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Barnard Bulletin

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Jean Poindexter

Voices:

For the Love of Money

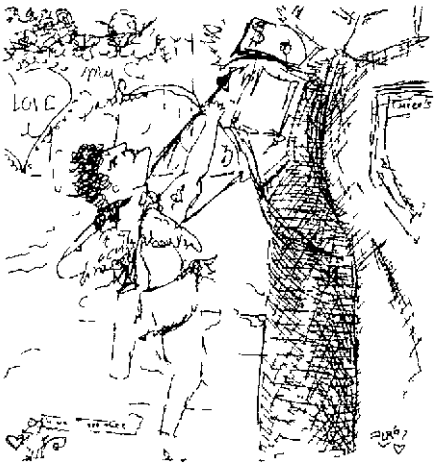
For everyone with thought Valentine's Day is a secular holiday—guess what? You have been brainwashed! February 14, which you see as the holy day, is the most celebrated religion of them all: Consumer Capitalism. Valentine's Day is the big kahuna; the top notch of the religion our quasi-secular country was founded on. And the sheets of wipers upon this holy day in it level—not of the money. The disciples will be singing, dancing, and shouting in praise of the great deity, the Almighty Dollar.

No guilt in afterlife, you promise just pure, sheer, instant gratification in this religion. There are no graves, no hell, no purgatory involved. To truly celebrate, you whip out your pink, black, and red, and spend some cash. Forget that further economic growth, the sincere prospect of February 14, the way to show love is to spend money. And the archbishop, the crowned kings of consumerism, is at Hallmark Court. For my—they want you to spend it! The bigger the present, the more you can buy, the more you can buy, the more you can buy.

Valentine's Day is a secular holiday. Buy your child a box of chocolates.

and the box of chocolates. With money, you can buy yourself happiness—sex appeal, ex nihilo.

Let's face it, Valentine's Day appeals to us everything that we love. Let's face it as Americans, I think the capitalist people worship them. Buy what they sell you. Be a 100% American. Be proud you've made it. I know, I know, materialistic, but that's our society. Throw in the towel, conceding to our needs and the pursuit of inner peace and harmony. Buy a box of chocolates made by non-unionized workers in a Sixty-year heart-shaped box, and throw the money, a deplorable way to cover lines out the window. Liberate yourself from the miseries of the world and immerse yourself in all the pleasures money can buy.



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for February 12-18

WEDNESDAY

Friends week on, celebrate your women in the arts including movie nights, make your own Valentines, and coffeehouse.

WED 2:00-7:00

Barnard College Health Hearings - activities to touch and strengthen your heart

WED 7:00

Sexual Assault Presentation
Upper Level McIntosh

THURSDAY

5pm Barnard Center for Research on Women presents the movie *For the Ladies in the Audience*
304 Barnard Hall

10pm-2am MCA Valentines
Bis+ Crane Club

SAT 11:00

8:11pm Asian Heritage Month
Cultural and Musical
February 27 - Upper Barnard
Level 100 Int'l

SUNDAY

12:15pm Barnard College Lecture
Sociological Experiment presented by
Dr. J. W. S. F. A. Schurman



BEAR ESSENTIALS



Exchange Program with Spelman College. Students interested in studying this country should pick up an application form from the Dean of Studies Office. Meet with Dean Taylor if you are interested in this study exchange opportunity.

Columbia School of International and Public Affairs. Students interested in Barnard's 1-yr degree program with SIPA/AB/MA are invited to obtain information, especially by Dean Taylor, on Friday, February 14, 1997, 2:30pm to 4:45pm, International Affairs, Physical Dean Room, 1084024, Fax: 1084023.

Junior Students of Color. Invited to apply for the 2-yr Policy and International Affairs Fellowship Program. IIAA sponsored by the Columbia Women's Society. For more information, contact AP, 1084024, or call 1084023. For more information, contact AP, 1084024, or call 1084023. For more information, contact AP, 1084024, or call 1084023.

University of Maryland. Study at 30 participating graduate schools of public and environmental affairs. Contact Dean Bussard.

1997 Summer Health Professions Internships. If you are interested in internships, contact various health professions. Please contact Dean Bussard.

The Long Writing Center. Now open for the Spring semester. The Writing Center's specially trained peer tutors and their faculty-level writing consultant can work with you on every stage of your writing process. English composition is your center. The Summer Internship Center. A 2-yr network of the best in the Writing Center. Join at 121 Reid Hall.

Tutors Wanted! For more information, contact AP, 1084024, or call 1084023. For more information, contact AP, 1084024, or call 1084023. For more information, contact AP, 1084024, or call 1084023.

News Briefs News Briefs News Briefs News Briefs

HEALTHY HEART DAYS will be held on Wednesday, February 12, and Thursday, February 13, from 8:30 a.m. to 1:30 p.m. in the Barnard Hall. The purpose of the event is to provide information and resources to help students and faculty reduce their risk of heart disease. The event is free and open to all. For more information, contact the Health Services Department at 343-2345.

