



Barnard Bulletin

EDITORIAL BOARD
 Editors-Chief
 Diana Adams-Cheullo

Managing Editor
 Jess Ott
Features Editor
 Vance Sitt

Commentary Editor
 John Colizza

Music Editor
 Michael Fran

News Editors
 Jennifer Harzok
 Rebecca Zaustner

Arts Editor
 Jacek Barckauf

Columnist
 Taryn Bowde

ART
Photography Editors
 Leigh Hill
 Elizabeth Zink

Illustrator
 Ilya G. Rosen

PRODUCTION STAFF
Layout
 Esther Lutz
 Landa Rodriguez

Copyediting
 Rachel Sauter
 Stacy Cowan
 Sue Paré

MANAGEMENT
Office/Business Manager
 Katherine Paik

Advertising Manager
 Scott Heggins

Advertising Representative
 Maria Gorira

Administrative Advice
 Paul Tarnell

The Barnard Bulletin is published twice a month by the students of Barnard College, New York University. Its purpose is to provide an outlet for student opinion and information. The editorial board is responsible for the content of the Bulletin. It is published for the students of Barnard College by a majority of the Editorial Board. Views do not necessarily represent those of the Editorial Board or the students of Barnard College.

© 2004 by Leigh Hill

Voices:

The Evils of Progress

Technology always has a downside. Nuclear power carries with it a threat of world annihilation. Life support systems can keep the world alive. Airbags in cars save lives, and apparently can also kill children.

Tragically we have no way of foreseeing many of the problems inherent in the great breakthroughs of our time, because the hard lessons are only learned retrospectively. There is no way to judge the pros and cons of a new discovery until it has been tried out as it is only then that the negative consequences surface. Cigarettes and automobiles are prime examples of breakthroughs that lost their appeal when the negative effects global and personal respectively were discovered. Once an advancement becomes a part of our collective experience we can't imagine a time when we lived without it. Somehow we forget that at one point there was a world without televisions, elevators, fax machines, and high tech security systems.

Technology glorious as its benefits can be, breeds an eerie sort of dependence. If our computer malfunctions, or the internet is down, we feel helpless, as if the earth had fallen off its axis. Even scarier than this phenomenon of dependence is the change that technology has brought about in terms of our basic values and morals. For example, in the library line, are now sensors that detect book thieves so there is no longer any need to rely on people's honesty. Everyone is simply assumed to be dishonest. Society has come to a mutual decision that no one should be trusted, while at the same time instructing everyone to place absolute faith in technology and computers.

One disturbing result is that people may actually become more prone to dishonesty. After all, if the whole world is dishonest, we should worry about individuals who strive to be virtuous?


Dishonesty advances at a less disturbing pace because you're not being deceived or hurt, whether people or rather machines. Civil replaced by a euphoric feeling that one has beaten the system.

Measures designed to force society to behave correctly can make perfectly honest people feel strange. For example, have not all of us as students walked into a store with a backpack and felt scrutinized? We hunted the aisles for our favorite brand of tampons? God forbid the store does not carry them, for walking out without making a purchase has become the ultimate shoplifter tip off, even if the electronic sensors are not triggered. It's almost as if technology in its attempt to make us feel more secure, has made us even more suspicious of one another than ever before.


It is difficult to say if there will again come a time when the cashier will accept her customer's word that his Visa is valid over the verdict of an instant credit check. This growing reliance on technology is a carefully impending, noticed when one recalls the fact that electronic databases are just as much fact and reliable as human judgment. Given this, why should we even bother with honesty in a credit card verification? Although technology can prevent one's abuses, it will never make animals behave. Moreover, if we are not careful, technology could turn honest people into bitter and cynical doubters of the might of their culture.

Table of Contents


Departments

-  2 **Voices:** The Evils of Progress
4 **Calendar of Campus Events:** Don't still be at work on Friday afternoon
Bear Essentials: Tidbits from the Dean, U.S. News, and other news


News

-  5 **News Brief:** Computer upgrades
SGA Update: Find out what your government is doing
Election '96: College Democrats and Republicans react to the results


Features

-  6 **Vegetables Only Please:** Vegetarianism
7 **Gumbo:** Susan Clark continues her story
8 **Eclipse of the Soul:** Battling clinical depression


Arts

-  11 **Photofile:** Check out this photo of the Me
12 **Student Theatre:** The Columbia Musical Theatre Society presents *The Merchant of Venice*
13 **Film Reviews:** Double Shakespeares—*Twelfth Night* and *Richard and Janet*


Music

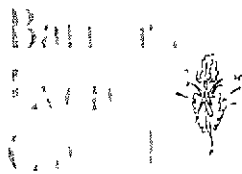
-  16 **Calendar:** Rachin's weekly round-up
Concert Review: Duh, Aced
17 **Album Review:** The Cunnings
18 **Band Review:** Detroit's merry pranksters the Smudge Machines

Our Bodies, Our Minds

-  20 **Well Woman Q&A:** PMS
Intramural Highlights: Volleyball champions and the women's soccer team
22 **We Try It:** Remember paper chicks?

Commentary

-  25 **Breakfast at Barnard:** Why students get it so hard
26 **Lady Macbeth Revisited:** Laura Meyers' story about the role of a woman's sexuality
27 **All Grown Up:** Laura Mills is now 21



for November 1978

4-6pm Women and Eating Disorders in Sulzberger Parlor

7-10pm Movie celebrating Native American Heritage Month in Lehman Auditorium

7:30-10pm Movie in Scull Tower

6-11pm Undergraduate Composers Concert in Sulzberger Parlor

7:30-12:45pm 2 showings of Zooprax Film Screening in Lehman Auditorium

8pm *The Temple* Opening Night in Minor Platham Playhouse \$3 with C.U.I.D. \$5 general admission, reservations recommended x4563

8pm Dance Department Performance in Miller Theatre *The Tempest*

Penny Harvest through November 24

3pm *The Time*

Voting for Jewish Student Union officers: President, Vice President, etc. Voting takes place through Wednesday, November 20.

Pickets for all pickets are available in the Jewish Office 105 Early Hall.

6pm *The Time*



BEAR ESSENTIALS

Remaining Planning Meetings for Majors and Prospective Majors

Anthropology—Wednesday, November 13 4pm the Danvers Atrium Hall

Asian and Middle Eastern Cultures—Students are to meet individually with their advisers.

For South Asia and Middle East Rachel McDermott 321 Milbank x49416 for China and Korea Richard Luitano 412 Lehman x45940 or Japan Kriko Ikeda 320D Milbank x44873

Chemistry—Luncheon and seminar for interested majors Friday, November 15 12pm Mitsunori Atrium

Education—Wednesday, November 13 12:15-1pm, 374 Milbank Hall

French—Wednesday, November 13 4pm Spanish Room 217 Milbank

German—Wednesday, November 13 3pm 370 Milbank Hall

History/American Studies/European Studies—Wednesday, November 13 6pm 202 Barnard Hall

Philosophy—Wednesday, November 13 1:15-1:30pm 201 Milbank Hall

Political Science/Urban Affairs—Thursday, November 14 1pm 412 Lehman Hall

Theater—Monday, November 15 4pm 225 Milbank Hall

JUNIORS who have not yet declared a major must do so this semester. Juniors without declared majors will not be permitted to register for the 1977-78 spring term.

Questions? Call Dean Rumsden x42121

ACADEMIC HELP: Please take advantage of the following programs.

Math Help Room Hours are posted on the doors of 401 Mitsunori and 404 Mathematics.

Physics, Biology, Chemistry and Economics Schedule help sessions with your professors.

Writing Room Sign up on the door of 121 Reid Hall.

Woffman Library Schedule conferences for help with research projects with the Reference Librarian x439-9.

Individual Tutoring Available through the Dean of Studies Office.

JUNIORS *Glimor* Magazine's Top Ten College Women

Competition is looking for outstanding college juniors. The panel of judges will be looking for leadership, experience, personal involvement in community and campus affairs, and academic excellence. Winners will each receive a \$2,000 award, opportunities to meet with professionals in their field of interest, and national recognition in *Glimor*. October 1977 issue. Dean Rumsden has information and applications.





News Briefs News Briefs

BARNARD COMPUTERS UPDATED

The Barnard computer network was shut down from November 1 to 6 in order to upgrade the system. Student use of the network has grown tremendously in the last two years, and this upgrade was necessary to accommodate the college's current needs, as well as to allow for future growth.

Jean Follansbee, Director of Information/Technology services for Barnard, explained that this update, which included equipment replacement, has many positive consequences, such as increasing the former capacity tenfold and laying the foundation for future progress.

