Stewart Myers, JC Kuhl and Brian Jones can really play. Andrew Winn has even received a master's degree in classical guitar, What struck me must, though, was the saxophonist whose contribution added a seductive finge to the music as the band played it's first couple of

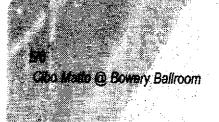
songs and proved to me that they were not a cookie-cutter rock and roll band. As the band played on and the initial impression wore off, the mood lulled a little with the music's mellow sound; but as they finished, they definitely increased the energy and ended with a positive bang. Responding to the crowd, the band played an upbeat song by Simon and Garfunkel that got the crowd dancing and left the audience smiling.

As the band walked off the stage, I felt glad to learn about this little musical treasure. They are a band that lacks pretension and simply creates good music. The crowd that night was a friendly, college-aged bunch that seemed filled with a sense of happiness, a clear result of this little band's big power.

Jessica Marcy is a Barnard sophomore.

#### **MUSIC CALENDAR**

icont'di



**5/19 Built to Spill** @ Mexwell's

#### JAZZ/SWING/BLUES

Wednesday 4/7
Emie Williams @ Chicago Blues

Thursday 4/8-10 Roy Haynes @ Birdland

Thursday 4/8
Black Eyed Peas @ SOB's

Tuesday 4/13 Arturo Sandoval @ Blue Note

#### COMING UP...

4/14 Funk Filharmonik @ Le Bar Bat 4/15 Cookie McGee @ Terra Blues

Also Little Buster @ Tena Blues

4/30

"The Beat Goes On" – an american response to the British Invasion @ The Bottom Line

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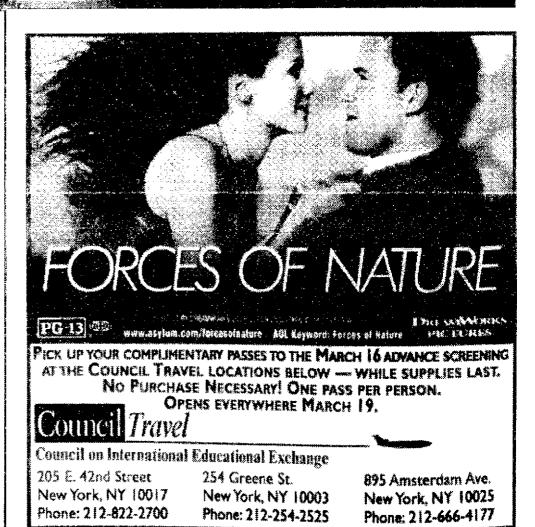
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# We're Looking for a Few Good Women.

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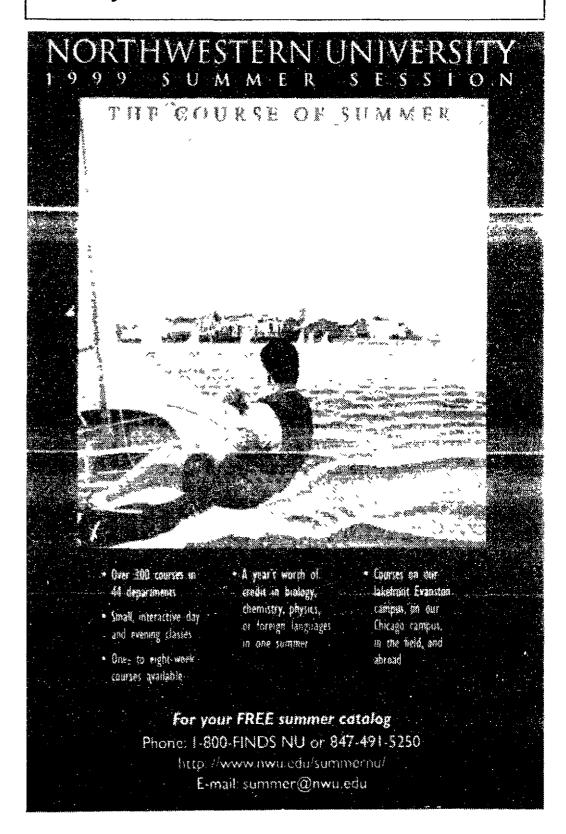
Call x42119 or come by our office 128 LL McIntosh. Meetings Tuesday nights. Free food at 7pm. Discussion at 7:30.

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Ads must be submitted one week before the distribution (every Wednsday). Call x42119 or come by the office for rate information.