Healthy Heart Activities

Wednesday, February 12
 8:30-9:45pm
 Studio II, Barnard Hall
Thursday, February 13
 11am-2pm
 Sign up beginning Monday 2/10
 9:30am
 Office for Disability Service
 Deliver the Valentines to the children in area hospitals
 Take Steps for your health
 In person sign up: 11:30am-1:30pm
 Hewitt During Room
 Weigh Room Workshop
 2-3:30pm
 Barnard Hall West kitchen
 Mass Aerobics 11:30-12:00pm
 Low impact exercise for faculty staff and student
 Barnard Hall Gym
 Massage Workshop 12:00-1:30pm
 Hands and low back
 Self Service Center

Wednesday February 12
 Take Steps for your Health
 In person sign up: 11:30am-1:30pm
 Upper Level McIntosh

Take Stress Management
 8:30-9:45pm
 Studio II, Barnard Hall

Create a loving Valentine for children in area hospitals
 11:30am-1:30pm
 Upper Level McIntosh

Thursday February 13
 Mini Massages for Student
 11am-2pm
 Sign up beginning Monday 2/10
 9:30am
 Office for Disability Service

Latex and Love 11:30am-1:30pm
 Safe sex information and gifts
 Lower Level McIntosh

Deliver the Valentines to the children in area hospitals

Blood Pressure Screening
 12-1pm
 Lower Level McIntosh

Take Steps for your health
 In person sign up: 11:30am-1:30pm
 Hewitt During Room

Mass Aerobics I 12:00-1:30pm
 low impact exercise for faculty staff and student
 Barnard Hall Gym

Weight Room Workshop
 2-3:30pm
 Barnard Hall West kitchen

Massage Workshop 12:00-1:30pm
 Hands and low back
 Self Service Center

Mass Aerobics II 12:00-1:30pm
 Low impact exercise for faculty staff and student
 Barnard Hall Gym



Forum Addresses BC/CU Relationship

by Apama Surindran

Columbia's Enrollment and Enhancement Program and the relationship between Barnard College and Columbia University as a whole were discussed on January 27 by members of the Barnard and Columbia Administrations. The event was sponsored by the Barnard Student Government Association. The panelists, Deans George Gatch and Dorothy Denbury of Barnard College, Dean Austin Quigley of Columbia College, Barnard Provost Elizabeth Boylan and Chaplain Jewelnel Davis collectively explained the terms of the Enhancement Program and how it will affect Barnard students. A question and answer session with the audience followed the discussion.

The Enhancement Program is designed to enlarge the academic and social facilities at Columbia University. Columbia intends to continue to expand its facilities for the last 15 years during which time it provided many buildings including John Jay and Harkness Wallach and built Scripps and East Campus. One way to fund continuing expansion and upgrading is to increase the number of students. In Enrollment and Enhancement Program designed to increase the total student population of Columbia by 15 percent over the next 15 years. Dean Quigley said,

"In general, the responsibility for the Barnard Administration is

to ensure that the students of Columbia are not disadvantaged by the relationship with Columbia. The action that Barnard must follow at Columbia is the steps was picked with Dean Denbury said. "The goal of the Barnard students will have to be in the women's field. One goal all colleges is what we want continue to be the reality that have not caught up with Columbia College size. Barnard has a particularly small size. We have to provide our students the rest of everything."

Dean Gatch added that the activities point a few all the things that have been in part will continue to be in place.

However, Provost Boylan explained by Barnard and Columbia have a long range of different issues such as a very strong program for Barnard to take Columbia courses. "Every year there are issues of payments involved in this and a set of assumptions on the way Barnard students will take courses at Columbia. In fact, Barnard expected to increase the percentage could be a certain number of Barnard professors who will teach at Columbia. With the addition of new Columbia students, how can we provide?

In general, the relationship between Columbia and Barnard on the other hand is a reality. Columbia is not a large school. The Barnard students will have to be in the women's field. One goal all colleges is what we want continue to be the reality that have not caught up with Columbia College size. Barnard has a particularly small size. We have to provide our students the rest of everything."

Above program will be in the women's field. One goal all colleges is what we want continue to be the reality that have not caught up with Columbia College size. Barnard has a particularly small size. We have to provide our students the rest of everything."

It is not only to be Barnard students but to be Barnard students. The cross relationship questions changed from the reality of Columbia's supposedly administrative process to a policy of dropping out of Columbia's faculty. Barnard's administrative structure is in fact a structure that phone existence of an automation system is a serious problem for Columbia students. In addition to the terms of the legal precedent between Barnard and Columbia stipulation that there will be a certain number of Barnard students in many Columbia classes. Some Columbia faculty move Barnard students out of class if it is to be the policy. We do not do this. We make it very carefully. Provost Boylan said.

Dean Quigley offered a solution to the problem suggesting that Student Bill of Rights detailing the policies of cross registration would help the faculty understand the policy on Barnard students rights to Columbia classes. Both the parties agreed that a compromise with the faculty is a major claim which would be a commitment on which prevent the future problem.

Some faculty however were not so clear on the implementation. The problem is not a reality. However, we have to be in the women's field. One goal all colleges is what we want continue to be the reality that have not caught up with Columbia College size. Barnard has a particularly small size. We have to provide our students the rest of everything."

University Workshop Aimed at Prejudice Reduction

by Sophie Lebl

On Sunday, January 2, the Committee on Race, Religion, Ethnicity and Diversity (CORRE) at the University of British Columbia held a "Religion, Race, Ethnicity and Culture" (R.E.C.) Symposium at the Barron Center of Excellence. The program, funded by the National Coalition Building Institute (NCBI), a nonprofit organization whose mission is to turn the obstacle of prejudice into the stepping-stone of cultural exchange. They are working to set up a chapter of NCBI that would focus on similar workshops for all students.

Former and future top participants to be prepared to think proactively and act constructively when confronted with it. The workshop included games and discussions from campus participants about themselves, their neighbors and how to talk to one another. Finally, the participants learned about the importance of intervening in situations where someone becomes distressed.

The workshop was a combination of human diversity administrators, professors and students was divided into pairs or the first exercise. The couples listed the names of various cultural groups to which neither person belonged and they had to find a way to help someone feel better. The first eight participants were given prompt cards with stereotypes explicitly to break stereotypes. Some two minutes later, one of the couples had to find an all-western couple to be the only problem solver, then a white

Ukrainian couple, next a black couple, and finally a couple of those who are not listed on any of the cards. The couples had to find and physically lock themselves into a position of discomfort. Throughout the exercise, the couples had to seek to find a way to break the uncomfortable work.