Follansbee said that some of the college's goals are to wire all of its residence halls directly to the

Internet, to create a central server, and to equip all of its classrooms. This upgrade is the first phase in a multi-year attempt to keep Barnard's network current.

This year's update project purpose was to lay the groundwork for future advancements and to increase a great deal of network-related, noticeable change. His Barnard seminars, much of the effort has gone into creating an improved flow of traffic.

According to Follansbee, the next phase is wiring the Learning Offices and residence halls. She is very optimistic about the network's potential for growth and is glad about the fact that Shapiro is a very strong supporter of the project.

SGA NEWS

The Student Government (SGA) will be holding its first general election on Saturday, November 12, at 10:00 a.m. in the Student Center. The election will be held in the Student Center building, room 101, which will be the student center building for the next two years.

The Election Building will be according to its own rules. It is a non-organization that works to assist in the process of election administration, but it is not a political party. It will be held in the Student Center building.

The election is a time to get to know what kind of someone you would like to have as your representative. If there are parties, they will be through games and activities designed to inspire them to think about their options.

One election preview was held Saturday, November 2, in Barnard Hall. Another one is being promptly scheduled. The College's first election will be held on Saturday, November 12, at 10:00 a.m. in the Student Center building.

The Representative Board is identifying themselves by their ethnic background and class. Stand up if you come from a high school where there is a "quite" high level of diversity. The election is a time to get to know what kind of someone you would like to have as your representative. If there are parties, they will be through games and activities designed to inspire them to think about their options.

College Democrats and Republicans React To Election Results

by Heather Josephs

After months of preparing for the recent election, the College Democrats and Republicans of Columbia can take a break and reflect on the results. The Democrats are naturally ecstatic about Bill Clinton's re-election, and the Republicans are relieved that their party still has control of Congress. The parties have about the causes that election out come.

College Democrat Vice President Jordan King, believes that the election has shown that the American people are generally pro-welfare state, while Vice-Chairperson of the College Republicans, Bill Karsavsky,

believes that our country is in a conservative revolution. He says Clinton is a "major Republican."

King feels that Clinton's victory is a sign of a "new beginning" for the country. He says that his re-election is a "major victory" for the Republican Party. King says that his re-election is a "major victory" for the Republican Party. King says that his re-election is a "major victory" for the Republican Party.

He believes that Clinton's victory is a sign of a "new beginning" for the country. He says that his re-election is a "major victory" for the Republican Party. King says that his re-election is a "major victory" for the Republican Party.

"Vegetables Only Please!"

By Chang Long

The great Dalai Lama once said: "Life is as dear to a mute creature as it is to a man. Just as one wants happiness and fears pain just as one wants to live and not die so do other creatures." Vegetarianism is an effective lifestyle choice for those who want a healthier diet or for those who want to respect the rights of all living creatures. No longer seen as radical left-wing hippies rebelling against the establishment, vegetarians are gaining more acceptance in today's society.

There are three general categories of vegetarians: not all vegetarians eat only vegetables. Some will eat everything but beef and pork. Others also refuse chicken, fish, and eggs. One of the strictest diets is that of the vegan. Vegans are vegetarians who do not eat any type of meat or dairy products.

One of the reasons to turn to vegetarianism or veganism is the many health benefits. Meat often contains high levels of cholesterol and fat, both of which have been found to increase the risk of heart disease and several types of cancers. Vegans often eliminate dairy products to avoid excess fat and cholesterol. In explaining their dietary choice, vegans also cite evidence that dairy products are a cause of iron deficiency, diabetes, ovarian cancer, cataracts, lactose intolerance, feed allergies, osteo-

porosis, and eczema. Some dairy products may also contain toxins.

Erin Szendrey, a freshman at Bucknell University, commented: "I became a vegetarian seven years ago. It's not that I eat the diet diet. It's a lot harder in college. Practically everything [dining hall] serves has some type of meat hidden in it. Vegetarian at

lenges as well. One student who wished to remain anonymous said: "They say they have a vegetarian option, but it is only open four days a week and only for dinner. We like to eat lunch."

Beginning this year, another alternative became available: a vegetarian suite located in Wallach, a Columbia dorm. The nine-person suite includes three Barnard students and six Columbia students who are committed to vegetari-

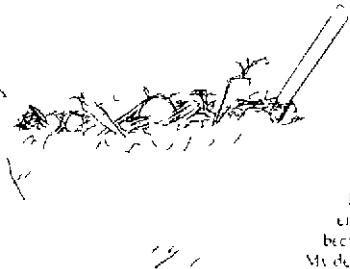
anism. Although only four are vegans, all the meals are vegan and everyone helps with buying food and cooking. The last Sunday of every month, the suite hosts vegetarian feasts. Rachael Fuur (BC '99), a resident of Veggie House, remarks: "I have been a vegetarian for the past seven or eight years and just became a vegan in August."

My decision was a combination of wanting to further rid my body of harmful animal by-products and because I'm aware of the inhumane conditions at dairy farms.

These humane conditions include keeping dairy cows in tiny pens and through artificial insemination to which cows are impaled on needles and using milking machines that are like a "holder" that is like a "cup" to be squeezed over her teats. The teats are

Barnard do not fare well either despite the fact that there is a vegetarian dining hall. What minute you wish there is. Well,

The vegetarian dining hall tackled by can be really funny, then and a open Monday through Thursday evening. Oddly enough, the food they serve often looks like meatless versions of what I'm craving in the meat. In a hall. There are other hi-



Gumbo

by Susan Clarke

I know a man *ha* that done promised me in his word *ha* that one day *ha* I said one day *ha* if I live right *ha* and if I serve him *ha* I'm gonna walk in the rays of the beautiful sun! he preached clutching the edge of the pulpit and slamming his size twelve feet on the floor. With every sentence Pastor Hanson stomped to the middle aisle then reached into his robe and loosened his collar and tie.

Come on organist *ha* cause I'm about to take off with this he said cueing the organist to begin playing the musical call and response.

Let's *ha* take a look at Job a praying man of God. The Lord allowed our Job *ha* a praying man of God to lose *ha* all that he had *ha*.

One of the sisters from the Shepherd's Committee passed Pastor Hanson a white face towel. Pastor Hanson made one clean wipe of his face and tossed the towel back.

Job *ha* could have forsaken the Lord *na* but he kept on holdin' on *ha*. Handkerchiefs—lace cotton satin embroidered, tangled and dirty, streamed from the pews as Pastor Hanson paraded up and down the aisle. One of the young people in the choir Raja had already been shoutin'. Both her arms were being held by her friends. Natalie and Michelle who had managed to keep their situation on Pastor Hanson's preaching.

Shatanomaoshenda someone cried out seeking in tongues from two rows behind Mother Hicks.

Job *ha* kept on holdin' on. He wouldn't let go of his faith. Job had a wife *ha*. Now his wife *ha* was a prayin' *ha* woman of God. But my God my God

When she saw *na* what had happened to her husband *na* she *ha* being of the flesh *ha* told Job *ha* to curse the Lord and die. Now I don't know *na* but I'm sorry in my mind *na* that Job said to his wife. Ooo child things are gonna get easier *na*. Ooo child things are gonna get brighter. *na* Someday *ha* Saints I said someday.

The congregation sang *na* me *na*.

Someday we gonna walk in the rays of the beautiful sun. *na* Saints *ha* holy on in there *ha*.

The Lord knows your infirmities *ha*. The Lord knows your weakness *na*. The Lord will deliver you like Job *ha* like Daniel in the Lion's den *na* like Shadrach *ha* like Meshak and Abednego *ha*. Pastor Hanson walked back to the pulpit lifting his hand as a sign of surrender. By now half the church was shouting with the spirit.

Mother Hicks was stepping in little circles like a crippled pigeon uttering.

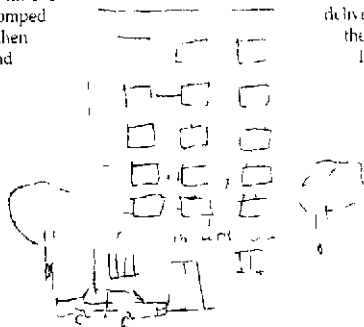
Thank you Jesus in the aisle and two rows back sat Boun or Betty. She shouted more than any other saint in the church and shouted in high heel shoes. She sat in the same

spot every Sunday and danced in

the spirit so much that she once bored

a three quarter inch deep heel sized hole in the carpet. As a result the deacons framed a metal plate in the floor where she sat. Her seat was positioned directly over the church kitchen and the young people joked that if she shouted in she fell through the aisle and into the kitchen they would call her Betty Crocker.

