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 Bulletin Correction In last week's issue our esteemed columnist Taryn Roeder was excluded from the Maathead. We deeply regret the oversight. Editors In-Chief Catherine Pajax Anne Washbum

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on the cover: Summer's Revelry by Jacqueline Noparstak

# Self-Sufficiency and Sisterhood

### The Strength of Barnard Pride

by cannot spontaneously by rease our

awareness of it by considering what

Rarnard its alumnue and its students

have given to us, and how they have

raised our awareness of ourselves

pride in Barnard. We can only raise our

Lately Barrard students have been reconsidering our school traditions Traditions play a part in unifying our school but they should be a demonstration of what really bonds Barriards students together school pride Part of the pride in alteriding Barriards the idea of belonging to a sistler/hood white retaining self sufficiency. We conside the ancient Greek goddesses to be an inspring embodiment of the union of

sisterhood and self sufficiency

Many women here agree that they like Barnard because it is a women s college. Similar to students at Smith. Wellesley and MI Holyoke, we take pride in being bert of a college that

finds time to focus on our concerns as women as well as provide us with an excellent education. We believe that the emotional and aducational support that we can receive from Barnard will supply us with the strength we will need in the real world.

Barnard in its early years was a kind of ferminne equivalent to Plato's Academy where women unimpeded by men's expectations could determine their path to intellectual and spiritual fulfillment. The idea of borry part of a sisterhood of a sorronty of scholars has an underiable appeal. We are reminded of it every time we walk through Barnard's gates and see the streaked bronze statue of the Goddess of Victory Nike caught in the midst of motion. That statue is the best metaphor for how Barnard students want to see themselves dynamic unfettered and above all victorious.

There is no dearth of reasons to be provid of Barnard What we learn here what we and our peers accomplish and what alumnae have accomplished are all reasons to value Barnard But often caught in the chaos of classes we lorget that we are part of something larger than ourselves. School pinde is often subjugated to the problems of how to achieve more do batter and for too many of our classmates how to thinner and more beautiful. The image in our minds changes from Nike to another myth that of the Superivionan

The classical ideal becomes too easily perveited into the drive follulimate perfection and a destructive compositiveness rips at our sense of sisterhood and our school price. As less than goddesses, can we be self sufficient while being part of a sisterhood? We can be only if we remember that our independence contributes to the power of women as a whole and than our individual strength can help other women find

their strength

Our school pindo is manifested in our fractitions. The purpose of tradition is to invoke images of belonging and of continuity if we as college women must strive as we do towards some image we

should strive to emulate Nike Athena or Diana not a supermodel Kate Mosa is beautiful but she is not negotialing for world peace or conducting new research on psychological methods if we are keeping the image of Kate Mosa in mind instead of focusing on what we can accomplish or how we can help others we are not only cheating ourselves of our goals but we are cheating Barnard of its due.

When we starve our bodies, we show that we are not ready to accept the responsibility of womanhood in depriving our bodies of nutrition we steal intelligent thought from our minds and feed it into insectinity. The same women who are not afraid to express their opinions to other women should not be confined to simpering. "Wow" and "Oh really when in conversation with a man. When we present a different image to men than that which we present to women, we daily lower the heights Bernard women have atterned."

We cannot spontaneously increase our pinde in Barnard. We can only raise our awareness of it by considering what Barnard, its alumnae and its sludents have given to us and how they have raised our awareness of curselves. By the time we graduate who we are will have been determined in part by Barnard, what we have featined here, and how we have grown. Our school pinde will increase with our pinde in ourselves. We will know when that has been accomplished and so will Barnaro.

### Editorial Policy

In order to be considered for publication, Bil Letters to the Editor must be signed by an individual or by a Bamard SGA and/or Columbia Shident Courcet recognized campus organization. Letters to the Editor must be submitted no letter than the Wednesday preceding publication and must include a phone number All letters are printed under the discretion of the Editors opinions expressed in the Bulletin are those of the authors, not necessary Bamard College or the Samard Bulletin. The additional board reserves the notify to edit all submitted material.

The Bulletin Welcomus Letters to the Editor

### BEAR ESSENTIALS

LATE HOURS The Dean of Studies office will stay open late the first and third Tuesdays of every month from 5pm to 7pm

ATTENTION TRANSFER AND FIRST YEAR STUDENTS There will be an adjustment group for new students who would like to talk about sellting in at Barnard this semester Leaders Molanie Sudhel and an academic dean (TBA) will meet in The Beau Parlor in Brooks Hall on Fridays from 12 Jpm beginning September 22 Students should bring their IDs to get into Brooks All Transfers and First Years are welcome.

AN INFORMATIONAL MEETING FOR STUDENTS INTERESTED IN STUDYING ABROAD with be held Thursday September 25 12 ipm in 202 Barnard Hall Please sign up in the Dean of Studies Office 105 Milbank For further information contact Dean Tsell v20024

REID HALL PROGRAM IN PARIS applications are due October 1 in 412 Lewisohn Interested students should schedule an appointment with Dean Tsell in the Dean of Studies office x42024

3 2 JOINT DEGREE PROGRAM WITH SEAS Students interested in this program with Columbia's School of Engineering and Applied Science are encouraged to attend an informational session with SEAS Assistant Dean Jane Garfield on Thursday October 5 at 4pm in the Deanery

PREMEDS If you are interested in attending a mock medical school interview workshop to help you prepare for the real thing " please call Jayma x47599

EDUCATION PROGRAM DEADLINE Applications for the Samard Education Program are due by October 2 For information and an application, stop by the Education office in 336 M bank

HISTORY SEMINARS Come signup for spring 96 limited enrollment seminars between October 2 and 20 The deadline for signing up is October 20 Seminar lists and forms are available in the Barnard History Dept. In 415 ehman

TUTORING is available through the Dean of Studies Office 105 Milbank Because the application process may take up to two or more weeks students should submit a tutor request early

ATTENTION NEW AND RETURNING TUTORS If you were unable to attend the tutoring orientation Meeting held on Sept 18 please be sure to drop by the Dean of Studies Office 105 Miloank to pick up a work contract end an orientation packet, in addition new futors are reminded that they must schedule an interview and file an application with Dean Webster before they will receive an Informa assignments. Questions may be directed to Sharon Abrams v2004.