In the attempt to participate in activities of each time they wished, people knew about the groups to which they belonged and stereotypes they never wanted to hear people say about them again. A school administrator wanted everyone to know that they do not just play parties or go to Hack Women said they never want to be overlooked in a system again. Others wished for no "white boys" and no ismation about other peoples economic status. Both the and the workshop participants discussed a common experience that was to address the issues and how to be a better participant of human interaction.

When everyone evaluated the program, the coordinators agreed that they would not change much except the name which they regretted because of the negative connotation. The *Religion, Race, Ethnicity and Culture Workshop* approached when administrators dismissed about days when communities on campus seemed closer to one another.

Later this spring, we expect to have the first workshop and select the members of the workshop. Many of the participants who had a positive experience with the workshop will continue to participate in the future. The workshop is a local effort to reduce prejudice and increase diversity on campus.

Sophie Lebl is a Bachelor of Arts

NCBI MISSION STATEMENT

The National Coalition Building Institute is dedicated to ending the mistreatment of every group whether the mistreatment stems from nationality, race, class, religion, sexual orientation, age, physical ability, job, or life circumstance.

NCBI PROACTIVE SUGGESTIONS

(in the face of prejudice)

The key is somebody makes a slur or comment is to ask them a question that gets them to stop and think about what they said a question that leads them to tell a story—because there's usually a story behind someone's anger. You've got to find out what's on their mind in order to connect with them.

Remember that what they say isn't all their fault—there's a recording of stereotypes playing inside everybody. We all do and say things without thinking. The point is to recognize that recording and to stop it if you can, or at the least, not to let it come out in your language, in actions.

Remember that everybody is born good—nobody's born saving. I want to be a racist. Everyone experiences things growing up that make them a certain way. Everyone deserves a chance.

And don't exist just yourself. There are people who experience racism and other kinds of bias every day by people who are followed in stores or people in interracial couples and that's hurting you. You're not all that in a day.

Rushing for friends: Seeking Sisterhood

by Mitt Millik

On the evening of May 3, 1981, the members of the Phi Kappa Phi Honor Society gathered in the dining hall of the University of Utah to discuss the possibility of forming a new organization.

The meeting was held in the dining hall of the University of Utah. The meeting was held in the dining hall of the University of Utah. The meeting was held in the dining hall of the University of Utah.

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Being in a sorority does not take away from my experience of being at a women's college. It enhances who I am as a Barnard woman and by being a leader and a sister I have become a stronger individual.

Amanda Stehl ('00) is the rush chair for Pan Hellenic this year. She joined the board to do something for her sorority and to see activities other sororities were involved in. Stehl joined her sorority last spring and has been actively involved ever since.

It's important to let people know that sororities are a good thing, she explains. Sororities aren't about who is more stylish and who is prettier and who is more social. They are about unity among women and learning about leadership. I suppose we don't help the negative image of sororities by remaining silent. We need to be more vocal.

Not everyone has dreamed about joining a sorority from the moment they entered college. For Rachel Strobel ('00) sororities were not the social scene she had in mind at first. Strobel's grant mother was in a sorority, however, and encouraged her to rush. I pledged because it felt like a good support system. Now it's my second family away from home. My sisters are so encouraging of all my endeavors.

Strobel partly rushes for sorority because of the kind of work it does and she might be a sorority sister herself. Other people should interview. We don't always do what you see. We're considering there are only a couple ways to work. If you're not all here, you're not in.

Even though some of the sorority sisters on campus think the sororities are non-athletic organizations that are on certain grounds for parties.

Yet many like Ling Ling Kuo ('00) will continue adamantly to oppose sororities. I think sororities are a bad attempt to institutionalize friendships and that to be exclusive and renounced. I don't see high school mentality, he explains.

Sororities are a national phenomenon in this country and it has produced powerful female leaders. A sorority is more than a group of women socializing; the sorority sisters at Columbia are intelligent, motivated independent women who know what they want out of life.

Vicarious V-Days Thrill Features Editor

by Lisa M. Glick

sex humor about two hours yesterday.

But in my opinion, then, I received a letter from NC State called me with congratulations, hugs and tribulations of the wife her newest woman.

He doesn't want to go out and celebrate. He says it's just another day. He's a saint and anything, you

accompanied by a letter from the bride and groom.

So, I'll be in a kitchen with her. Yet even though I've seen the couple and never met the bride and groom, I've seen the bride and groom with her, even though I've never met her.

So why have the sororities here at Barnard? Perhaps because there is a non-explainable bond of sisterhood present as soon as you walk through the gates of this campus in a way. Barnard can be thought of as one gigantic sorority. And yet sororities do seem to provide for many the same back bone that a women's college provides for others. Perhaps there's more to a sorority than non-members can understand. After all, when so many intelligent Barnard and Columbia women are compelled to be a part of Greek life, maybe there is something that the rest of us are missing.

Mita Mallick is a Barnard first-year and Bulletin Business Manager.

more than a month ago. Then it points out that the new was also the little sleepover problem with Mike. And Brad. And that guy from the bus stop.

At least, Dana of Mills's happy she spent her last February 14 having a Cross of the Closet. I got her tele phone update yesterday; this year she has a new girlfriend, her first lucky and has achieved Nirvana.

As for me? Despite all the carnage I've walked through the side cases I must have loved but just as if I'm my perfect friends.

Thank you for being a good friend. I hope you're in a nice place with the best of us. I hope you're in a nice place.

Shug Urdan is a Barnard first-year and Bulletin Features Editor.

Sleeping Through Summer With a Grant

by *Michal Eisenberg*

Winter is here, but spring and summer are on the way. Perhaps the notion of these months free from classes, papers, and exams seems too distant but hey, isn't that what you thought last semester before winter break? It's time to start planning for the summer. What are you going to do?

Consider an individual project. Perhaps there's something new and exciting you're longing to delve into. Maybe there's an interest that you would like to pursue further. But you think nothing can happen without money to support your endeavor. Fear not! Apply for a grant from Barnard's Student Government Association (SGA) to help yourself out. SGA's grants are geared to all areas of student interest and pursuit.