Mother Hicks bought with relish. She boarded the number three train at Luter Avenue. Ever since the new year started the Lord done give Pastor the theme word in I thank God the number-ship by I feel multiply by. He told. She plopped into the church rest to the door. The walk from Rochester Avenue to Luter Avenue in patent leather church shoes was to much



Depression

Eclipse of the Soul: Darkness While the Sun is Shining

by Jennifer L. Rosen

Track marks alone, her red face, arm, betray the truth. A pale white line mars the stretch of skin past her wrist and small, circular brands trail upwards—evidence of her smoking days when she put cigarette tines out on her arm. A half-filled ashtray decorates the room. She turns toward the light; she is so thin I can see through her.

The map on her body is only apparent upon close inspection; it is easy to understand how her mother and friends could miss the scars, shrugging off the damage to herself with a tilt of her shoulder—and a glance, she traces one of the longer etchings with her forefinger. I don't do that any more.

Looking at her desk—on which rests a razor blade—she notices my suspicion and frowning qualifies her previous statement. Not much. She lies in bed for 12 to 24 hours a day and gets up only for class, which she attends occasionally, and parties, which she attends rarely.

Doing her homework would be wonderful, but she can't do any more, because she cannot focus on the words. Sun is also a shade of the time she loses to her cellu-

cetally to wake up or put on clothes. She goes for days without talking to friends or calling home. Every now and then she sits up in bed, wraps her arms around herself, and tries to hold herself together.



She does not have the energy to cry anymore. Since she has arrived at school, she has lost twenty pounds, no one notices except to comment that she should eat more. At least she gets that much attention. Her boyfriend broke up with her one month ago today because he could not handle a long-distance relationship. Her expression is more what she looks up and sees. (The end.)

Barnard Mental Health Services

(BMHS) located in Lower Level Brooks Hall offers short-term counseling, brief daily drug psychology crisis intervention, psychological evaluations, medical consultations, referral, and resources. The first dozen or so visits are covered completely except for medication. Also, because

the therapists are in high demand, a student must pay \$10 for cancelling an appointment without giving 24 hours notice.

More than one third of the approximately 350 students who visit BMHS usually cite symptoms of depression. Normal teenage problems such as mood changes, irritability,

risk taking behavior, and troubles with friends or school work often resemble depression, which partially accounts for why it often goes undiagnosed. One Barnard student points out, "A lot of people go unhelped because of the stigmatization of depression, which is especially strong at school when we are all supposed to be independent & successful workers."

Young depression is an illness and antidepressants, which help, are not a "cure" but a "treatment" like

Words on Prozac

by Jennifer L. Rosen

Conducting research on the topic of depression involved forwarding e-mail interviews to over 300 arbitrarily chosen Barnard and Columbia students with subject headings like "If she took Prozac, would she still be your best friend?" Not surprisingly, the query sparked a great deal of controversy, and brought to light the prejudices of several students.

An excerpt from one woman's answer addresses the issue of negative societal attitudes toward depression. "Being a relative to a person suffering from clinical depression is difficult. People always wonder, 'Are you taking Prozac too?' It is a holdover from the old days where, if a member of your family was diagnosed as depressive, you were considered to have tainted blood. Future descendants of your family would always bear that stigma. It is in the family people would whisper.

Although it is true that a genetic predisposition can increase the likelihood that some one will develop depression, there are many people for whom this is not the case. One man responded that dealing with depression was especially difficult for him because none of his family members had ever suffered from the severe symptoms that afflicted him, which included constant, pervasive thoughts of death and suicide. He said,

If my parents had been more understanding and supportive if they had any idea what I was really going through then it would have been a lot easier for me to have dealt with my feelings. The fact that I could not communicate with my mom and dad and that they were unsympathetic to me, having never experienced the disorder themselves,

Are you clinically depressed?

Check yourself for these symptoms....

Symptoms of Depression

- Feelings of despondency and hopelessness
- Loss of interest in activities
- Changes in weight
- Feelings of guilt, helplessness, and worthlessness
- Inability to concentrate on your work
- Fatigue or loss of energy
- Reclusiveness, decreased social activity
- Thoughts of death or suicide

Symptoms of Mania

- Inappropriate social behavior
- Increased energy and decreased need for sleep
- Inappropriate excitement or irritability
- Increased talking or rambling
- Preoccupied sexual behavior
- Disconnected and racing thoughts
- Impulsive behavior or poor judgment

Anyone experiencing four or more of the above symptoms of either depression or mania (or both) for longer than two weeks should seek help.

made my suffering that much worse. His story has a happy ending though. His depression (through psychotherapy, drug treatment, and the support of friends) has dissipated. No longer impaired by the symptoms from which he once ailed, he can function once again as a sociable, intelligent, witty fellow.

Another student wrote, "When my best friend was actually diagnosed with clinical depression, her psychiatrist prescribed Prozac, and I was somewhat taken aback. I decided to research the drug for a paper, and also to enlighten myself so that I could be more supportive of her. Only then did I realize how much misinformation was in cir-

culating in the media about Prozac and other SSRIs (Selective Serotonin Reuptake Inhibitors). The truth is that there is no such thing as a "happy pill" and that people who are legitimately diagnosed with depression (it also can alleviate the symptoms in some cases) of people who have obsessive-compulsive or eating disorders) can be helped immensely by Prozac. There is absolutely no reason to abandon your best friend who takes Prozac. I was asked in the subject heading, "right now, she needs your emotional support and friendship more than ever."

Jennifer L. Rosen is a Barnard first-year.

Depression

continued from page 8

cluding someone who takes insulin to treat diabetes. More than 17.4 million Americans, one out of every seven adults, develop mood disorders each year.

Women are twice as likely to suffer from major depressive disorders than men, although manic depression occurs equally among the sexes. Exposure to abuse, traumatic experiences or prolonged stress increases the likelihood of clinical depression.

Jennifer L. Rosen is a Barnard first-year.

In the next issue: Dealing with Depression on a Day-to-Day Basis and a Compilation of Interviews with Barnard and Columbia students.

Reaction '96

continued from page 3

Kong, on the other hand, is confident that Clinton will not disappoint the nation, and is pleased that the number of Democrats in the House is increasing.

He is not worried about Clinton's morality being questioned because nothing has been found wrong with him. Karbovsky, however, is very concerned that Clinton has very little integrity and a character that is hardly impeccable.

Both party supporters feel that Columbia University's campus could have been more politically active during the past few months. According to Kong, the small number of student voters can be attributed to people being fatigued by all of the news and not feeling like the vote matters.

The College Democrats held a victory party on Election Day at the West End. Over a hundred people joined in the celebration. Karbovsky contends, "Although the Democrats won the presidency, both the Democrats and Republicans got mandates. Now both groups must work together to make this country realize that it can be

Heather Josephs is a Barnard first-year and a Bulletin Staff Writer.

Where you can get help:

Resources within Barnard

Barnard College Student Mental Health Services—(212) 854-2901

Nightline Peer Counseling (10pm-3am)—(212) 854-7777

WFLI WOMAN Health Promotion Office—(212) 851-3063

Resources outside of Barnard

The Web

<http://www.psych.helsinki.fi/~janne/asdfaw>

Published Books: Copeland, Mary Ellen *The Depression Handbook*

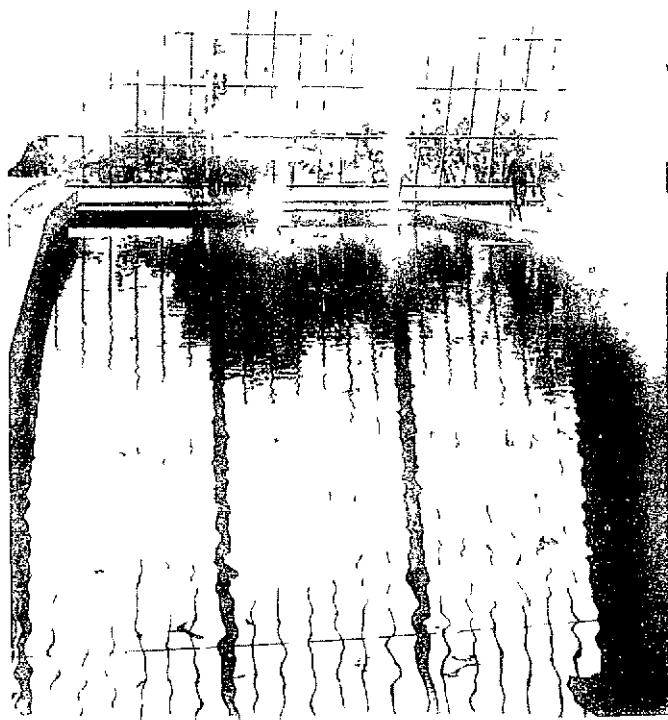
Papolos, Demetri F. and Janice Papolos *Overcoming Depression*

Barnard's First Annual Penny Harvest Needs Volunteers!