ATTENTION FIRST YEAR STUDENTS!
If you haven I noticed (actually in sure
you have) studying in college is not like
studying in high school Sign up for
STUDY SKILLS WORKSHOPS by
contacting Dean Webster (leave a
message in 105 Milbank call x42024 or
email her at CWebster) Four one hour
sessions will be held in October focusing
on TIME MANAGEMENT NOTE
TAKING EXAM PREPARATION and
PAPER WRITING

AUDITIONS for Manhattan School of Music Video deadline for January admission is October 15

CAREERS IN PUBLIC SERVICE Juniors interested may enier the annual

competition of the scholarship program sponspred by the Harry S. Truman. Foundation Nominees must be U.S. citizens. The scholarship provides \$3,000 for the senior year of undergraduate education and up to \$27,000 to cover graduate or professional school expenses. Based on ment these awards are given lao students who are college juniors in September 1995 and who have outstanding potential for leadership in public service at the federal state or municipal level. Qualified juniors with a GPA over 3.4 who are planning a career in government service should contact Dean Schrieder by Monday, October 2 42024

#### SENIOR CLIPBOARD

SENIORS Diploma Name Cards for February 96 graduates should be turned in to the Registrar's Office by Wednesday October 4

Important information will be given at the Senior Meetings tomorrow Thursday September 28 at 12pm and Monday October 2 at 3 30pm in 304 Barnard Hall. Come to one of these meetings to learn about the services and activities for seniors provided by the Office of the Dean of Studies the Office of Career Development, the Alumnae Affairs Office and your class officers Fullbright and Rhodes applicants are reminded that the deadline for submitting applications is Finday September 29 Senior Scholar applicants should see Dean Schneider before the Monday October 9 deadline. If you are applying to a graduate program in the humanities (including History) and have a GPA greater than 3.5 you might qualify for a Mellon Fellowship, see Dean Schneider for details

GRADUATE SCHOOL FAIR Tuesday October 24 1pm 3pm in Upper level McIntosh

# Former Biology Pron-

# anes Provoc

### By Joanna Franco

t hat la Pro- st

Eizabeth Buylan ine er io sitting behind the desk, laud

ats a unod estion replied AProvostistic, hie academ office. That roludes overseeing the schools cumulated and the faculty Sometimes the Provinctus also coiled the Dear of he Halully it depends on the s, hoo

Boya farted her (los on as Barnarin's Provost on July Before she came to Barnard, she was a professor of Biology at Queens College for 22 years. She taught on both the undergraduate and graduate levels. She began working in the Queens College ad noistration in 988 and served as acting Provos! there in 992 993

As Provost at Barnaro, her cuties. ude working vith seve at committees. (such as the Faculty Planning Committee and the Committee on Instruction to examine current policies and set goals for new policies. This school year. Boylan hopes to join with the Committee on Te are and other ser o administrators in heig esidents. Council to look entically at the processes. for faculty appointments and tenure

She also plans to put her experiences as Challof Le Undergraduate Curnou um Committee at Queens to use in help ig ler examine. Burnard's curriculum

She said. After reviewing the inspiriten ein bid. cum ulum there are questions we nee to ask the students and alumn. How did trained as a scient, 12 in the to look. they feel about the curriculum? Wha value oid they cain from 12 What information chances should be mail 2.

Boylar riles her extrain en is a since professe as a advanta e r working with different legged out examina diriritire les

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ed he Barnard community in July c. 995

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When not working as a Provost So lan toes in knee up with her twi daugtite's and their activities. She also enjoys color phot graphy and reading ulographies. She counts a cat a dog. the gothly and Welle (shiamong hir

# Study Abroad Changes

by Arrry Zwas

During the summer, Dean James Runsdorf former Study Abroad and Doinesite Study Leaves Advisor, took over the position of Junior Class Dean Dean Timea Szell who was a full time English professor took over Runsdorf's position

Runsdorf is traching Szeli what he calls "the immense amount of knowledge [one needs] to be study abroad advisor"

He said "Timea is quick learner"

Both Runsdorf and Szeli attended the funch time meeting for potential study abroad candidates held in Barnard Hall on Tuesday, September 19 Dean Szeli introduced herself and then had Dean Runsdorf speak about study abroad options. She felt that students would benefit from his knowledge and years expenence as Study Abroad advisor.

"He has been enormously collegial and generous with his time," she said

Students interested in study abroad did not seem concerned that the quality of the advising they would receive would domnish

Dhaha Rosen, BC '97, said, "I have confidence in her"

Szell is continuing some other responsibilities in the English department. She said that she considers being chosen for this position an honor. Szell added that registrar Constance Brown, Dean Aaron Schneider, and Runsdorf are on hand to answer any questions that she may not yet know how to answer. Amy Zwas is a Barnard. Septiomore.

# Here a Dean, There a Dean...

by Amy Zwas

he Dean of Studies Office Incated in 105 Milbank, houses eight years that share a vanety of responsibilities

Dean Karen Blank the Dean of Students oversees many of the other deans in the office. Of the academic advising deans. Dean Marjorie Silvermen and Dean Aaron Schneider are associate deans and the others are assistant deans.

Although Blank supervises the other deans. Dean James Runsdorf noted that "everyone (in the Dean of Studies Office) treats everyone else as equals."

Blank explained that each class has its own dean and the responsibilities vary according to the needs of the class First year Class Dean Catherine Webster is responsible for establishing a smooth transition for students in the new class each fall Webster advises new students coordinates study skills sessions and works with First Year Focus She also advises international students and Centennial Scholars coordinates alloring services and serves as the liaison to the Jewish Theological Saminary

One of the important responsibilities of the Dean of Studies Office is to appoint and train advisors for first years. The office prepares literature to inform new advisors about issues that concern first year students.

Vivian Taylor is the Sophomore Class Dean. She assists students with declaring a major and completing audit forms.

Dean Runsdorf recently replaced Dean Stiverman as Junior Class Dean in addition to his class dean responsibilities. Runsdorf advises transfer students. Business School applicants and School of International and Public Affairs (SIPA) 3.2 program and conts. Besides his Senior Class Dean responsibilities. Aaron Schneider is responsible for fellowship advising and directing resumed education students.

Doan of Transfer Student Services Majorie Stiverman also advises visiting students. Dean Timea Szell who also advises transfer students was recently appointed to be Study Abroad and Domestic Study Leaves Advisor Dean Chrisma Kuan Tsu is the advisor for pre law and international students.

Most deans have other advising responsibilities besides their main positions. Deans Runsdorf Silverman Szell Taylor and Tsu only work part time in the Dean of Studies office.

Deans Runsdorf and Szell both have teaching responsibilities with the English Department According to Szell the two roles complement each other it makes you sensitive to both sides."