#### Through the Looking Glass:

by Trudy Chan with Lina Goldman and Sandy Tang

Boy 1: "Well, you know, I've done that whole Hamptons thing—met all the people I've needed to meet, been the token cute boy at all those parties—and I realize that all I really need are a few great friends who really appreciate me"

Boy 2 "Oh, I know what you mean Roxy can be such a stifling scene week after week And

other windows are mere feet away Most of the time, things are pretty dull and inactive. This past summer, though, we caught a woman lying in her bed reading a book—sans undergarments. She was chilling there for such a long time that we actually managed to get her on film. People have objected to this—that we somehow violated her privacy. But hey, if you know your habits might be incriminating, it is your job to purchase some method of obscuration. Otherwise, any and all scenes that fall into my field of

view are consid-Twilo has been so dead before 4 ered public domain anyways Graphic by Came Hawks The that ľd rather Barnard Quadranlust have gle is an a few excellent dunks arena for at Twirl fulfilling and call it a voyeuristic night. What are cravings Eight these pants?' floors, three viewable

Boy 1 "Lang Helmut Lang"

I had to stifle giggles listening to these two distirically flaming guys next to me try to over-gay each other on the subway. In restaurants also, it's difficult not to overhear others' conversations.

With one yank of the window shade, entire worlds and lives open up. Across the street, a radiant television screen flickers plays from a soccer game. In the late afternoon, a little girl one floor down plays/fights/gets harassed by her older brother. And those two guys who always seem to be waiting for a call on the pay phone on the corner aren't there right now. Perhaps they are further down on Amster-

ner aren't there right now Pernaps they are further down on Amsterdam with a new "friend" Then again, what construction of my life have the neighbors across the way made on the basis of seeing me through my window? When I ride the elevator with someone in the building I always wonder if they have ever seen me in other situations. Is the bathroom window frosted enough? Shudder to think

In my apartment, some of the windows face into an air shaft where

screens, scores of brightly lit windows—each like a miniature television set. Living in Brooks allows a direct line to the entire column of lounges where diehard Ally McBeal viewers gather together and squeal. Watching people watch television might indicate a somewhat pathetic existence and/or that one has reached the very bottom or ner procrastination list. However, looking in late at night might reveal some "loungers' who either find it too expensive to pop 10 bearis on a guest room or enjoy the thrill of nookie in semi-public places. In search of more episodes of supreme

anthropological import, I dispatched two upstanding young

#### Lina reports:

Barnard women to be my accomplices

It is now 11 30pm on a Wednesday night. Those Barnard women are working hard—or are they? Most of the shades in Hewitt are down. What's going on in there? This is when we stop being polite and start getting real dorm life.

#### Window Voyeurism in NYC

- -Someone's on the phone. Is that guy wearing any pants?
- -I'm getting sleepy, will anything juicy happen?
- -Boy takes his shoes off and gets out of bed to pick a huge wedgieit's one of the "Barnard men", I believe. Up close and personal here...

-Oops! A girl just saw me and pulled down her shade. I'm in the dark with a flashlight to take notes with, but I didn't think anyone could see me. Another one sees me and pulls the shade down!

-In the room below a girl sticks her leg in the air and stretches it. She and her friends start doing strange stretching exercises. Yoga? Twenty minutes later, and they're still stretching. One girl is packing a suitcase and the other girls yell down to someone outside in the Quad. I feel I'd like to get to know these people's humdrum lives better.

-One time I saw some people getting it oo-on but not today. How sad! I guess to be a real voyeur it would help to have no life to get to know the daily routines of these people—and a pair of binoculars for those really up close and personal details.

Sandy reports:

I rub the face of my watch: it's time again. I run to the kitchen and quickly make myself a steaming styrofoam cupful of chicken-flavored

Oodles of Noodles. When I return to my room, I lock the door behind me and shut off the lights. I sit at the inside ledge of my bedroom window, eating and anticipating.

One floor above the apartment directly across from me, there's two

women sitting at a table. The one with short black hair is opening and closing her mouth, slowly tilting her head. She reminds me of a goldfish I once had, always staring back at me, speaking silent bubbles. She's talking to the woman across the table, whose long hair falls across her face; her gaze fixate on the book in front of her. Once in a while, maybe every few paragraphs, she glances up. Smiles

The short-haired woman continues talking, slowly enunciating her day's story, perhaps. Looking closer, I see the small hands (even smaller from my room's vantage point) of the woman who is reading I can make out her fingertips tracing the inside of her friend's wrist. The short-haired girl stops talking, smirks. She slaps her friend's hand, then holds it. They share a laugh; the long-haired one throws her head back, unable to contain herself. Her face squeezes until her teeth glim-

mer. Their laughter slows into a sigh, and I let go of my breath. I finish my last noodle She closes her book and

starts to say something, pulling her hair back. She runs her fourpronged hand through it, and says something funny. They slap their knees.

Suddenly the lights turn on. "What're you doing in the dark?" asks my roommate. "Nothing," I reply, "just waiting for Dawson's Creek to come on."



nyc living [17]

Bowl-o-Rama at the Barnard Bowling Alley

Inursday April 8, 8pm to midnight.