The goal of the Penny Harvest is to collect pennies and to turn them into dollars to benefit community organizations. These groups are desperately in need of funding. In order for this drive to be successful, we need a number of volunteers to collect pennies from residence halls and to help out with other related activities. Barnard is the first college to ever participate in this event.

Be a part of this memorable week! Volunteer!

The Penny Harvesting will take place on the evenings of November 17, 18, and 20. For more information about how you can become a part of this exciting fundraiser, please call **Morningside Action** at x32944 or x32955.



111111

THEATER

PREVIEW

A Tapestry of Love and Loss

by Susan Green

A production of *My Sister Sam* will be performed at the University of North Carolina at Chapel Hill on the campus of the Carolina Center for the Performing Arts. The production, which won the Best New Play Award at the Dublin Theatre Festival in 1994,

The production is directed by theater major Megan Kelly (BC '97). When asked why she decided to stage this particular show, she replied that the story really spoke to her. She also noted that there are seven strong parts for women, which is always a concern for my Barn's student hoping to produce a play on campus. Kelly spent her junior year studying theater at Trinity College in Dublin, Ireland. This is an experience that influenced the production, especially the long tradition of Irish storytelling and culture she was exposed to during the first year while in the city of Kelly's own heritage.

In fact, one of the greatest experiences that Kelly had while studying theater was in the city of Dublin. How did it influence her? Kelly stated that she enjoyed the experience of being in a city that she had never visited before. She also enjoyed the experience of being in a city that she had never visited before. She also enjoyed the experience of being in a city that she had never visited before.

is a lesson in taking life. Kelly said that she enjoyed the experience of being in a city that she had never visited before.

Kelly said that she enjoyed the experience of being in a city that she had never visited before. She also enjoyed the experience of being in a city that she had never visited before.



the play is a story of Irish tradition and much more. Kelly said that she enjoyed the experience of being in a city that she had never visited before.

Kelly said that she enjoyed the experience of being in a city that she had never visited before. She also enjoyed the experience of being in a city that she had never visited before.

her role. Kelly said that she enjoyed the experience of being in a city that she had never visited before. She also enjoyed the experience of being in a city that she had never visited before.

Melissa York (CC '97) will play the 100-year-old grandmother, who is zipping, Crandiny French in comments that her character is an existing beauty. Crandiny is large and wise and does this show's work. Andrea Reamy (CC '01) in the role of Beck, emphasizes the opportunity this show has given her to explore playing a middle-aged woman. When asked what the role of *My Sister Sam* meant to her, Melissa Cano (BC '97) replied, "I had to work. I had strength and vulnerability."

Sarah V. S. (BC '98) is designing the set for the production. Kelly predicted that the production will be a success. The set will be complemented by lighting design by Bernard for the department.

Kelly said that she enjoyed the experience of being in a city that she had never visited before. She also enjoyed the experience of being in a city that she had never visited before.

Staff Writer: *Journalist*

Shakespeare's Classic Comedy Updated

by Alicia Bottrwell

William Shakespeare's *Twelfth Night* is brought to the screen with a vibrant cast headed by Helena Bonham Carter as Countess Olivia and Imogen Stubbs as Viola. Stubbs also doubles as a convincingly male Cesario once she dons her disguise, but that comes later.

The movie opens with the minstrel Feste, played by Ben Kingsley, telling the story of two siblings, a brother and a sister, who were separated during a storm at sea. Viola washes up on the foreign shore of Illyria, thinking her brother dead. She soon happens upon Olivia, who is mourning the death of her own brother. Feeling empathy, Viola wants to be near her. One of her rescuers explains to her that there is a duke who wants to win the hand of Olivia, but she has refused him, saying that she will mourn the death of her brother for seven years. Viola decides to dress as a boy and go to Duke Orsino to try to help him with the Olivia problem. Shakespeare is usual doesn't allow anything to go according to plan.

Olivia rejects Duke Orsino. But when Viola (disguised as the boy Cesario) comes to plead the Duke's case, Olivia falls in love with her instead. Viola, along with having to

deal with Olivia, must also be in love with the Duke herself. Later, not tall him because he thinks just she is a boy. There is, by the requisite comic subplot involving Olivia's uncle, Sir Toby, and her servants, Malvolio and Maria. Malvolio (Nigel Hawthorne) tries himself to be above the other servants so Sir Toby (John Mahoney)

conspire to make him appear to be a fool. Unfortunately, the movie doesn't allow this bit to be very comic or much of a subplot. The outcome of their plot line is quite painful and, in retrospect, very hard to follow. The movie's happy ending of the movie.

Ben Kingsley, who plays the great test singer, makes a great singing minstrel and the other characters together bring out a lot of the humor. The music is

not entirely convincing, especially in the first half of the movie, but the way it is used is a pleasure.

The characters, on the whole, are at their best at the beginning and end of the movie. The middle section, by implication, and itself, is a learning when it would really put into the eyes of a king forward to the final resolution with Olivia, Viola, Orsino, and Sebastian. Viola's brother, but I felt like I was waiting through the middle instead of enjoying it. There are some memorable scenes, and especially stands out with yellow cross-garters and wild professions of love (I won't tell you whose and ruin the surprise).

Anachronistic costumes and setting also cause slight problems. Most of the movie seems to be set in some place, really like Victorian England, but occasional odd costumes, like Olivia in medieval dresses and suits in the same scenes with old sailor uniforms, confuse the viewer. There are also some discrepancies with transportation, like horses, being left in the back of the Shakespearean movie, which is my time period, but the movie wouldn't try to cover them all.

There are some nice scenes, like Olivia in medieval dresses and suits in the same scenes with old sailor uniforms, confuse the viewer. There are also some discrepancies with transportation, like horses, being left in the back of the Shakespearean movie, which is my time period, but the movie wouldn't try to cover them all.

Twelfth Night never be

© 1996



Romeo and Juliet

by Christina Callos and Neel Wilg

Last week we
Arts 52

did with a half-formed intention of making fun of it. Hey, we even went so far as to try, before even seeing the movie—to coordinate which inappropriate moments we would laugh mockingly at thus annoying our fellow moviegoers with the exhibition of our obvious, intellectually elitist disdain for mass culture. How could we possibly take such darlings Claire Danes and Leonardo DiCaprio seriously while some aging, multimillionaire filmmaker attempts to give supposedly innocent delinquent generation with flashy images we think will appeal to us? We've already had to admit that we're going through with it, and we're rather happy to make our little



little bit of fun. It has been funny to see the movie's director, Baz Luhrmann, take the time to make a video for his fans that says, "I love you."

For Baz Luhrmann, *Romeo and Juliet* is a love story that takes place in the modern-day streets of Verona, Italy. The film's director has taken the same Shakespearean plot and made it his own. Where he diverges from the original is in the act itself, added to it is a strikingly modern, uniquely American flavor of violence. The Elizabethan language Shakespeare used is being written in the vernacular of a modern-day crowd of teenagers. These changes are subtle and not subtle. Those

of us who have seen the original *Romeo and Juliet* will find it hard to watch Luhrmann's version. It's like watching a young couple in a 1950s setting who are dressed in 1990s clothing. It's a little bit like watching a young couple in a 1950s setting who are dressed in 1990s clothing. It's a little bit like watching a young couple in a 1950s setting who are dressed in 1990s clothing.



journal and Mercutio his best friend is a drag-wearing drug-takin' gun-totin' scream. Verona Beach is a world governed as ours is by the media, which is oppressively pervasive in quick shots of advertisements and in the narrative information conveyed through that 20th-century herald, the television. Indeed, *Romeo and Juliet*'s story is bookended by a reporter who could easily be from *Hard Copy*, reducing the lovers' lives to the boxed-in constraints of a mere news story.

This is a *Romeo and Juliet* punctuated by familiar images trumped up to a farcical degree and backed by a booming soundtrack. The cinematography—all rapid-fire shots and extreme close-ups in the first half of the film—is suggestive of our culture's need for full and immediate gratification. This need gives special significance to the way in which Romeo and Juliet demand each other's love after only their first meeting. In this world, youth and violence are essentially the same: both are final, quick, and unpredictable, and there is never time to lose. The visual brightness of the film, which has Hawaiian shirts, candles, and neon lights aplenty, represents an artificial attempt to conceal the ever-present nihilism flowing beneath the surface. In this film, modern love and death are synonymous; any sense of hope is lost. This is a *Romeo and Juliet* for the Prozac Age, an age that perpetuates unhappiness in order to captivate us.