Dean Blank explained that she attempts to promote sludent administration contact by encouraging deans to go to student events. According to Blank, this interaction between the deans and the students facultates the deans, abilities to help students.

Aside from preparing literature for new advisors the Dean's office also releases information that is available directly to students Doan Szelf said that she faels that there are many resources in the Dean of Studies office that students do not utilize.

Dean Runsdorf recently published a guide on living abroad for study abroad students entitled Beyond lihe Classroom There is also a list of external fellowships scholarships and grants available from Dear Schneider

According to Dean Runsdorf the main purpose of the office is not to take care of problems that may arise but to help students.

Amy Zwas is a Bainard Sophomore

# Dean's Office Searches for a Premed Advisor

by Jessica Brigish

Bamare has been without a plemedical advish isin el Dean Rowland retired this summer

According to Dean of Students Karen Blank a search is underly for a Health Professions Advisor to guide students towards careers in public health. A committee formed by Director of Student Health. Polly Wheat Professor Rogers of the Sociology. Professors Lessinger at d. Chapman of the Chemistry Department. Professors Herz and Professor Musen of the Psychology. Department have been interviewing candidates for the position. Candidates have also been interviewed by faculty. Office of Career Development (OCD staff and even cremedical students.)

Dean Blank stressed that the absence of a premedical advisor has not in any way compromised the quality of the premedical advising

"Students can be served well by the racadem cadvisors she said

In addition is the is "quite prote of the efforts of the Dean of Studies". Blank explained that professors and administrators ussisted many students with their medical school applications. Marcy Winkler of the Office of Career Development (OCD) has held mock menniews with students.

"Faculty members have been very generous with their time. Blank remarked

Laura Welder is apphonene premedical student says that she is saddened by the departure of Dean Rowland.

She was a realify termic advisor. It is difficult to get premed advice if your major is outside of the sciences—said Welder.

According to Dean Blank, there will be a new Health Professions Advisor as soon as possible Until then, she said the Office of the Dean of Studies is equipped to handle students questions and concerns. She added that Professor Chapman Professor Pagnotia and Professor Hertz are highly knowledgeable, about premedical requirements, and suggested that premedical students might want to seek advice from them as well.

Jess ca Brigish is a Barriard Sophomore

#### Requirements for Medical School

- Chemistry BC 1601, 3230, 3328 3231, and 3232
- Biology BC 2002, 2003, 2001 and 2004
- + Physics 1201 and 1202 or 1205 and 1207
- at least one semester of college level math (another semester is stongly recommended)
- The MCAT

# THE OTHER SIDE OF THE GRACKS

a column focused on commuters

By Yuliana Gomez and Marilyn Polo

On my way home one day as I was silbing on the one train recotecting the day a events and contemplating how tried I was I suddenly heard it from out of nowhere the roar it was the roar of the swiftly moving express train just arriving at the 96 Street from out of the shadows of the underground trinnels that are ris frome "IT 5 HEREIII I screamed to Marifyn efated at its arrival for it was the medium that would speed us to 42 Street without the unnecessary intermediate stops. We reced from one train to the other like crazed mad women (well maybe not this sevegely but pretty close ) and sat with the satisfaction that we would be home 5 minutes earlier than if we had staved on the local.

Like the express train we hope through this column to be the medium that transports news and concerns more speedily from the commuter community on campus to the rest of the student body.

The forum now available for the citien overstocked and site to commuter population at Barnard is "The Other Side of the Tracks" a column mainty geared at gwing commuters a more audible voice among the student hody

We will try to keep commuters informed in touch and up to date with everything of interest around campus. But we hope to do more than that for commuters thus represents a long-awaited opportunity to discuss our mutual expenences, both good and bad and to address the concerns of commuters as Barnard students.

Who will be bringing this information to you? We are two commuters from New Jersey who have for the past year accumulated a myrlad of expenences grievances and aneddoles that we

always wished we could share. We only seemed to be understood or leard by our little circle of what we like to call "commuter buddles." Before Barnard our exposure to the city was farty limited, but not completely ebsent, now however, we feel as much a part of

the city and its spirit as anyone who fives within it.
We want to relay these aspects of the commuter corponence and we welcome any suggestions anecdotes or ideas from anyone who also wishes to contribute.

Yuliana Gomez and Marilyn Polo are Barnard Sopticmores and gartners in crime

Drop all comments and suggestions for 'The Other Side of the Tracks in the medistot on the Bulletin Office door in Lower Level Monitosh noar the Alfschul Elevators

# Alma Mater: A Focus on Barnard Alumnae

By Heldt Nasr

One thing I in most proud of was the April 1980 issue of LILTH. We had a feature on the reproductive rights of Jewish women. On the cover wo found that by positioning wire coal hangers a certain way they would look like the Star of David."

It was a powerful statement on Jewish women's right to their own bodes but Auvia Cantor BC 61 the author of The Egallarian Hagada and Jewish Women. Jewish Men. The Legacy of Palnarchy in Jewish Life, is not afraid of controversy As a co founder and editor of the Jewish feminist magazine. LILITH she presented Jewish women with the first media forum in which to discuss their concerns.

Cantor grew up in the Bronx and received an Orthodox Jewish education at Ramaz Upper School. She spent two years at Barnard, and two at the Hebrew University in Israel. In 1963, she received ther Master's degree from the Columbia School of Journelism Diring the course of her aducation. Cantor became dissatisfied with the way Jewish women were being treated by Jewish men. Consequently she became active in the Jewish ferminst movement.

Cantor's magazine LILITH was named for the ancient legend of Lilith the first woman who flew away after refusing to be dominated by Adam thus leaving Eve to take her place.

The legend of Lilith was an apt metaphor for the Jowish feminist movement of the late 1960s it grew out of a hybrid of the general feminist movement as well as the Jewish Student Movement which sought to bring Jewish students across the country together for discussion and debate.

The Jewish feminist movement was not an organized reaction to oppression Instead it was a series of many small skin rishes happenn more or PSS simultaneously

Aviva Cantor was involved in mally of the skirmishes One example is the commandeering of the United Jewish Allianco (UJA) Federation building ther in midtown Manhattan by students on April 8 1970

"We went in we took over the building and the phones we published their budget— ro one had ever done that before—and we demanded they give money to Jewish education. We re seeing the published they give more than the published they give more than the published they give more than the published that they are seeing the published that they are seeing the published that they are seeing the published that they are seen to be published they are the published they are the are they are the are the they are they are they are they are they are they

years we're seeing the results. So it's of proofess

She speaks with admiration of the turbulent learly years of Jewish femilism

"People were always moving around going to Israel doing research here traveling there. Everyone would run around get ideas, and discuss them sometimes submit articles to be published. All the time there was discussion writing companing ideas. It was a good time.