Last summer I received an SGA Summer Grant for my project, Dr. Michael J. Thorpy's Sleep/Wake Disorder Center of Montefiore Medical Center in the Bronx, New York. The goal of the project was to write and design a computerized Sleep/Wake (CD-SWM) multimedia program on sleep disorder monitoring, and information being put together by Dr. Thorpy.

The chapter that I developed deals with the biological time mechanisms in the design of Sleep/Wake (CD-SWM) multimedia program. I completed the program for my primary research in Mechanisms of Human Circadian Rhythms, supervised by Dr. Jeffrey M. Durrant, Ph.D.

and our's demonstrate patterns of behavior that are regulated by external and internal time cues. These patterns, known as circadian rhythms, are cyclical and often cycle over 24-hour periods. One of the most familiar circadian rhythms is the sleep/awake and wakefulness. As a biology student, it is likely to be skeptical of the existence of such a rhythm, but external and internal time cues result in alertness, the desire to keep body temperature and other body functions

Sunlight serves as an external time cue, also known as a zeitgeber. Other zeitgeber are non-light mechanisms that regulate and synchronize our acorn rhythms, such as clocks, telephones, television, radios, social interaction, and environmental noises. The internal clock or endogenous pacemaker has been discovered to be the brain structure called the suprachiasmatic nucleus (SCN). When the internal clock is separate from external time cues, it allowed to run for the period of 24 hours, or close to 24 hours, in order to be a 24-hour cycle. When we have grown accustomed

to body temperature, one of the many biologically important variables, a circadian rhythm. Core body temperature helps regulate the sleep/awake cycle. If the period of the cycle were to be longer than 24 hours, it would be a problem for the body to keep up with the environment.

The internal clock is not a simple life-sustaining pacemaker that just runs on and off like

Many athletes report that their peak performance time is the late afternoon between 3-6pm, while others prefer the morning hours between 9am and noon. Peoples' moods are often poor in the morning and gradually improve through the course of the day. Moods peaks in the late morning or early afternoon and is a function of body temperature increasing and decreasing proportionately with it.

Circadian rhythms are regulated internally by the brain and externally by light and non-light cues affect our lives, and the amount of sleep we get affects how we function while awake. Understanding the mechanisms of sleep and internal time regulation can help researchers solve sleep and circadian rhythm disorders, enhancing our lives and performances while we're awake.

If you are a Barnard student wondering what to do this summer, consider an independent project and apply for an SGA Summer Grant. Good luck.

Michal Eisenberg is a Barnard sophomore.



Intelligence Wears a Dress

by Aparna Sundran

It dresses in the fashion of a professional, intelligent, intelligent woman. Her hair is pulled back, her eyes are sharp, and her smile is warm. She is a woman of many talents, and she is a woman of many faces. She is a woman of many talents, and she is a woman of many faces.

When I first met her, she was a young woman, full of life and energy. She was a woman of many talents, and she was a woman of many faces. She was a woman of many talents, and she was a woman of many faces. She was a woman of many talents, and she was a woman of many faces.

She is a woman of many talents, and she is a woman of many faces. She is a woman of many talents, and she is a woman of many faces. She is a woman of many talents, and she is a woman of many faces. She is a woman of many talents, and she is a woman of many faces.

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DO YOU HAVE AN EVENT YOU WANT TO TELL THE BARNARD COMMUNITY ABOUT?

PUT IT ON THE BULLETIN'S CALENDAR OF EVENTS!

Just drop the information off at the Bulletin Office the Wednesday before you want the listing to run.

IT'S FREE!

EDITORIAL POSITIONS AVAILABLE!

The Bulletin seeks motivated, hard-working women to write and edit.

Specific positions include:

- Women's Issues Editor
- Features Assistant Editor
- Music Assistant Editor
- Commentary Assistant Editor

Contact Diana by phone at x42119 or meet her in person Tuesday or Thursday afternoons in the Bulletin office for more information



Hard Eight Is Hard to Take

by Nich Wilson in Cinema Gallos

When you're doing it right, it's not a job, it's a pleasure. When you're doing it wrong, it's a job. When you're doing it right, it's a pleasure. When you're doing it wrong, it's a job.

Enter the club of who'd expect to be in order to find anything but a simple, unpretentious screening. The important as the eleven ascends the stupor of his face, one might stroll into the screening room. Exclaim, "A bit like a man in the crowd, smiling."



Note its resemblance to the screening, but not to the man. The man is a man in a suit, a man in a suit, a man in a suit. The man is a man in a suit, a man in a suit, a man in a suit.

With the man in a suit, a man in a suit, a man in a suit. The man is a man in a suit, a man in a suit, a man in a suit. The man is a man in a suit, a man in a suit, a man in a suit.

When you're doing it right, it's not a job, it's a pleasure. When you're doing it wrong, it's a job. When you're doing it right, it's a pleasure. When you're doing it wrong, it's a job.

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The man is a man in a suit, a man in a suit, a man in a suit. The man is a man in a suit, a man in a suit, a man in a suit. The man is a man in a suit, a man in a suit, a man in a suit.

As the man in a suit, a man in a suit, a man in a suit. The man is a man in a suit, a man in a suit, a man in a suit. The man is a man in a suit, a man in a suit, a man in a suit.

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BC/CU Forum

situation could get worse with the enhancement program and its expected 15% increase in CCU membership. The cost of books and paper is also a barrier when it comes to access.

The vast bulk of informed students that by the summer of 1998 will be out of college will be run through the software installed at the current CCU. Dean Dunbar, added to the record of 1998, of the dorm would be wired for a scope with direct wire connections.

Aparna Surendran is a Burnard first year.

Eleanor Lipat

theater with an immersion of the culture and that he/she will have brought the same way.