A recent *New York Times* article asserted that every generation has its own Romeo and Juliet. Our parents had Franco Zeffirelli's in 1968

very clean, very sweet, living very hard to be what its creators could only guess Shakespeare would have wanted. Its tragic hero and heroine were fresh-faced kids who complained a lot and whose deaths seemed little more than an unpleasant mishap.

Not our *Romeo and Juliet*—setting this story in a modern context shows us that Shakespeare was not meant to be pretty. Hopelessness and decay permeate Verona Beach. Death comes not by sad mischance

Setting this story in a modern context shows us that Shakespeare was not meant to be pretty.

but by a way of life that is, by its very nature, self-defeating. Romeo's comrades are not a winsome bunch of merry-makers, but a restless gang struggling to make sense of the strange, harsh world of teenage masculinity. Love and pain are intertwined in this world. The tenderness of the couple's only night together is marked by Romeo's wincing—he has just come from a fight ending with the death of Tybalt, Juliet's cousin. Death, it seems, is an integral part and extension of the necessary pain of the couple's love and lives. Romeo and Juliet are fascinated by their impending demise and ever yearn for it, continually submerging themselves in water in a attempt to test and push the boundary between life and breathless death. The exhilaration of love is intimate,

ly connected to the tragedy of death and powerfully expressed in its water imagery: the two lovers ecstatically kiss underwater while simultaneously struggling to breathe.

Never has it been so clear what a fresh perspective can bring to a classic story. Cine Mercurio, a lot of zed and suddenly his rambling—who it? Queen Mab take on brilliant meanings. Baz Luhrmann has made precise and novel decisions about the dramatization of each line of Shakespeare's text that he uses. These decisions are carried out with such clarity by the actors (most notably DiCaprio and his remarkable expressive eyebrows—Christina insisted that we put in that last part) that Shakespeare's voice becomes alive again and speaks to the youth of our times.

A final word of advice: If you're a purist who is seeking a traditional rendering of Shakespeare's text complete with Elizabethan lilt and mellifluous accents, we suggest you open yourself up to new possibilities instead of just dismissing this offering. Yes, this film is outrageously flamboyant and bombastic, but it most emphatically does not malign Shakespeare's off-rampet story. Rather, it puts a new spin on it, making it relevant to audiences of today. If you are—or if you make yourself open to a modern interpretation of *Romeo and Juliet*, you will be rewarded by one that provides original insight into a literary staple and does so in an uniquely invigorating manner. He'll take Venice to the next level. At your own risk, of course.

Christina Gallos and Noah Wiley are Barnard juniors.

MUSIC CALENDAR

for the week of
11/13-11/19

Rock

Thursday November 14
Ment Beat Manifest: Freaky
Chakras Single Cell Orchestra
(Irrving Plaza)
Mer Clem bride A Don Light
Situation The Sorts (Cooler
Porcupine Regular Einstein
(Irramps)

Friday November 15
Cracker Self Plato (Irrving Plaza)
Fhr (Cooler)
Big Star Yo Yo Tingo Super Trio
(Irramps)

Saturday November 16
Coyote Shavers (Brownies)

Sunday November 17
Lotion Sloan (Brownies)
Weston Hew United Digger
(Wellbuds)

Tuesday November 19
Koolade My Favorite Martian
(Brownies)



Jazz/Blues

Wednesday November 13
Wayne Shorter Blue Note
Frickee IQ (In Indium)

Thursday November 14
Jimmy Smith Blue Note

by • *Bruna Hubbard*

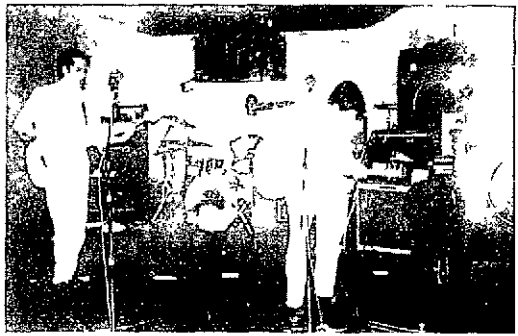
CONCERT

REVIEW

dah-VEED's

EU-phor-IA

Michael Hale and John Thomasson...
...with...
...the...
...with...
...with...



...with...
...the...
...with...
...with...
...with...

David...
...with...



Les CRANES

sont magnifiques

by Anna Akbar

A piece of theatre intrudes on *Les Mouches* a etc présentée a Paris au cours de l'été 1943. Flip the liner notes over and you'll get the translation of *The Cranes* latest project which jumps through the mediums of

sought revenge for the vicious murder of their father. All the lyrics are taken directly from Sartre's version of the play. Unadaptable to be untrue? Hear a music aficionado pointed out this project's simplicity with a musical meter of 1:1 playing throughout the album.

This album is a nice change for any indie rocker. It's like listening to books on tape with a twist

music and drama. This limited edition CD on **Dedicated Records** *La Tragedie D'Oreste et Electre* inspired by *Les Mouches (The Flies)* by Jean Paul Sartre is an eclectic mix of drums, bass and synthesized sounds. This album is a nice change for any indie rocker. It's like listening to books on tape with a twist. Soothing yet eerie. The Cranes produce a revamped, happier version of the Greek tragedy of Oreste and Electra, siblings who

the complexity of the music does not go beyond the very basic. The concept and overall sound of this album is however very refreshing. Each track is the equivalent of one scene. The diamond piece, *La Palus*, is one track which is entirely instrumental. This project could be considered indie rock's assault on classical music.

Anna Akbar is a Barnard first-year

music scene. Doh Veel which is the Spanish pronunciation of the name David has released several albums on the independent record label **Wide Open Records** to an overwhelmingly positive response. They have quite fittingly recently signed with **Allanac Records** in hopes of bringing their unique

brand of musical artistry to a wider audience. Given the bind of eager fans anticipating the return of the Lone Star State, solving the rest of America doesn't seem like such a difficult task.

Linna Rodriguez is a Barnard first-year

Friday, November 15
Kurt Hicks Quintet (Brilliant)

Saturday, November 16
Lou Donaldson, Koolhaq (Cap)

Sunday, November 17
Cyrus Chestnut Trio (Village Vanguard)

Tuesday, November 19
George Coleman Quintet (Village Vanguard)



Classical

Wednesday, November 13
L'Elisa d'Amore (Metropolitan Opera House)
Brigidoon (New York State Theater)
Carlos Prieto (Alice Tully Hall)

Thursday, November 14
La Traviata (Metropolitan Opera House)
New York Philharmonic (Aver Fisher Hall)

Friday, November 15
Carman (Metropolitan Opera House)
Students of the American Brass Quintet (Alice Tully Hall)

Saturday, November 16
Cosi Fan Tutti (Metropolitan Opera House)

Sunday, November 17
Jennifer Lyrmore (mezzo soprano) (Alice Tully Hall)
The Chamber Music Society of Lincoln Center—Brahms, Loeftler (Alice Tully Hall)

Where inarnation did I get these FREE Movie Tickets?

(These freebies are included when you buy a special 10-minute NYNEX Prepaid Calling Card.)



The last thing I remember was getting home about 45 minutes after

I was supposed to call Jen. I was definitely in the doohouse. But I had used up my evanescence trying to remedy a laundry hassle where all of my tighties went way out dyed pink by a single red sock. I couldn't even call her to patch things up.

So I stopped at the store and bought a NYNEX Prepaid Calling Card. The new card came with movie tickets in the package. From that time, not only could I use my Prepaid Card to call her, but I could take her to a FREE movie. I wish I had a magic wand to bring back all the memories I don't remember. It was that or this life.

NYNEX Prepaid Calling Cards (with FREE movie tickets) are available at convenience stores near your campus.