Unlike the general feminist movement which saw its downfall as a result of frying to accomplish too much with subsequent righting among its members. The Jewish feminist movement succeeded to a short white because its participants expected not to be taken venously and subsequently had no distillusions about their own effectiveness. At a conference for Jowish student groups in Zeigh riville Pennsylvania in 1971, the feminist groups caucused to discuss their goals.



of equality

When they presented their findings the men belittled and mocked them. Additionally Jewish newspapers refused to cover the First National Jewish Women's conference. These incidents convinced Cantor and her cofounders of the need for e magazine like LILITH which had its first issue in 1973 after a gestation of two years.

As for young Jewish women who want to got involved in Jewish feminism today. Cantor leaves them with this advice. Young Jewish feminists are the only ones who know which of their needs they want addressed but they should communicate with the older generations to share experiences. They need to consider what they have wall they have lost and where they are now. That is how they can gelermine the kind of Judaism, we want for the next century.

Heidi Nasris a Barnard Sophomore and The Bulletin Features Editor

# Star of David, Shame of Eve

### A Jewish feminist discussion analyzes the power of Jewish women

By Heldi Nasr

A Jewish man dreams that millious of diamonds are builded under a bridge in a nearby fown in the morning he sets off for the fown carrying his shovel. He gets to the town and sees the bridge just as he dreamed it. He runs over to the bridge and starts digging funously below it. An officer walking over the bridge fooks down "What are you doing?" he yelfs "I had a dream that below this bridge were diamonds! the Jewish man yells back. "You old foot "the policeman replies." I had a dream that an old Jewish man had a treasure in his very own backverd."

This parable according to Aviva. Cantor BC 61 and the author of Jewish Women, Jewish Men. The Legacy of Patnarchy in Jewish Life, describes the state of Judaism today. Cantor believes that too many Jawish people ignore the treasure of Jewish culture in their own backvards and on searching for meaning elsewhere. She addressed the issue of Jewish Identity and especially the role of Jewish feminists in a panel discussion co-sponsored by Ma Yan (The Jewish Women's Project) and the Barnard Center for Research on Women The panel discussion was part of Ma Yan's "Fruits of Our Labors New Books by Jewish Feminists' series. The panelists were Aviva Cantor Harry Brod. Ph D Assistant Professor of Philosophy at the University of Delaware and Adena Berkowitz JD DHL BC 81 an altorney with a doctorate in Jewish Eth cs

Cantor feels the need for a Jawish community that will educate its children about their heritage while giving its women an equal voice in Jewish rituals and life.

"What we need" she says its more Jewish aducation for Jewis There are many Jewis who know nothing of Judaism. How do you form a Jewish community if so many are out of the folg? she asks

Cantor says that the role of secular Jewish women has changed significantly since the Jewish feminish movement started in the late 1960s and early 1870s. However, they still have a long way to go in reaching squality

"The ordination of women as rabbis] was like one fortress fell. Yes well, there are a whole bunch of other fortresses still left. We can't become completen."

Through the impetus of their original movement. Jewish feminists accomplished many of their goals. Among these goals were the ordination of women as rabbis and the acceptance of ceremonies for women equivalent to those of men such as a naming ceremony for beby gris which took the place of the traditional circumciston peremony for baby boys called a bins.

Orthodox Jewish women have made gains as well even though they are seeking to modernize a form of refigion that is deeply ingrained in Medieval conceptions of women. Their most significant accomplishments have been in the area of divorce. Orthodox Jewish women wore not allowed to present their husbands with divorce papers and if they wanted a divorce that was sanctioned by Orthodox Jewish law they had to convince their husbands to present them with divorce papers. Now there is a system through which Orthodox women can militate divorce.

For their part secular Jewish feminist scholars with prayers hagada as well as revise the liturgy to include women Bull the ranks of scholarship are closed to most Jewish women and Cantor wants to see non scholars get involved in determining their rote in the Jewish community.

"The whole reason the [Jewish feminist] movement started was because women wanted to prove they were roally adult Jews. We needed vahidation. Our knowledge of Judaishi was a kind of downy we could offer to the Jewish community, but as II was we would talk to men and they would go on talking as if we had never spoken it was infunating."

Cantor befieves that a good Jewish education is necessary for Jewish women who want achieve equality in their community.

Or Berkowitz agrees "Women who want to change Judaism first have to know the texts. We can't go in half informed."

In Jewish Women Jewish Men. Cantor ascribes many of Jewish men s sterectypes of Jewish women to matriphoble. She says that the stereotype of the JAP (Jewish American) Princesa) which portrays Jewish women as materialistic and frigid was devised by Jewish men to control the power of women by mocking it Additionally Cantor believes that many of the Jewish male insecurities towards women or blacks resulted from their lear of engaging in aggression. Or Brod agrees "Jewish men suffer from a feminized image, as compared to men from other cultures. Within the patriarchy, there is a hierarchy of men and Jewish men do not have strength in that hierarchy

Aviva Cantor believes that the solution to the quandaries of Jewish women can only be found after much debate over the issues at hand. People are so anxious to get to the action all the time. Why can tive debate? It is the only way to find out where we relat and where we want to go.

Heidi Nasr is a Barnard Sophomore and the Builetin Features Editor

If you would like to learn more about Jewish feminism you can write to Ma Yan the Jewish Women's Project 180 East 80 Street, New York NY 10024

# FIRST-YEAR SHARFS EXPERIENCE

by Alex Chantecadie

I kneel on my bed with my chin in my palms as I peer out my window I stare hungrily at the masses of per ple walking talking smoking and dedoing each other five stones below me. I feet like this is my corner. The second windlest corner in New York City, the southwest corner of 116 St. and Broadway is mine

Don't get me wrong I don't spend every free moment of my day stannor down at strangers. Lam beginning to see a pattern though it seems that immediately go to my window when t first walk into my room. It's like a TV but more exciting because of the constant chance of seeing someone I know I suppose that is the real reason that I took out of my window for mirutes. at a lime it is the hope of seeing someone I know recognize distike have a crush on whatever Bulleach time I have to resign myself to the reality that I will rarely if ever see anyone that

AS I SELF-CONSCIOUSLY WALKED THE PATH IN FRONT OF LEHMAN HALL ALL THAT THEARD WERE SOURALS OF FRIENDS FINDING EACH OTHER AND SUMMER STORIES TOLD IN AN INTIMATE FRIENDLY MANNER.