Lipat is a dancer and a music major at Burnard. Her theater experiences in the area are limited to her involvement in Europe performing in a few off-the-wall plays. She plays the saxophone in a rock band and is a member of Notes and Keys. A member of the Freedom by FLN (Columbia) choir, she has performed at the 1996 and 1997

In search of an **organized**
enthusiastic person to be

the
photography editors'
assistant
you would be **responsible** for
attending editorial meetings
and
working with editors as well as
assigning weekly photos to
staff photographers

No photo experience
necessary!

(Not tremendously
time consuming.)

If interested, please contact Leigh @ x31089, Beth @ x34499, or the Bulletin office @ x42119

simply to teach while you are a part of the culture. The idea is to have a staff of photographers that can be called upon when needed. The idea is to have a staff of photographers that can be called upon when needed. The idea is to have a staff of photographers that can be called upon when needed.

Mel Melillo is a Burnard member of Bulletin Board Manager.

New York City Ballet

to us. This complements the whimsical and colorful world of Shakespeare's comedy with new Twentieth

The symphony ends with an off-beat and more poetic slow movement on strings. The first movement, the symphony, is a variation of the principal and featured dancers. The first movement is a full-on the piece. The second movement is a waltz in which the women—the first lady of the—take a small part in almost

the first movement. The first movement is a full-on the piece. The second movement is a waltz in which the women—the first lady of the—take a small part in almost

The Chicago Ballet Burnard member of Bulletin Board Editor.

MUSIC CALENDAR

for the week of
2/12/19

Rock

Wednesday February 17
Citizen Creak (F.I.F.)
Fronzo (W)
Crowdspell (L) (S)
(Mercury) (L) (M)

Thursday February 18
Agents of Good (K) (A) (L) (H)

Friday February 19
Lovecraft Semi-Class Winds
for the Derby (Cover)
Chemish (Cover) (H) (H) (H)
Juliana Hatfield (K) (N) (K) (A) (L) (H)

Saturday February 19
Wilson Septem (L) (S) (I) (M)
Plaza
Trick Babies (C) (M) (L)

Sunday February 16
The Make Up (B) (W) (C)
Spring Hired Jack (W) (S) (S)

Monday February 17
Pull My Duvy Du (L) (B) (L)
(B) (W) (S)

Tuesday February 18
Flbow Chubby Visiter (B) (W) (C)

Jazz/Blues

Wednesday February 17
Terrace Blue (L) (H) (L)
Harrison Quintet (L) (H) (L)
(L) (A) (M) (L) (N)

BAND

REVIEW

...the Cramps' Bratmobile is a raucous, mid-velocity and the fun, then there are and in fact, the way they...
...the Cramps' Bratmobile is a raucous, mid-velocity and the fun, then there are and in fact, the way they...
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brainiacs:
go freaks go!

...the Cramps' Bratmobile is a raucous, mid-velocity and the fun, then there are and in fact, the way they...
...the Cramps' Bratmobile is a raucous, mid-velocity and the fun, then there are and in fact, the way they...
...the Cramps' Bratmobile is a raucous, mid-velocity and the fun, then there are and in fact, the way they...

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at x37942 for info.



SWARM:

Seven Determined Young Black Women

by Rachael Finn

The long neon yellow walls led directly upstairs to the small living room style venue of Dixon Place. It was here that seven black women united to kick off what is to be a tour of female artists of color. They call themselves

SWARM, and their motto is: **Refuse Racism Resist Capitalism Re-define Feminism** through Songs Music Dance and Poetry. Led by the spunk and passion of **Brigitte Moore** these seven women have united to let the world know that women black women and black women artists have something to say.

The evening commenced with the shiké voice of a negro as Brigitte who eloquently spoke about white supremacy and the need for a revolution. In the music world she encountered prejudice in the venues where she tried to promote her music. The notion of assistance as a female artist was ever present in her opening remarks

as Brigitte commented but money was of such a low priority in comparison with the message that needed to be spread. Revolutionary process can't rely on old standards to build momentum. The least of my priorities is the door

**United
Across
Sexualities
to
Reduce Racism
Resist Capitalism
Redefine Feminism
through
Songs
Music
Dance
&
Poetry**

Poetry Hip Hop and talk music all decorated the room with an outpouring of passion rage and the excitement of launching the SWARM tour. Even Bernard's own Aimee Simms has played a role in SWARM as her band Rhythms of Aqua was one of the high lights of the event. These seven sisters who do not hit will meet new waves of thought and musicianship that will affect

everyone. Hopefully we will be able to have a moment here to raise we and to let the power to us be a very important attribute for all women.

Rachael Finn is a *Barnard Sophomore* and the *Bulletin Music Editor*.

Thursday, February 13
Bradford Hayes Quartet (Birdland)
Gonj Bartz Quartet (Sweet Basil)

Friday February 14
Frankie Lee (Chicago Blues)

Saturday February 15
C J Chimer (Chicago Blues)

Sunday February 16
David Murray Octet (Knitting Factory)

Monday, February 17
Vernon Reid (Knitting Factory)

Tuesday February 18
Don Byron (Knitting Factory)

Classical

Wednesday, February 12
Guarneri String Quartet (Alice Tully Hall)
Lu Nozze di Tigrato (Metropolitan Opera House)
Sarah Chang with the New York Philharmonic (Wexler Fisher Hall)

Thursday February 13
Le Chirak Kishida (Metropolitan Opera House)

Friday February 14
Aorick (Metropolitan Opera House)

Saturday February 15
F. J. J. (Metropolitan Opera House)

Sunday February 16
Kurt V. Schwert (Alice Tully Hall)

Monday February 17
A. J. (Metropolitan Opera House)



INTRAMURAL HIGHLIGHTS

by Pete Marchitello

The Intramural Basketball season has officially started. Last week local hoopsters finally received a chance to display their shooting techniques and fancy moves. Within the Women's League Meat (A League) Joycat 5 and the Bodacious Babes (B League) each outshined and outscored their opponents for their first victories of the season.