NYNEX

INTRAMURAL HIGHLIGHTS

by Pete Marchitello

The PE Department would like to thank all those who participated in Intramural Volleyball. You all helped make this season a great success. Let us now present Barnard's 1996 INTRAMURAL VOLLEYBALL CHAMPIONS. Congratulations to BUMP IT UP, JAAM, and JSU 1. BUMP IT UP (Women's A Champions) Milagros Dorregaray and Asena Bahce (Co-Captain) Mary Atkinson, Hoi Yan Jung Mei Zhou, Aline Anzaradel and Medha Rammath JAAM (Women's B Champions) Alexandra Ramirez (Captain) Lok-Ping Fung, Ann Jiang, Mona Chin, Stacy Muir, Ofra Biener, Selana Lev, and Jiang, Yizhou JSU1 (Co-Kec Champions) Rhoda Beplovitz (Captain) Simkha Zerkov, Judith Roth, Nicole Hankin, Evan Jacobs, Zachary Greenberg, Robert Sherer, Laura Ackerman, Robbie Millstein, Aline Anzaradel and Andrea Anzaradel. Special thanks to our Volleyball Officials: Sara Byers, Naomi Imatome, Talya Lizar, Rosita Martinez, Rachael Ramirez, Alexandra Ramirez, Elizabeth Smith, Angela Sun, and Kara Turdy.

Well - Woman

Dear Well Woman

I get crampy and irritable and have an unbearable urge to eat chocolate about a week before I get my period. My friends tell me that these are symptoms of PMS, but my boyfriend says that calling it PMS is just an excuse for my behavior. Who do you think is right? Could I be PMS?

Sincerely,
Confused

Dear Confused,

These symptoms could be signs of premenstrual syndrome. In order to make a firm diagnosis, you need to do a little investigating. Keep a diary of your PMS symptoms according to your menstrual cycle and chart the results for at least three months. Then review the chart and see if they seem to follow a predictable pattern. (Check out the book *Women's Health: A Guide to Your Body's Cycles* by Dr. Robert Swanson, M.D., for more information on your symptoms and how to deal with them.)

Some of the most common PMS symptoms include fluid retention, weight gain, acne, dizziness, migraines, headaches, breast tenderness, backaches, food cravings, changes in bowel habits, sweating and/or shakiness.

Sounds great, doesn't it? Most women don't experience all of these symptoms, but rather just a few. Some lucky women never experience any, but that is rare.

You can do some things for yourself to lessen the effects of PMS. Avoid the following foods the week or two before your period: salt, caffeine (coffee, tea, chocolate and caffeine'd soft drinks) and sugar products. Also avoid alcohol and street drugs as they act as depressants and/or stimulants, which affect your emotional state and exacerbate your symptoms.

Vitamin supplements also have been found to be useful in the treatment of PMS. To find out more about PMS, see the PMS brochure which can be found in Health Services or in the Well Woman book at \$5.95.

Remember, you're not alone. If you're having trouble, get through to the Well Woman desk by calling the toll-free number and using the toll-free card.

Sincerely,
Well-Woman

CAMPUS REP WANTED

N&I WIRELESS SERVICE

- ***\$1000+ Monthly Sales
 - *** Free Cell. Car. Pkgs. With 1 Month Conv.
 - *** A Rare Opportunity For Those Who Are 4th Year Students
 - *** FLEXIBLE HOURS
 - *** Will Not Compete With Stores
 - *** HAVE FUN EARNING EXTRA CASH
- Please Contact Agent
(908)230-8000 or Fax
(908)974-3127

**BEST VINTAGE CLOTHING
THIS SIDE OF THE '70S**

Vintage Clothing Outlet

WHY PAY MORE?

(912) 567-1565

ROPA 203

T O U R O L A W C E N T E R

**Preparing Law Students
For Real World Practice.**



- Students attend lectures
- Faculty committed to real world practice
- Graduates well prepared for real world practice
- Not a short long distance program

Programs include

- Juris Doctor (J.D.) degrees
- Master of Laws (LL.M.) for foreign lawyers
- Full part time day evening classes
- Summer internships and externships

**INTERNATIONAL
JOB SKILLS**

M.A.
International Affairs
Interamerican Studies

COLLEGE OF SCHOOL OF
INTERNATIONAL STUDIES



Miami



WE TRY IT

We're pissed. Victoria's Secret is selling a bra that costs one million dollars. Diamonds and semi-precious stones blanket the skimpy padded bra that, according to the catalogue, is "a miracle everyone can believe in." Sorry. We like our pleasures a little simpler, as well as a little cheaper. And God knows, everyone could use some extra joy during the long, cold winter months. So we set out with melancholy thoughts, searching this cruel, heartless city, as well as parts of New Jersey, for trinkets and trifles that'll lift your spirits higher than Claudia Schiffer's boobies. These were the ones that made the honor roll.

GARGOYLE POPSICLES

Oh man, these are da bomb! The West Side V&P is the only place in Manhattan that carries these miracles of invention (they're all over New Jersey, though). Yummy flavors on the outside and (gasp!) FOI ROCKS on the inside. Keep a box or two around and watch your friends' faces when the party erupts in their mouths. And don't be fooled by imitations. Some popsicles promise tingly feelings, but nothing does it better than a Gargoyle.

Price: About \$3.50 a box.

Grade: A. We all were ecstatic, except for Dave. His complacency turned to dismay when he felt the tiny explosions. "These are... these are... I don't think these are right," he stammered. But the rest of us agree that's listening to Dave is a big blunder. (At least in this case.)

DIRTY DICE

Disclaimer: We're not going to play a board game with you. But Dirty Dice, sold at Ricky's Liquor, is a store made to suckle with delight. The pins, found in packages of two, "One die has no pips on it. The other has verbs." We're sure you get the idea. Price: \$3.99.

Grade: B. These are nice because they can be used in a variety of ways. For example, Terms like "I love you" and "I'm not your wife" are good puns, but never

will get lives when they hear "Spin the Bottle." However, we suggest you play this with your most adventurous friends. Otherwise, you'll be forced into a menu.

VIRTUAL FLOWERS

These are the sweetest things to send to people. And if you're a nice person, hopefully you'll get a little buzz off giving someone else a surprise. Just get on the net and head to <http://www.virtualflowers.com>, or pick it up with a search engine like Yahoo. You can pick any selection of flower images, and the object of your affection will receive a notice saying that they have a bouquet waiting for them. It's cute, and they won't die!

Price: One e-card, with a 10-minute (Web) trial, is \$1.95. A 100 e-card pack is \$19.95. (Flowers.)

Grade: C. These are nice, but if you'll take it with you, you'll have to be sure to get the best one. Here's how to do it: www.virtualflowers.com. You can find out flowers will be delivered to you. The price is \$1.95 per e-card.

S SAME, BUT DIFFERENT

At the end of the article, we'll have a list of

I
 H. M. I.
 Cr. M. I.
 I
 Cr.
 IN
 k. S.
 H.
 I.
 M.
 W. I.
 k. I.
 E. I.
 I.
 I.
 at
 Dian. I.
 s.
 h. I.
 A. I.
 C. I.
 I.
 N.



Announcing the

WE TRY IT contest

What's your best **WE TRY IT** idea?

Submit your ideas to the Bulletin, and if you're selected the winner, you'll get to meet the WE TRY IT crew and explore your winning idea with them!



A Shakespearian Love Triangle

Continued from page 113

acting in *The Tenth Night* is excellent. As always, Bonham Carter gives a truly entertaining performance. Watching her face during her dawning realization of love is one of the funniest parts of the movie. While the pacing seems a little bit off in the middle, the cast rallies admirably for the end. The pace picks up considerably as the inevitable discovery of Viola's disguise approaches. The hilarity builds as everyone sees first Sebastian and then Viola, convinced that

they are the same person. The facial expressions really help carry this movie. The camera follows everyone's reactions from utter confusion to total comprehension. There is one thing that special about this movie, and that is the acting, and these actors can't help but enjoy savouring all the more nuanced expressions of the facial repetitions.

The physical closeness, the almost kiss that is barely willed, is another special part of the movie that works well. The one on one timing of the cast is

incredible. While they can't always seem to click in larger groups in scenes that only have a few. Then, interacting their own way. The comedy is very funny, and it keeps you entertained all the way. The movie is a gem, a perfect example of a classic. The acting is perfect, and the story is a beautiful one. The movie is a masterpiece, and it is a joy to watch. The movie is a masterpiece, and it is a joy to watch. The movie is a masterpiece, and it is a joy to watch.

Maura Bothwell is a Barnard

It's Not Too Late to be a Well Woman Peer Educator!



It's Fun, Fascinating & Informative!



Applications Available

135 Hewitt

Outside of the Well Woman Office



For Information call 4-3063

But Hurry!

Breakfast at Barnard

by Sara Storer

The mean reds are like the blues but worse. They reanger the rebellion the color of mud with a rainy day. They stain in cars and on each all you touch with sadness—these are the things I believe.