Eknow

So I guess that's why I feel so lonely here. Leaving home wasn't a big deal for me, but leaving my friends was. And although it took me three years at boarding school to find them I semehow thought that support system would be instantly recreated at Barnard

During Orientation this realization wasnit as hard since everyone was having the same experiences, but once the second week came if became more

painful to deal with As itself consciously walked the path in front of Lehman Half. all that theard were squeals of friends finding each other and summer stones told in an intimate friendly manner

And then came meals At my sld school my friends and had silently reserved three lables on four side of the diring half Meals were the most lulfilling and laughte filled part of my days At Barnard Il-cuch came the confusion of the meal plan. No more come in and go out when you want. Oh no. You stand in impossibly form lines. to pay while your food oats cold and stale present your ID decide if you want to use points or a meal (which I still haven tingured out) and then God help you if you have to find a place to sit down I m constantly choosing between bunder or company. Do sacraice my place in line to go get my three friends in their rooms to eat with me even though I would probably find no one home? Or do I just deal with it and eat alone? Luckily I have run into friends in

> the caletena or made plans beforehand to meet But still it remains frustrating that most essential basic

thingseating has

become this monstrous panic attack. Of course the fact. (or maybe illusion) that everyone else knows what they re doing doesnithelpime If anything Tive learned how to take that same porchalant matter-of fact look

The library has been another uverwheiming experience in itself. After proving my identify once again and guing up to the wrong floor, I wandered into the Barnard library looking for anvene resumbling a librarian. No one

cared to look up from their books (as if they were all that consuming) to help me or send me in the right direction. In a daze I saw a sign reading "Reserve Books so purposefully marched through swinging doors only to be told by an older man that if I needed help with anything I should stand on the other side of the counter was too confused to be embarrassed by my intrusion cast the employees only' limits He instructed me to look up the reserve book on the computer and ask for it using the call number. Okay "I thought I can do that "Just find a set of numbers which possibly come after the word CALL But of course I should have known that it could never be that simple that logical! All that appeared on my screen was the title, author and date of publication. Utterly at a loss of direction. I marked these down and banded them to the desk attendant. Upon glancing down at these numbers and letters, she cave out a little snort as if to say fand. what am I supposed to do with these you ignerant little freshman?" After several fruitless attempts at finding this elusive call number the two librarians decided my book didn't have one. After all this confusion and misunderslanding it turned out it wasn't even my fault Won't be going back there too soon!

Every time I manage to remember my box number and retneve what I presume to be tons of mail I am bombarded with every organization on campus coercing me to join, try out, and become part of the Barnard experience And for a split second think of how my life could possibly be more fun and involved, and how vastly improved their club could be if only could make it to the meeting next Tuesday at 9 p.m. but then. I am tupped back into reality by the weight of my books and the subliminal constant wail of homework Between each page of notes I have a

To Do list strawled do in with eathing ever crossed off

But their again it seems that I purposely try to keep myself busy im almost scared to have too much lime with which to be bored and lonely. "his Saturday night I went to the I brary with I a junior friend of mine. He had many books to read by Monday i ended updoing three days worth of Psychology. homework just to keep myself busy. As much as this is the hub of it all New : York City it can still be a quiet lonely place. Barnard decends too much on the city to baby sit its students. Not that I want chaperoned dances every weekend or floor parties (honestly I got enough of that at boarding school) but this place is so individualistic that I wonder how many people get left

### BETWEEN EACH PAGE OF NOTES I HAVE A "TO-DO" JIST SCRAWLED DOWN WITH NOTHING EVER. CROSSED OFF

behind overlocked or torgotten?

Thave to say though that compared to Columbia, the paths at Barnard are a much friendlier place to walk. Maybe it s. due to the close proximity of the buildings but people are closer and more human here. When I walk across Columbia's campus it seems as if everyone is in a death march senously intention getting to their destination with absolutely no time to stop and talk or even smile

I guess I m just overwhelmed by the unbalanced ratio of strangers to friends. know we only been here for a few weeks and everyone tells me to give it time but feetrenty) visible I suppose only time will make me a more permanen fixture on this compus-



#### Dear Well-Woman

A friend of mine confided in me that her boyfriend is physically abusive to her. He takes advantage of her by bitting her and calling her bad names. He justifies what he does with accusations that she's cheating on him, but I know she's not!

I know she's scared of him, so I told her to leave him. But she won't break up with him I don't understand. What should I do? I am writing to you for advice because I can't stand to see my friend gelting slapped around anymore

### Signed, Deeply Concerned

Dear Deeply Concerned

Thank-you for writing. Your friend is not alone. Many women are abused. physically, amplionally, or saxually. Abuse is never justifiable for any reason The best thing you can do for someone who is abused is to be her friend and just be there for her. You should listen to what she save without interruption or judgment. Make sure that you don't blame her for staying with the abuser because she is probably used to being blamed. Be as understanding as you can and believe her

il is importent to realize that if will be difficult to talk about this and that her emotions may be confused. Don't project your standards on to her or tell her what to do Allow her to feel comfortable with herself

il von're warded and concerned about her safety tell her! Be supportive to her by pointing out her strengths. Be honest and build on her positive traits

You can help her find the agencies and resources in the community that offer counseling and locate a support group You might offer to accompany her to show that you are supportive of her decision. However, don't force her into any action she isn't ready to take such as filling for an order of protection. You can suguest action, but don t badger her

Most of all continue to be her friend and maintain a normal relationship with her. Enjoy her company and don't spend all your time together pushing her to reveal things to you

### Good Luck, The Well-Woman

PS You're welcome to stop by at Health Services of our Well-Woman Poer Education Office at 135 Hewitt if you have any further queations

# New University Sexual Assault Policy Provides Students With Options

by Posha Zubair

The new Columbia University (CU) policy on sexual misconduct adopted by the CU Senate on April 28 1995 for a three-year thal penod, gives students an alternative to the existing form of discooline in cases of sexual assault

Under the existing procedure known as Dean's Discipline, if a student is sexually assaulted a formal compleint must be made to the accuser's Dean of Students. The Dean of Students of the accused student conducts an investigation or hearing and decides what if any, disciplinery action should be taken.