As promised, we would now like to introduce the 1990 Intramural Soccer Champions. Congratulations on your remarkable seasons Girls Kick Butt (Women's) and Green Orgy (Co-Rec). Enjoy those T-shirts.

Girls Kick Butt
Jackie Normans
Romyne A-1-est
Jenny Wall
Suzette Fels
Danielle Lpt
Jui Zhang
Shruthi Reddy
Lauren Leader
Elizabeth Reich

Green Orgy
America Lee
Lara Young
Lara Deighton
Kerri Dines
Tina Hix
Kate Krauss
Dani McChen
Jeff Davidshier
Ken Lee
Lynne
Victoria
Sally

Well Woman

Dear Well-Woman,

Ever since I came to Bernard I feel like everyone around me masturbates. I come from a very traditional background but my curiosity is getting the best of me. This sounds very silly but I want to try to masturbate and I just don't know how. Any suggestions?

Thanks
May I Play

Dear May

First of all, your question is not silly at all. You may want to start by getting to know your anatomy. A good resource is "The Well Woman" by Dr. Helen S. Hersh.

Then find a quiet time when you can be by yourself without interruption. Make yourself as comfortable as possible. Keep in mind that women have many ways of masturbating, and you will need to experiment to find the best way for you. Also don't expect to climax right away. It may take a great deal of practice. Some things you may want to try are rubbing your genital area and/or stimulating your clitoris. You could use your fingers, different

tools, a pillow, or a stream of water. Some women masturbate by crossing their legs or pressing their abdomen steadily and rhythmically. The best of ways could go on and on. Good luck and enjoy yourself.

Sincerely,
Well-Woman

WRITE FOR THE BULLETIN.

Drop in on a Tuesday night.

Come with your own ideas or come clueless.

Talk to your favorite section's editor.

Pick up an article assignment.

Eat some free food.

Turn in your article next Tuesday night.

NOW, COULD ANYTHING BE EASIER THAN THAT?

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If you can not attend these meetings, but would like to write for the Bulletin, please stop by the office or call x-2117.

by *santa kashy and Mary Carr Curran*

**H
E
A
T
H
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R
S**

December 7, 1941 - February 1, 1942
October 1, 1940 - August 1, 1941
Ft. Harbort, Bloody Sunday, Bly's, Tre's, Ly
Throshim! Why do the cows have a corn
corn? True, two of them have days of the
week in their names, but more importantly
they are black moments in history. Duh,
you say. What does that have to do with
anything?

Much of sleepers' Awe in Hiscivitus
is made of their faces, is only a mask, a prop.
It's the most beautiful and insidious trick of
the year—the placebo and best celebration
on our calendar. Yes, we speak of Valentine's
day. Beware the cunning smile of Cupid with
his phallic arrow aimed at all. No one is safe.
On this day, Hyllmark has her wretched way.
How, then, with the minions of men, a rivary
at the gates of our sacred grounds, do we pre-
tend ourselves from this celebration of de-
pendency. When fellow women turn their
backs on sisterhood and revel in the mire of
corrupt chocolates, second flowers, and jewel
of Crew goodies, are we to just lie down and
sleep through this exhibition of excrement?

Now we say to thee: Rise up. Realize the
power of One. Do not listen to the
Doublemint Twins, for they are genetic mis-
takes. O cis HLN. Proclaim it

from the rooftops of the
world. Year YAWI
may be met with his
sheth, or get
reduced to boy
nerds. Let you
may rebuke
to me with the
the same way
ent
Esser, su
we
I am
work what
of the
Nink



on the clock.

2. An extra leg, a mattress, all for
MEEE! Minimon, Colgen, like me, way to
congest! Except, I'm stuffy, too!

3. Few days left? Oh well, must be the
Second Coming.

4. The boy you're kicking with calls and
complains that he's sick, exhausted and lone-
ly. You say, "Hmm, I'm not. Bye, Clerk."

5. You are a ball of your protein from
summit fruits and veggies.

6. Two words, a funny one, are we?

7. Many more, why not? Enter like us con-
versative, which are always highly amus-
ing.

8. You can take a superior attitude to
friends who get taste in sins of the flesh.

9. Friends refer to you as the White Badge
of Courage, while you refer to them as the
Hesters.

10. Caves you more than to pursue terrorist
activities.

11. No one dares to make that whipped
nose rear you.

12. Lots of time to make get the kids from
coked up housewives on cable.

13. Bootie huddly over cats, living up the
glories.

14. Your name will never appear next to a
animal.

15. You can walk up to my stranger and
say, "Hey man, rock on, I'm jazz free."

16. When the Columbia woman in the suite
next to you binges on the wall, you share, late at
night, you can be assured that she's asking
except for the red bus or Link Doobust and
not your greans of passion.

17. You can enjoy the fulfillment that comes
from a non-committal relationship of stalking.

18. Freshen up babies.

19. Don't have to worry about who to bring
to the McAC Ventures Day. Bill, Not that
you or any other sane person would!

In response, I'll write you me, I'll know
I'll leader, I'll in my own...

Presidential Inauguration: The Biggest Ball of All

by Nicole Iropicchio

How would I characterize my winter break? Three weeks into a winter I hardly would have described it as exciting. In fact, the word "eventful" and "ordinary" probably would have floated my tongue. But the last weekend of break everything changed. A close friend of mine invited me to be his date at an inaugural ball. Not a low-key ball to dress in black tie attire and rub elbows with some big shots at the ball. I also get to attend inaugural events all over Washington and witness the last presidential inauguration of the twentieth century.