Her black glove. Like a dirty black wrap around a Styrofoam cup of steaming coffee. The other satin wrapped hand clutches a glass. She wears lace pearls and a sleeveless black gown. Her wide eyes hide behind opaque black shades. Audrey Hepburn is eating her breakfast at Tiffany's.

I cannot count the number of times I have watched Audrey eat her breakfast. No matter how often I sit in

That night I walked back to my dorm and realized that Audrey Hepburn did not just play a confused, frightened young woman in Breakfast at Tiffany's. She played that woman in life as well.

the dark, mouth agape as she saunters across the screen, Audrey's elegant style and petite frame mesmerize me. Admiration, empathy, and pity ricochet between my eyes and hers. Her grim smile stretches across her face. When she stares through the television screen as if gazing through the window at Tiffany's, she neither blinks nor smiles. She looks at me as if looking into a mirror.

She is a woman, lost in a roaring city, who cannot hear her name, her car, nor remove her phone from her suitcase. Throwing black sheath dresses over her bony shoulders, Audrey only scrambles back to her apartment to change clothes between appointments. To slow down would be too scary—she would have to ask her self where she was going and why she needed it so much.

I looked in my Filofax today and sighed. Audier is program planning, and deadlines curse the next few weeks. With so many days already planned and filled, I wonder where I pencilled in room for myself. By mid-semester I am moving so fast that I'm not quite sure where I'm going. My mind joggles through my daily planner to the big red star that says "due date." At some point between lazy summer internships and

loudly November evenings, I forgot how to relax.

Last Saturday, I made time for myself. I went to Barnes & Noble to hear Barry Paris speak about his new biography of Audrey Hepburn. Film titles, LNCH (conference), announcements, and stories of World War II imprisonment spilled from the author's mouth. As I listened, Audrey stared back at me from the hardcover novel that rested on my lap. She seemed to cry out: I did all of these things, but I was never happy.

That night I walked back to my dorm and realized that Audrey Hepburn did not just play a confused, frightened young woman in *Breakfast at Tiffany's*. She played that woman in life as well. Although the film character eventually named her cat and furnished her

apartment, I wonder if the actress ever stopped running in her own life. She never shook her mean reds or had a happy ending.

I don't want to be like Audrey. I don't want to hide behind her big, black sunglasses, blind to my accomplishments and my surroundings. No one should live in that fiery world of mean reds that are stronger than the blues. As Barnard women, we let responsibilities and aspirations pile one on top of the other. Eventually, our hands are so full that things start toppling from our grasp. We need to stop running and ask ourselves what it is that we run from. We can smile and saunter with coffee in one hand and a pencil in the other. We can stop and stare at our own reflections in a window. If we remember to have breakfast at Barnard once in a while, we just might have a chance at a happy ending. We might be able to see ourselves with a smile instead of a blank stare. We might be able to shake those mean reds. Semester ends after all.

Sara Storer is a Barnard sophomore and a Bull Terrier columnist.

lady macbeth revisited

by Lisa Abrams

As all who know me will attest, I am a passionate person. I am passionate about various things: it includes music and writers like my beloved Erica Jong or Walt Whitman. I am passionate about food, especially anything involving pasta or chocolate. And unfortunately I am passionate about sex.

The reason I say this is unfortunate is not because of consequences such as STDs or (if I have any) AIDS virus. That is not to say that I take these tangible physical dangers lightly; on the contrary, I am conscientious, careful, aware and fearful as I believe all sane people living in today's world should be. However, I have other reasons to curse my passion for physical expression and intimacy. When the topic of sex comes up in a setting with a mixture of good friends and

perjurers

the consequences of dehumanizing women into those who are "normal" and those who are overtly sexual reach far beyond my wife's rants about pornography or her occasional rambling about the women who must fight themselves against lawyers' reprisals, the man who raped them. These women are fettered for how they dressed or flirted or their having promiscuous pasts. A close family friend of mine was seduced by a rapist who got free after his lawyer brought out *her* sexual history in court and defended it with "the upstart" reputation of his client. The client's prior conviction for rape was inadmissible. Why do so many of these rapists go free when their victims are devalued sexual beings?

We are completely conditioned to believe that women's sexuality should exist solely as a means to barter with men for love and affection. Women are not supposed to want sex or pursue it for the sake of pleasure.

We are completely conditioned to believe that women's sexuality should exist solely as a means to barter with men for love and affection

I do. It remains a problem even today when our society has supposedly moved beyond that outdated fiction. And so when a woman is depicted as the whore rather than the virgin, it is not seen as impossible to expand the options; it becomes a question of whether she did it, actually, want her to take advantage.

I do. It remains a problem even today when our society has supposedly moved beyond that outdated fiction. And so when a woman is depicted as the whore rather than the virgin, it is not seen as impossible to expand the options; it becomes a question of whether she did it, actually, want her to take advantage.

acquaintances, I join in without reserve. I am open about my views and feelings, and do not shy away from words that others do. As a result, I am rejected by other women, while members of the opposite sex soon forget that I have anything else to offer.

Many people have misread my view of this perverse inability to accept the sexual side of women, but I still see examples of the problem, and I find myself—in the style of Lady Macbeth—asking to be unsex'd. I do not want to reject the gentleness or delicacy of heart that the madress revived, but that the passions of fire are now quite熄滅 naturally humane. And if not humans, but if the human race were to be destroyed, I would not care. I have never loved a man, but I have never loved a woman, either. I have never loved a man, but I have never loved a woman, either.

It is accepted and expected that men talk freely about their sex lives and their desires. However, it is unusual for a woman to be equally upfront about enjoying physical pleasure. Women who are thus open are considered exceptions and viewed exclusively as sexual beings. They cannot be cultured, intellectual and socially sensitive people.

Just What is a Bird in a Cage?

All Grown Up

"What We Talk About When We Talk About Sex"

by Taryn Roeder

Sometimes I wonder if there are any real differences between the sexes besides the fact that women greet each other with warm embracing hugs while men maneuver that multiple hand-shake type thing. I mean, don't we all long for and desire the same things: good books, marinated olives, crisp weather, and waking up next to someone who we might actually see in the morning?

Women, in my experience, desire more. Once we have all that, we still need girlfriends with whom we can discuss it. I could be lying in bed next to Leonardo DiCaprio, the best book in the world in my hand, and a fat jar of Greek olives by my side—but it wouldn't mean anything unless I could call one of my babes an hour later to explain it all to her. We talk about *everything*.

It's not that I'm bad at sex. A friend professed to me the other day, but I'm like the average college band. I need more material and I need to practice more.

This is the way my girls and I talk about sex. And we do talk about it a lot. Every girl I know talks about it: girls who are virgins, girls who have done *everything but*, and girls who possess, as we say, *mucho* experience. Girls who are dating 45-year-old men talk about it (and yes, it's a huge struggle not to burst out *but he was born before color TV!* when they reveal the down and dirty details of their sex lives). I talk about it with single girls, with girls who like to wait and with girls who like to date with guys who, we, boyfriends and girls who have vir friends. We do talk about sex in a moony, romantic way, we do know the raw facts in candid and witty, tasteful and *our information* in search of reinforcement of our *ment*.

I'm wondering, if guys talk to each other in this way, I don't think they do. If they were privy to a similar wealth of information that we share, there would be less mistakes, and our subsequent conversations would be a lot less juicy. While they're out there, I

have a hard time envisioning most guys admitting to their friends that they are bad at sex. I don't deny the existence of locker room Sega playing conversations, but I'm willing to bet money that they don't get half as analytical as ours.

We talk about what we've done, how it was, how it felt, and what we'd like to do.

We talk about what we haven't done. "I feel like everyone else has boarded the blow-job boat and I'm standing on the shore waving as it pulls away," said a friend of mine the other day.

We talk about problems and inconsistencies.

We talk about safe-sex, no sex, and ways of maximizing pleasure.

We sometimes consider the feelings of others. "I don't understand why a girl would take an orgasm," a boy told me recently. "I mean, isn't that like laughing

Every girl I know talks about it: girls who are virgins, girls who have done "everything but," and girls who possess, as we say, mucho experience

at a joke that's not funny?"

Yeah, was the unanimous answer when I posed this question to my girls, but sometimes you've gotta laugh, because the other person really enjoyed telling the joke, sometimes, however, we only look out for ourselves. Don't ever take it, cautions a friend of mine, because you are doing a huge disservice to women everywhere. You're training him wrong and the next woman he dates will be hugely disappointed.

Having information about sex reassures us that everything we do is normal, we gain *after* understanding of the ways men act, and we fear that almost every woman has a female counterpart who shares with similar experiences.

All I know is that when boys can often take me by proxy, talking about their world in ways that keeps me sane.