The new policy is aimed at providing students with a formal hearing procedure and greater access to the disciplinary process. Another goal of the policy is to standardize discipline amongst the schools in the University

The new policy is aimed at providing students with a formal hearing procedure and greater access to the disciplinary process

Currently, all of the schools of the university have adopted the policy with the exception of Teacher's College the Law School and the College of Health Services Representatives from Teacher's College and the Law School say that the policy is currently under review Each school already has developed its own policy on sexual misconduct. No one was available for comment at the Medical School

Beth Wilson Associate Provost for Equal Opportunity and Affirmative Action heads the office in charge of administering the new policy Wilson said that although the discipline action is still ultimately decided by the deans the new system should standardize proceedings somewhal as well as providing comprohensive effective services and discipline.

"The more options there are the better" Wilson said

Wilson points out that the existing Dean's Discipline remains a viable atternative for any student who prefers it especially because it is less complicated than the alternative procedure.

Under the new procedure, a student who feels that she or he has been a victim of sexual assault can consult one of nine gatekeepers gatekeepers will be University geans and assistant deans.

Wilson is currently overseeing the selection and training of gatkveapers hearing panelists and volunteer advocates. Volunteer advocates coordinated by the Rape Crisis Center will be available to victims of sexual assault for any of their needs from personal support to advice on legal and University action. Many of these positions are being selected from hists of candidates compiled by dean's offices and student organizations. Candidates ensitive to issues of recal and gender equality are being sought.

The first training session for those involved with administering the new policy which Wilson promised will be intensive is being held on September 29th Wilson also said that once the task of training has been completed she hopes to publicize the new poticy and services as much as possible.

The sexual assault policies begin when a student consults a galekeeper. The galekeeper appraises the student of his or her options. If a student wishes to file a complaint against another student, this complaint must be

submitted to one of the gatekeepers who ascertains whether or not the slucents case meets the criteria for a formal hearing

If the gatekeeper decides that a

Wilson points out that the existing Dean's Discipline remains a viable alternative for any student who prefers it Especially because it is less complicated than the alternative procedure

hearing is warranted three panelists are chosen out of a pool of panelists to hear the case. This three person panel is comprised of one faculty member one innversity administrator, and one student None of the members may be affiliated with the school of the accused. The decision of the panel must be unanimous in order to find the student guilty. If a student is found guilty recommendations are made to his or her Dean of Students who then datermines what disciplinary action will be taken.

If the gatekeeper decides that the evidence is insufficient for a hearing, the plantiff may appeal in this case, two separate gatekeepers will decide whether a hearing is appropriate. A student who is found guilty by a hearing panel may appeal to his or her Dean of Students. If the plantiff decides to bring legal charges against the accused student as well, the University's disciplinary process is suspended until the legal proceedings have been an wheteel.

Eurydice Kelly Barnard Student Government Association President and former University Senator was a member of the Student Action Committee that made an issue of the sexual assault policy According to Kelly the committee decided on a proposal in the spring of 1994 and the Senate finally adopted it last spring. When asked why the University waited so long to establish a unitied method for handling. Instances of sexual misconduct Kelly blamed lack of initiative to make changes and tectious bureaucracy.

In 1991 Fred Catabano then the Vice President of Student Affairs for the University was asked by University Proyest Jonathan Cole to head a committee to look into the issue of a sexual misconduct policy. After Iwn years the Calabano Committee submitted a proposal for a new policy to the Provost who then gave the proposal to the CU Senate Committee The issue was taken up by the Student Action Committee of the Senate in 1994. The Senate then decided to create an ad-hoc committee of faculty administrators, and students to write a new policy

Copies of the University policy on sexual misconduct as well as the policy on disciplinary procedures can be obtained from the Associate Provestor Equal Opportunity and Affermative Action the Ombuds Office all Deans offices and the Barnard-Columbia Rape Crisis Center. The policy can be found in the FACETS booklet, along with information on emergency support services.

Chns Galrois a University Senator and one of the Senators who supported the policy when it was being debated last spring said. 'Its my hope that the sexual assault policy will be an important contribution to the University community. I trust it will be and will prove beneficial to all those at Columb a."

Posha Zubair is a Barnard First Year

# Simplifying the New Sexual Assault Policy

### •What happens first?

The complainant or representative meets with a gatakeeper. Then a formet written request for a disciplinary hearing must be submitted.

Within five workdays, the gatekeeper investigates the request and decides whether a hearing is necessary

# What is the criteria for approval of a hearing panel request? The incident must be within the University Senate's definition of sexual misconduct. The datekeeper must find that it is feasible that this miscoduct occurred.

The incident must have occurred on University owned or managed property on property within the immediate University area or at a University sponsored event. The accused must be an University student. The incidents must have occurred within 180 days from the time of the written request.

### . What if the request is rejected?

A student can submit a written appeal within five working days. Within ten days two other gatekeepers are then called in to decide if a panel is necessary. If this request is rejected, there is no opportunity for appeal.

# What happens when the request for a hearing is accepted? Within 30 days of the gatekeeper's decision a panel is convened. The accused is notified and has two weeks to respond to the allegations. Within two weeks of the hearing, the accused and accuser are notified.

### ·Who is on a hearing panel?

Each hearing panel consists of one student one faculty member and one administrator These members are drawn from previously trained pool of people The names of members of individual hearing panels is kept confidential.

# • What if the accused is found not guilty? There are no means for appeal

### What if the accused is found guilty?

The accused has one week to submit a written appeal if the accused is found guilly disciplinary action is decided by the Dearis

#### University Senate's Definition of Sexual Misconduct

Saxual misconduct is non-consensual, intentional physical contact of a sexual nature which includes but is not limited to, unwelcomed physical contact with a person signification but the contact with a person significant physical includes or breast, tack of consent may be inferred from the use of force, coercion physical intendation or advantage gained by the victims mental or physical incapacity or impairment of which the perpetrator was aware or should have been aware.

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### Maninfranttann Panntansifferar

Painting America's Hing

by Abigail Dye

And out of all that grew an amazing thing/ Which i think is America having its fling. And what I should like to do is to paint this thing. Floring Stettheimer

to paint this thing. Florine Stettheimer. Stettheimer did paint. "America. Having its fling..."

Manhattan Fantastica an appropriate title for the exhibit currently at the Writhey through November 5 features 56 of Florine Stetthermer's paintings Stetthermer's paintings depict life in Manhattan as it was in the 1920s and 1930s from the perspective of a wealthy woman of the Avant garde circle.