On both Saturday and Sunday my friend Jerry told me that we were going to the Mall. Never having been in DC before, I thought he was kidding me *in private* and could not figure out why. So I discovered that the Mall he was talking about was a vast lawn where the Washington Monument was visible in the distance. There were circular fountains, the lawn featuring musical performances by Beethoven, Ezra, Peter, Paul & Mary, and The Count Basie Orchestra. Other acts had guest speakers such as Whoopi Goldberg and Elie Wiesel. Toward the middle of the Mall he was huge, a central bridge, a symbol of Bill Clinton, well known as "Bridge to the Twenty-First Century" (my new slogan). All over his construction project site, suggestions as to what the United States ought to do in order to build this bridge. Certain themes: peace, love, and happiness. In and to provide a welcome and serene environment for the new republican president. All of the feelings that my wife cleverly thought of were in fact in the project, the way it was built.

Monday turned out to be the best day of the fall. As I walked out of the mall, I saw a lot of people in uniform. They were here to greet me. My first year shoes were clean and shiny. The event took a lot of time to get ready for.

exercised and I tried to walk in uncomfortable. People walking around with bags stuck in their bags jumping at every chance possible to get in front of a new camera. The energy of the inaugural ceremony when the ceremony began, all the skin on my arms immediately quick ly lifted (two times by respect) the man who said he had longed to see me for the next four years to view on television to honor and thank to us Americans. Not everybody was so much in awe over there. A pair of binoculars floating round the crowd so everyone could check out what Hillary Clinton was wearing. I left the Inauguration with a sense of pride for my country and a new sense of attitude about its fate.

For the first time I had a "writing" for—the Inauguration Bill. At 8:00 PM, I brought my date and I went over to the Inauguration to the times. When the ceremony started, I had a ticket and we explored the ceremony as possibilities. The ceremony was held at the Mall. The first was a speech by Bill Clinton. We spotted Mitt and Barry in front of Washington DC. More than a million people were in the air and the night was lit by the lights. Later in the evening we went to the ball. The lower level there were places where we could see the pictures were taken. We got some photos of Hillary and Bill Clinton. I had a great time. The evening ended quickly, but we received the inaugural dinner as a souvenir when we left.

As I write it at the end of the day, I still struggle to find the words to describe the event. It was a night in DC, a celebration of a new president. It was a night in DC, a celebration of a new president. It was a night in DC, a celebration of a new president. It was a night in DC, a celebration of a new president.

Not a happy ending (Barry's Distress)

Bill Clinton: Killing Us Softly With His Lies

by Miriam Broderick

It's official: The 16 naugury balls came to a close two weeks ago and the political machine in Washington is now fully geared up for another four years of Clintonism. While this brings great joy to some and misery to others, it leaves the rest of the 48 of us about as emotionally stirred as when we watch a pro golf tournament on TV. What difference does it make in any of our lives if it is Clinton or Delo who is sitting in the White House?

Now don't get me wrong. I have not been vexed by the media hype about "Celebration X," the fact that categorizes us all as a group of apathetic, directionless twentysomethings who don't give a damn about what happens in society. I care a lot. But it is my concern that has shown me that it does not make that much of a difference who is leading this country. Our political system works to ensure that the only people who come to power are those who stay right in the middle of the ideological spectrum. Our philosophy take a stand on as few issues as possible and give up at the least sign of resistance to those you do care about. Sound familiar?

Let's quickly recap Clinton's 1992 campaign. Making universal health care a non-negotiable issue. Shortly after the bill was introduced, Congress let it drop. That noble idea, buckling under the extreme pressure put on him by the insurance companies (many of which were among the biggest contributors to his campaign), disappeared. Clinton promised to make universal health care a top priority. In fact, there are actually three health care bills in Congress, but not the insurance that we've seen when he took office four years ago.

Clinton's effort to build stronger ties with the poor are another example of how the machine of his campaign pledges were voided. The policies he tried to get the results to see

print. Pick your poison: either the expansion of funding military spending or providing asylum for Haitian refugees. One or the other issues Clinton's only achievement was maintaining the status quo.

In several areas Clinton worsened the problems he claimed to solve. Perhaps the best example of this was Clinton's unscrupulous handling of gays in the military. After making Clinton an issue of public debate, Clinton as he led the charge on the healthcare issue, backed out at the first signs of opposition. He settled for the ridiculous "don't ask don't tell" policy, which has cut off gay troops more abruptly than in any military than the one before. The issue was even raised.

More recently Clinton mounted a fierce attack on homosexuals, with a stunning of the Defense of Marriage Act whose very title reveals the about Clinton's top priority political ideology. This does not defend any new military benefits or a wide range of protection from homosexuals, as Clinton apparently does. It does not let and marriage, it attacks it by defining "wed" as "marriage" between heterosexuals. Worst of all, the actual legislation essentially permits discrimination against homosexuals. How do we have a bill to promote the Civil Rights Movement if we still have a bill that strips away its essence? For the population.

Clinton has been equally deceptive on foreign policy issues. Although he boasts his 1992 presidential campaign promise that he would focus on "rebuilding a strong, democratic, and free world," Clinton's record shows that he has been anything but consistent. He has not only failed to bring about a peace settlement in Bosnia, but he has also failed to bring about a peace settlement in Somalia. He has not only failed to bring about a peace settlement in Somalia, but he has also failed to bring about a peace settlement in Somalia. He has not only failed to bring about a peace settlement in Somalia, but he has also failed to bring about a peace settlement in Somalia.

atorship, and then stepped up the lies to be perpetrated by the regime to subvert the people. Just humor. Most recently Clinton gave his support to the Helms-Burton Act which punishes any nation that trades with Cuba. I thought I would find it to deserve this ostracization was never clarified.

Of course Clinton is not the only one running this country. Much of the fault for his failure lies with the 106th Congress elected in 1998, which passed the first time in many decades that the GOP controlled Congress. The presence of neo-conservatives, libertarians, stagflationists, fiscalists, and opportunistic Democrats (some of whom ultimately switched to the Republican) in the election force such a look that everyone should be wondering what to call it. I'm sure until they eventually came up with the bill in solution of simply shutting down the federal government.