Midnight.

Midnight.

Midnight.



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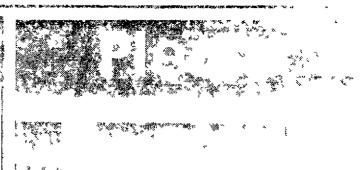
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#### Mita's Musings Mita's Musings

#### Choosing Your Words Carofully

by Mita Mallick

"It's like when with re like um trying to like wike a companson between und like ... well like ya know what I mean!" You might

expect these words to come from the mouth of a young freshman girl in high school, who hasn't yet been cultivated into a young lady. A girl who is perhaps a bit naive and unknowing about the unwritten rules of oral presentation. Ironically, if we stop and listen outside the doors of a seminar in Milbank, or eavesdrop during a professor's office hours in Altschul, we would be surprised at what we find. A bright Barnard woman who is poised well dressed, and with an air of self-confidence about her. And possessing a vocabulary plagued with infamous words such as 'like, um ya, gonna, coulda cool, gotcha, and wanna, and then some

We are intelligent, out-going, driven, ambitious, responsible, dedicated, amazing—we are Barnard women. There probably isn't a single thing that we as a collective have not pursued. Most of us are strong writers and excel in the academic arena. Yet surprisingly enough, there are not many of us who can orally express ourselves. Sure most of us have (or think we have) intelligent and profound things to say. But how many of us can verbally express ourselves with confidence in which the same manner we write?

There is a distinction I must make at this point in time. The art of articulation is different from the syndrome to which I refer as verbal diarrhea. Victims of verbal diarrhea, who are not just confined to the university setting, fall into two categories. They obviously talk excessively, but they like to um babble and um like to just like to use um the word like. Or they articulate themselves in such a grandlose manner using SAT words incorrectly and speak with such confidence that even if one is unsure of what they are saying, it is arrange accepted occurse it appears to be of the utmost important.

In either case, their worbal laxuitive is the observator of hearing the sound of their own voices.

A Columbia male student is my strongest piece of endence for this argument. I have not met many Columbia men who are not articulate in an academic setting; yet in contrast, I have found that there are a disproportionate amount of female students who are not well versed in the

have observed the err of self-confidence which they too possess. But it differs from Barbard women. They know what they have to say is important. There is no second-guessing. Their egos tell them that their insights are profound and unparalleled.

The other day I was at the monthly University Senate meeting representing Barnard as a senator, it is an intimidating place to be, with President Rupp and his colleagues leading the meetings consisting of one hundred or more senators, comprised of administration, faculty, and students, a majority of whom are white men. During the meeting, a male student senator spoke and I listened carefully to his words. He spoke with amazing confidence each word carrying so much weight, speaking with a sense of urgency, and forcing the audience to accept his thoughts as being important. His voice did not guaver, he looked his fellow senatara strumit in the eyes, he commanded out attention and tespect. A female of the sale sunator spoke following him. She paused, using "um" and stopping every so often. By her mannerisms and expressions she was carefully thinking of each word and using more contractions such as "I can't" Instead of "I cannot." The male student spoke freely and easfly, the words rolling off his tongue. Her voice guavered and she was clearly nervous. In the end I think the female student's point was much stronger, but her presentation was flawed. The male senator was complemented for his comments which, when stripped of its aurally pleasing words, boiled down to "Dude I think your idea is cool."

This example is not an isolated incident. While the University offers public speaking classes, one can overcome the fear of public speaking and still not have the proper form of oral presentation. I know that being a strong writer is an invaluable asset. But as my senior year approaches, I realize that proper oral skills are essential to my success. We should all choose our words more carefully, perhaps even be encouraged and conditioned in an academic setting to use language which will assist us once we leave Barnard.

whether you win the game but how you play. So maybe it is not always about what you say but rather how you say it. Like ya know what I um mean?

Mită Mallick is a Barnard junior and Bulletin columnist. Graphic by Corinne Marshall.

[20] commentary

#### ALL THE MUSIC YOU DREAM OF -- FOR CHEAP

By Stacy Cowley

The Net is great for generating media buzzwords, and right now, it is in the process of spawning a new one: MP3. For once, the technology may be as dramatic as the hype.

MP3, short for Mpeg 1 Audio Layer 3, is a compressed-file format for storing music digitally. The definition is boring, but the results are amazing. For years, high quality digital audio files have been monstrously huge: a typical four-minute CD track takes about 40MB of space—the equivalent of 28 floppy disks. MP3 files are less then one-tenth as large.

Even better, MP3 files can be made directly from CDs. Since the conversion is entirely digital, the result is a near-perfect copy. Before MP3, the only available formats for such high-quality results involved bit-for-bit copying. Formats that can shrink music files down to more manageable sizes, like Real Audio, invariably wreak havoc on their quality.