Sterner painted with muted pastel colors that she thickly applied to her canvases making much of her subject matter look as though it is something delicious to eat. Her works depict the inactivity of the upper class. many of the paintings show expensively but gaudily dressed people lounging in chaises drinking cocktails and swimming in lakes. Stellheimer represents the idleness and hodonism of the upper-class in her paintings with a hint of disdain, but with the understanding that only a member of this exclusive social group could 0053955

Statthermar's senes of "Cathedral Paintings' represents the generally materialistic and care free feeling of the 1920s. Il displays churches painted so brightly and omately that they convey a feeling of irreverence to the observer One painting titled The Cathedrals of Wall Street seems to poke fun at the creediness of the nouveau riche and emphasizes the instability of the economic conditions of the 1920s. The painting is deceptive because while the larger than life objects promote a fee ing of stability its cotton candy colors represent the playful fantastic atmosphere of the day. The Calliegrals. of Broadway and other caintings in the Cathedral Series depict popiculture.

and Manhatan philitics of the 1920s and 1930s which though they are irrelevant and unfamiliar to today's viewer nonetheless create an interesting retrospective that is aesthelically deasing

On a more personal level Stetthermers portraits of friends and family members create a strong contrast to her other paintings. The colors in he portraits embody the brooding tension of their subjects. Eyes are often painted red and made to look discouraged and clothing is painted in dark colors. The styles are usually constitutive, and the faces are painted a dismal white. The unnaturally formed bodies of Stetthermer's mother and two sisters are posed stiffly standing or lying languidly reflecant but austers estimate.

Sletthermer's self portrait features her lenguishing in a chair in a carden. staring blankly into space with bored eyes Aportrait of her sister Ettle shows a young woman resembling a vampire reclining in a chair with a dark inky nighttime sky high above the stars and the moon A flaming Christmas tree ominously illuminates her sister's sad face. This painting is enigmatic and unsetting because its dark and bright contrast largely uncharacteristic of most of her work gives it an indescribable intensity. Stettheimer's portraits oppose her other paintings in the sense that they depict something sad and deeply hidden while the subject matter of her other paintings seems much lighter and more impersonal

Stethermer paintings are more representative of the members of her own wealthy Avanl garde social circle than of the rest of the country but he works accurately depict the recklessness of the roang twenties. This accuracy along with her imputance as an Avant garde artist make this exhibit on invaluable expanence.

Ahgar Dve sp.Baireru S. Figine

# EMINISM ACTIVITY, AND ALLYSION SUSAN LOQUIGIAS WHIRE THE GIRLS ARE

by Ann McCarthy

Where the Girls Arc. Growing Up Female With the Mass Media. Susan J Douglas sometimes scathing always engaging feminist media. Instory received rave reviews from a variety of sources, and justify so. Recently released in paperback, it is a must read for females everywhere.

Douglas is as she says in her introduction. The book is in part an effort to understand how her generation grew from dressing like Gidget and screaming for the Beatles to throwing out their bras and fighting for their rights. She traces this progression in relation to movies music. TV shows and other cultural influences that impacted her generation. Her crisp, furry, style results in an extremely readable synopsis of the women's movement, and a lively reminder of the impact that the media has on out lives.

She starts off by tackling the Walt Disney films that her generation and unfortunately all generations since were raised on. Douglas gives some mention of the more abvious flaws with these cartoons, like the become a impossible waisilines and the dependence of their happiness indeed of their very survival on marriageable men but she coes further than these observable criticisms. Comparing Disney's version of Peter Pan, with James Barrie's original novel she finds some disturbing discrepancies. In the film. Wendy was entirely demurring and subservient to Peter ever cleaning his treehouse and si'ently accepting his but downs Douglas tells us in Barrie's version that "Wendy has a mouth on her-"and is "pretty patronizing llowards Peter In reference to the character of Tinkerbell in the book, Douglas writes. twe don't get beat over the head with the releniless Disney equal on vanity means a cirl is probably evil and deserves to die." Her attention to specific details may seem obsessive but it is these details that form the culture so intrinsic in shaping its all.

Another aspect of culture that Douglas looks at is music Exploring phenomeror ٥ί Beatlemania she comes up with a couple of interesting conclusions First she explains their extreme popularity (at least circa il Wanna Hold Your Hand I as a result of their possessing feminine qualities and thus being somewhat asexual and unthreatening Also

she maintains that the hysterical ways in which cirls reacted to the Besties broke social rules about how young women were supposed to act, preparing them for later greverence during the feminist movement. She devotes an entire chapter to 1950's out groups like the Shirelles and gives an excellent argument to the many critics who dismiss their music as useless bubble guin pop. Girl groups maltered because they gave a voice to the conflicted feelings teenage girls had about sex just. oner to the advent of birth control and free lave. The scope of our group music was quite wide including sappy submissive love songs and empowering pre feminist sonds

Douglas analyzes a variety of films television shows and historical events in the same insightful way taking us through the beginning of the feminist movement all the way into the 90's Her



Douglas refers is their Bestleman a as "a collective jailbreak."

fast chapter attempts to summanze where the ferminal movement is at today pointing out that largely due to media influence ferminism has become a wordwith nasty connotations. As a result of this many young women disassociate themselves from the women's movement and preface potentially influentially influential including the properties.

In the appendix entitled "How to Talk Back" Douglas outlines some ways that we can show opposition to aspects of the media that infunate us and gives addressed contact several media giar ts. How refreshing it is to come across an author who when the analysis comes up with some sendus flaws she axes action and to empowers us all to do the same.

An i McCarthy is a Barnard Sophomore and Bulletin Arts Editor

# Who has the Run of the Country?

by Moira Hennessey

"The Run of the Country is a story of love, love between a boy and a ord between a father and son, and a love for Ireland " says Castle Rock Pictures. of Peter Yates latest film. Set in the endless hills of a small village in County Cavan just south of the Northern Insh. border. The Run of the Country follows. the life of 18 year old Danny (Matt. Keeslar) beginning with the devastating death of his loving mother Lost Danny runs away from home to escape his controlling father (Albert Finney) a police sergeant, who loves his son, but strives to manipulate Danny's surroundings, both at home and in their smali (nsh villace)

Danny goes on to explore a new side of village life with his outrageous finend Prunty (Anthony Brophy) also referred to as "Coco" Prunty is a hitanous character full of cotor and life. Although his role seems to be mainly comical writer Shane Connaughtion suggests that character embodies ireland itself. Brophy supports this saying "Prunty is freland daring cunning and loyal. Through Prunty's wild life. Danny and the viewers experence the voltable politics of living on the border of Northern reland and the Republic of freland.