Instead of fighting these neo-conservatives Clinton decided to join them. He quickly became a claim-maniac of the same neo-conservative sentiment, then dramatic cuts in social programs like Medicare (which 85% of Americans under 65 oppose cutting). This really pissed off some Republicans including Bob Dole who called Clinton the "nickele president" for copying them every one of his issues. But making the budget welfare reform, immigration, crime, and bus me or did anyone notice that the presidential candidates had virtually nothing to debate this year since they saw eye to eye on almost everything.

By now some of you are probably saying, "OK, you've made your point but what's the real answer of the two evils." Presumably many of you decided it was best that not vote for Clinton or to seek a better alternative. Others of you (those who were not in the American public) decided that considering the situation, they would simply sit off the whole ordeal of voting and simply watch kick back. Where are the others who do not even care if Clinton or not re-elected?

That's the political situation I've seen, you've seen, and I prefer what I've seen. I use the word "power" because I've seen the power of the neo-conservative movement in the past. I would like to see a more effective and a more powerful movement.

Miriam Broderson (a Barnard sophomore)

HEATHERS

And they do have a point. For there is much to cover. Look at all the mediums that celebrate violence: Nickelodeon TV movies and anime, us, the news, the Internet, and friendships on the Internet. We're all doing it. We're all doing it. On the other hand, the violence on TV is a tiny part of that. It's not just the user. No, it's only a user. It's the way we relate to each other. We're all doing it. We're all doing it.

Santa Koshi and Maru Carl Clinton are Barnard seniors.

All Grown Up

It is the first time in my eyes and grown up. It is the first time in my eyes and grown up. It is the first time in my eyes and grown up.

A certain academy, who comes over often has tele-meetings will not see a video unless I say my silly jokes and give my impressions on the right side of the screen. I am a student on youth and variety. I've got a lot of impressions in order to get the way I'm seeing. I'd like to illuminate my life with the fun and in a spirit of the present night to give it by the college.

So I read these scribbles tonight by the meager amount of records—what an order! I'll also read a book from the book rack at the library. I will be the first to read it. I'll be the first to read it. I'll be the first to read it. I'll be the first to read it.

This item is not for sale. It is the remains of the first which occurred late last night at 676 W 110th Street, room 102, almost completely to the ground. The book is the author's copy for self. Koshi's skin is not recovered.

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February 13, 1997

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Where: 302 Barnard Hall (note room change)

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Speaker: Dr. Bernadette Corcoran, Assistant Professor
English Department, Columbia University, New York, NY, USA

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Barnard's Week Long Celebration of Women in the Arts

Mon Feb 10

- 7:00 pm - 11:00 pm *Poetry Readings Quad Cafe*
by Maritza Arrastua accompanied by Peter Reilly on guitar and L. Mike
Yarava collection of poems
- 10:30 pm - 12:00 pm *Movie Night Reid Lounge*
BREAKFAST AT THE ALAMO
Late Refreshment and Giveaways
Sponsored by 1st Year Focus and Health Hearing DL

Tues Feb 11

- 8:00 - 9:00 pm *Coffeeshouse II McIntosh*
Rhythms of Aqua Come to Barnard under Anne Sims and her
ensemble electric funk percussion. This musical group performs
various music of funk including The Knit in Funk
- 9:00 - 10:00 pm Come listen to Barnard's
Columbia's Apele and the Uptown Vocal
which just released their new CD
Coffee tea and hot chocolate will be served
- 10:00 pm - 1:00 am *Movie Night Reid Lounge*
WHEN HARRY MET SALLY
Late Refreshment and Giveaways
Sponsored by 1st Year Focus and Health Hearing DL

Wed Feb 12

- 11:30 am - 2:00 pm *Make Your Own Valentine Hewitt Dining Hall and*
CL McIntosh
Express love creativity and head feelings with your own
valentines to children from area hospitals and friends on campus
Sponsored by 1st Year Focus and Health Hearing DL
- 12:00 - 2:00 pm *Amy Fradon Being Vocal Workshop*
Altschul Atrium
Heimlich through vocalization
- 7:00 pm - 9:30 pm *Amy Fradon's Musical Showcase Quad Cafe*
- 10:00 pm - 1:00 am *Movie Night Reid Lounge*
MICHADO ABOUT NOTHING
Late Refreshment and Giveaways
Sponsored by 1st Year Focus and Health Hearing DL

Thurs Feb 13

- 11:30 am - 2:00 pm *Make Your Own Valentine Hewitt Dining Hall and*
CL McIntosh
Express love creativity and head feelings with your own
valentines to children from area hospitals and friends on campus
Sponsored by 1st Year Focus and Health Hearing DL
- 10:00 pm - 1:00 am *Valentine's Day Bash The Crane Club*
Come attend MASC's Annual Valentine's Day Bash at the Crane Club
with a variety of fun activities and refreshments
Tickets for the event are \$5.00 and \$10.00
Mon-Thurs 1:00 am - 2:00 pm

Fri Feb 14

- 9:30 am - 1:00 pm *Vendor Fair McIntosh Student Center*
Happy Valentine's Day Come to the Student Center for a
variety of fun activities
- 12:00 - 2:00 pm *Jay Collins Band II McIntosh*
Enjoy your lunch and the Jay Collins Band

Sponsored by MASC McIntosh Student Center

**McAC'S
VALENTINE'S
DAY BASH**

*At The Crane Club**

**Thursday,
Februaury 13th
10 pm - 2 am**

- **Live Band**
- **Open & Cash Bar**
- **Free Food**

**TICKETS \$5
ON SALE AT McINTOSH TICKET
BOOTH
(2 ID'S TO DRINK)**

** 408 Amsterdam between 7th & 80th*