Taryn Roeder is a Barnard senior and a *Bulletin* columnist.



Gumbo

Vegetarianism

continued from pg. 28

on her orthopedic feet. A young man with a pear-shaped Afro sat across from her bobbing to a reggae music that came from a transistor radio. Mother Hickers feet squeaked on the vinyl floor. *unfret her!* she thought. *Let me see you in a church tract but I'm not a preacher!* *That the angels in heaven will let his blood be on my shoulder.*

The man kept nodding, he read the return key to be playing a keyboard with his toes. A young Hickers inched over to him as much as her feet would allow and slipped the tract in his hand. *Let me see you!* she whispered with chicken-rice eyes. To her surprise to the young man. He kept bobbing his head as he looked at Mother Hickers then slipped the tract in his pocket. *That's all right!* Mother Hicker thought. She positioned her chair seat closer to the young man than the other people would not allow her the top deck.

Susan Clarke is a Barnard senior and a *Barnard Bulletin* writer.

Please direct all comment and replies to: scd6@columbia.edu or SGA CLERKS #888.

SGA NEWS

continued from page 2

safe and friendly feeling chicks that these workshops can be provided.

The Board was charmed to have given her \$50 rather than \$25 as she had asked for. It was 1/3 of their budget of nearly \$150. Ake asked why Barnard could not have its own programs to combat harassment powerful initiatives will be on the upside presumably to assist in the future. She hopes to be able to

share with us the details of the program. I have been in contact with several of the SGA execs and they are all very enthusiastic. I will be delivering a presentation to the Board on Wednesday, 1/22, at 7:00 in the Student Center.

As a result of the meeting, I will be presenting to the Board on Wednesday, 1/22, at 7:00 in the Student Center. I will be presenting to the Board on Wednesday, 1/22, at 7:00 in the Student Center. I will be presenting to the Board on Wednesday, 1/22, at 7:00 in the Student Center.

more likely to occur in its mother (if it is male) and put it in the same cage that makes it impossible to identify it. This lack of movement prevents us from identifying high producing juicy ten year old chickens kept in warehouses which yield 10000 birds. Usually chickens only live in well lit groups of 90 or less so when they are in a large group they cannot find their nest to go to. In order to fight up and cannot sit on the chicks which do not have much muscle and therefore cannot be broilers or fryers, are suffocated with plastic bags.

Being a vegetarian takes a lot of effort and dedication and those whose beliefs are strong the healthiest are in a nice side park. If you are interested in becoming a vegetarian keep in eye out for these 10 ingredients which may look safe, but are not safe to eat as they contain ergamine and lanolin. The 10 ingredients such as Auntie Annie's macaroni, butter, Kim Chi, Chris Hardees among others are listed below.

Clara Wang is a Barnard first year

Every Tuesday the Bulletin has a meeting...

...where YOU can come and start writing!



Drop by for a story assignment any week at 1pm 12B LL Mac

CLASSIFIEDS

help wanted

SPRING BREAK! EARN CASH! Highest Commissions
Lowest Prices! Travel Locations
Only 13 Sales! Free Info! Call
800-476-7710 WWW.sur
splashours.com

WANTED!

Individuals and Student
Organizations to Promote
**SPRING BREAK TRIPS For
MONEY in FALL TRIPS**
CALL INTER-CAMPUS PRO-
GRAMS

http://www.cptccn
1-800-377-6014

\$1000'S POSSIBLE READING BOOKS

Part Time At Home Toll Free
1-800-898-9778 Fax: 1-877-210-
150248

\$1000'S POSSIBLE TYPING

Part Time At Home Toll Free
1-800-898-9778
Fax: 1-877-210-1502

EXTRA INCOME FOR 90

Earn \$500 - \$1000 weekly selling
envelopes. For details RUSH \$1.00
with \$ASE in

GROUP
6537 N Academy Blvd Dept. N
Colorado Springs, Co. 80916

travel

SPRING BREAK 97 Sell
Trip Packages. Earn \$1000
\$1500. Home. Car. Rent.
Group. Only 13 Sales. Free Info.
http://www.cptccn
1-800-476-7710

health

WEIGHT LOSS STUDY 30
Loss. High Speed. 3000
Weight Loss. \$800. 30
Weight Loss. 3000
Diet. 3000

Great GMAT scores
make you
look better



GMAT
1111

GMAT COURSES START ON NOVEMBER 23RD!

CALL NOW TO ENROLL!
(212) 685-1500



THE
PRINCETON
REVIEW

GMAT
1111

CR 1111

academic services

EDITING 1111
1111

1111
1111

BULLETIN CLASSIFIEDS

ONLY \$6!

Call 854-2119

Ask for Muriel or Geri

miscellaneous

SIZED CARS 1111
1111
BMW 1111
1111

GOVERNMENT 1111
1111
1111

THIS FRIDAY ONLY!!
MINORITY CAREER FORUM
NEW YORK

Free Admission

for all Minority

Junior to

Senior

November 15, 1996

The Grand Hyatt

Park Avenue at 42nd Street

New York, New York

10:00 am - 4:00 pm

Meet leading employers

Attend educational seminars

Network with company

representatives

For information
*call **Crimson &***
Brown Associates
(617) 577-7798

Partial List of Employers: All Associates Inc., American Express TRS Co., Andersen Consulting, Bear, Stearns & Co., The Boston Consulting Group, Chase Manhattan Bank, Ernst & Young LLP, Fidelity Investments, General Mills, Goldman Sachs Equities Division, Hewitt Associates, J.P. Morgan & Co., Leo Burnett, The May Department Stores, McKinsey & Company, Merrill Lynch, Monitor Group, Oracle Corporation, SBC Warburg, Saatchi & Saatchi Advertising, Time Inc., Towers Perrin, Ziff-Davis Publishing and many more!

Issues and Controversies in Women's Health

Work and Eating Disorders
 A Panel Discussion


Devra Braun

Share Klayman

Michelle Ayres

Cosponsored by Barnard Student Health Services

WHEN: Wednesday, November 14, 1996
 WHERE: Student Health Building



Westside
HAIRCUTTERS

LISTEN FIRST
ADVISE
MAKE RECOMMENDATIONS
THEN

20% OFF FOR STUDENTS • 10% OFF FOR STAFF WITH C.I.D.

864-2560

601 West 112th Street (Just West of Broadway)

BOOK NOW FOR YOUR FALL GETAWAYS!

Boston	\$ 75
Washington, DC	\$ 75
San Juan, PR	\$ 79
San Francisco	\$169
London	\$123
Paris	\$208
Tel Aviv	\$349
San Jose, CR	\$225
Hong Kong	\$342

CALL TOLL-FREE 800-451-4444

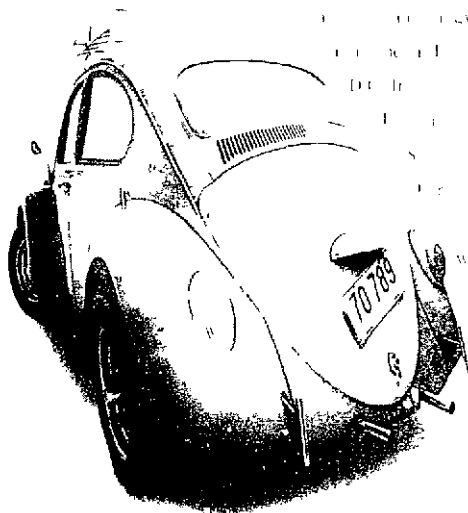
Council Travel

UNIVERSITY OF VIRGINIA

http://www.counciltravel.com

EVANHAPASSES ISSUED ON-THE-SPOT!

With These Fares, Your Car Won't Have To Survive A Trip To Boston or D.C. Just To The Airport.



The Boston or
D.C. Roadtrip
\$51
One-Way. All Day Sat. & Sun. A.M.

 **Delta**

You'll love the way we fly.

If you are Interested in being an RA at Barnard...

please plan to attend
one of the following
informational meetings

■ **Wednesday, November 20**

8:00 pm

Brooks Living Room

Brooks Hall

■ **Thursday, November 21**

5:30 pm

North Lower 1/4th floor

Sulzberger Hall

BARNARD



Applications will be
available at these
information sessions.
If you are applying
will be in the Office of
Student Life 210 McIntosh

Undergraduate students
who are now sophomores
and juniors are eligible to
apply for Resident
Assistant positions.

Application deadline is
Wednesday, January 22, 1997

Visit our Web
page at www.barnard.edu/ra

For more information
contact
Student Life
at 210 McIntosh