OK, so why does file size matter so much? Because people on the Net love to trade files. Before MP3, if you wanted to email your friend a copy of your favorite song by modem (the way most people not blessed with our lightning-fast ethernet network connect to the Net), you had better plan on clearing your phone line for quite a while. On a typical 28.8k modem, a four-minute song would take over three-and-a-half hours to transfer. An MP3 file of that same song takes about 15 minutes.

This scares the hell out of the music industry. Anyone with a CD-ROM-equipped computer and a modem can download a program to code MP3s (they're called CD-Rippers, and there are over a dozen freely available online)

and start sending their CD collection out to anyone they want—and even those who don't want to make their own MP3s can download an MP3 player (also in plentiful supply) and turn their computer into a stereo.

Piracy is running rampant, of course. The music industry—as represented by the lawsuit-happy Recording Industry Association of America (RIAA) certainly annoyed by the piracy. But what terrifies them is what a good deal MP3s can be for artists. Sure, successful musicians get rich. But the record labels that publish their wares get ludicrously, disgustingly rich. The costs are relatively low, the margins are high,

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buy CDs. At around \$1 a song, the fans will be paying significantly less than they would for the same number of songs on CD, and the artists will get to keep much more of the money than they do under the current system.

Some analysts are predicting that the whole dynamic of how the music business works will change within the next decade or so: the record labels will collapse as more and more artists decide to go the independent rout;, and bands, deprived of the huge marketing budgets of the labels, will frequently elect to attract fans by releasing their songs for free and making money touring. It is not that far-fetched a scenario as

thousands of unsigned bands are posting MP3s on their websites, and several major artists are bucking the studios. Chuck D of the rap group Public Enemy has been an outspoken fan of independence and MP3s, and The Symbol Formerly Known as Prince sold 125,000 copies of his latest CD directly through the Internet.

The whole complicated issue is about to go supernova: last month,

portal site Lycos launched a dedicated MP3 search engine (mp3.lycos.com). The engine turns up whatever's out thereælegal or notæand functions as a gateway for new MP3 users. The RIAA, consistent with its usual hysterical tactics, started threatening lawsuits just hours after the site launched.

So help subvert some monolithic corporations and support your favorite artists: head over to the Lycos site (or, even better, the indieoriented MP3now.com), download an MP3 player, and put your computer's sound card to use.

#### SURE, SUCCESSFUL MUSICIANS GET RICH. BUT THE RECORD LABELS THAT PUBLISH THEIR WARES GET LUDICROUSLY, DISGUSTINGLY RICH.

and artists' royalties are traditionally less than 10% of an album's gross sales percentage artists have long been unhappy with. Until now, they've had little choice but to put up with the system. How else can they distribute their music?

Now, that long-sought alternative distribution method exists. Musicians can record their songs themselves (fairly high-quality studio-like sound can be pulled off with only a couple thousand dollars' worth of equipment) and send them directly to radio stations. When listeners hear songs they like, they can click over to the band's webpage and download their newest hits, rather than heading to the music store to

Stacy Cowley is a Barnard junior.

ALLMAN BRS from page 12 Another aspect that makes the Beacon run so interesting is the visuals provided by the Brothers. Along with the brightly colored, mushroom-decorated banners advertising the band's 30 years, the show also has a screen running behind the stage, showing all sorts of pictures from the band's early days, the desert, Georgia (the band's home state), psychedelic images, and even a Betty Boop cartoon showed at the beginning of the second set. Needless to say, the show was catered to those in the crowd who were tripping on acid or who had eaten mushrooms, but it was a welcome addition to the set

The band will be starting their Thirtieth Anniversary Summer Tour in early June, which will also mark the replacement of Jack Pearson, a guitarist who has chosen to pursue his individual career, with Derek Trucks, a frequent guest at Allman Brothers shows, and an honorary brother at heart.

Everyone should run out and go see the Allmans play this summer. For tour dates, go check out their web site at http://www.allmanbrothersband.com.

Dana Masullo is a Barnard junior, and Bulletin staff writer and copyeditor



### WELL-WOMAN BODY APPRECIATION WEEK MONDAY, APRIL 11 - FRIDAY, APRIL 16

OUR PROGRAMS AND ACTIVITIES WILL GET YOU THINKING ABOUT YOUR BODY IN A WHOLE NEW WAY. . . .

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**Entries** in the *Bulletin* Masthead contest will be judged by the current *Bulletin* staff.

## Bulletin

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presents

Beyond the Nation State:
Caribbean
Migration in the West
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April 21, 1999

7 p.m.

**Brooks Living Room, Brooks Hall** 

Reception to follow lecture.

A lecture
by Harvard
University
professor
and acclaimed
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