Damy although content with his new life still feds an emphress because of his mother's death. This void in Damy's heart is filled by his first love Annaug Lee (Victoria Smurfit). Annaug tives north of the border a detail which eventually threater's her relationshill with Damy.

Throughout the film Danny's father seek minselfin Danny Wishing a better life for his son he pressures Danny about his future. Yet as time casses Danny's father begins to express his love for Danny. Similarly Charty bog is to understand his fattler and sees parts of his father in himself. As more tracedy.



Antony Brophy is Prunty is a free-sp nied irish in "The Run of the Country" directed by Pater Yatas

ensues. Danny survives and takes charge of his life and future.

The Run of the Country is set and filmed in Shane Connaughton's home town in County Cavan, Many of the characters and events in the screen play originate from his own exceriences. Cornaughtor commented that the character of Danny's father represents his own father. The actors believe that their surroundings beloed them, portray their Insh characters more accurately Anthony Brophy said being here everyday and being ion the locations the deople get to know you, they get to see you. You kind of feet yourself that you are a part of it. The viewers gain insight into the characters lives through symbolism, foreshadowing and tasteful flashbacks engineered by director Peter

The film is blin establishes an induction in the film. The Rum of the County means absolute freedom to do as one pleases. However the reality is hat no one has the rum of the country. The country has the rum of the country has the rum of the charactes advants the film. As Chimacablion sams up. In the country has got the rum of the same as the country has got the rum of the same as the country has got the rum of the same as the country has got the rum of the same as the country has got the rum of the same as the country has got the rum of the same as the country has got the rum of the same as the country has got the rum of the same as the country has got the same as the same

country and the country will be there long after we re-gone. That's been the case for every generation since time began. "A second theme running through the film is embodied in the phrase. "It's the living that have got to be resurrected not the gead." which is repeated throughout "his is shown specifically through Danny's mourning of his mother and his experiences with further trapedy."

Another outstanding characteristic of the film is the balance between male and female roles. The male characters. are strong and forceful without causing the women to appear weak. The female roles, usually mothers and wives, have strong qualities as well primarily of kindness and love. Predictable at times and surprising at others. The Run of the Country is an excellent film with an intricate plot characters and Anvironment Yates's pescription of reland captures the movie's essence Everything about it—the hamor the romance, the enormous contrasts and the violence think that's what is so alt active to everybor's about relandthe extraoroir ary complexity of it. character

Wo a Honnessey a Barad First

### GALS PANIC AT THE SKAFEST IN NEW HAVEN

by Askley Atkinson

The world of ska is a strange and often infirmidating place. Ska shows are chock-full of leenage boys in suits and ties, dancing shoes laced ready for that first bouncing beal. This is why I was surprised to hear that Gals Parice a band I never considered particularly "ska," was playing at a Skafest at the Tune Inn in New Haven. Connecticution September 15. Wondering whether or not this audience would be receiptive. I went to lib. New Haven to check it but went to lib. New Haven to check it but

Gals Panic, who have been together for four years are comfortably settled in their miche. "We're not really ske, but we'll play for anybody." says Jeremy Policick, the band's guitanst and manager.

Last year the group foured the United States with Rancid who are now basking in MTV Buzz Bin" fame "They really were the nicest group of people" Gals Panie is guick to assure me "They may be on the cover of Spin but they re not cocky, nesty rock stars."

Gafs Panic themselves seem to be some bizarre rock star incarration with their choreographed high kicks and pelvic thrusts. Everything they do however is done with a smile like little boys playing air guitar on the playground. "We can't worry about cynical music crowds" says Pollock Singer Lance Fever agrees, saying "They just won just to have any fun."

The New Haven Skafest billed as "Misfits of Ska" began with a few typical skab bands including Jilker and Magadog. The music was average but the sentiment was genome and the boys in suits were smiling broadly. The Independents, with some sort of deranged Meatical/Glen Da. zig hybrid as singer screamed and skanked their way. It rough a half hour set that included a spirited rendition of Elvis Pressley's "Can I Help Fall-rain" Love

With You "They are usually a fun group to watch and make up for any musical shortcomings with their engineity and sheer weirdness of style. That amount of black leather with chains they wear should be tiled."

Following a fen minute break Gais Panic took the stage Affer a few punk rock tunes including "Dogs Don! Do Drugs" and "Pit" ("dedicated to all those skaters out there" and we KNOW you're out there") Gais Panic settled into a bopping skalbeat. "We know you guys warna dance." Fever announced before launching into songs like "Green Army Backpack" and the band's sonature song. "Gais Panic."

After the set was finished Gals Panic stayed to watch the other bands olay, sold CDs and t-shirts, and talked with fans "It was a fun show" said singer Cardinal Connor succinctly when probed "Yeah, it was fun "quipped Pollock trying to score points, "but playing New York is the best. You know we agree with everything Luscious Jackson said in THEIR interview Women are very poworful Yep we agree."

Gals Panic will be playing a three night stint at CBGBs in late October to early November

Ashley Allanson is a Barnard First Year

GALS PANIC
THEMSELVES SEEM TO
BE SOME BIZARRE
ROCK STAR
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THRUSTS EVERYTHING
THEY DO HOWEVER IS
DONE WITH A SMILE
LIKE LITTLE BOYS
PLAYING AIR GUITAR ON
THE PLAYGROUND

# What is Ska?

Ska music was born in Jamaican dance hails in the 1950s and 1960s Jamaican "Rudoboys" wearing portple hats and sporting allitudes became singers for this new siyle of music

Original Jamalcan ska songs include Prince Buster's "Enjoy Yourceli," John Holt's "OK Fred.", The Ethlopians" Train to Skaville" Ska lyrics are sullay, and othen very explicit (but not in a templane way.

The beat of ska music is the twostep beat (called "Rock Steady") which is also found in a lot of regigee Early in ska history, the two gennes of ska and regigee were difficult to divide with any certainty.

Ske gelned huge popularity in England with the emergence of the punk scene in the early eighties. The British appropriated it and combined it with punk and hardcore, forming such incredible products as The English Beat ("Bare of a Clown"). The Speciale ("Gangsters"), and The Selecter ("Tou Much Pressure").

Ska fever crossed the Allantic and gained favor will punks and hardcore kids in the States Bends like New York Citizens, The Skunks

, The Dancehall Crashers Skankin Fickie have persisted and won recognition There are mallions of smaller, less known ska banda all over both coasts including Mephiskapheles (NYC), The Intelaps, Skavoovie, Hepcat (West Cosst), Bim Skala Bim, and Pletesters (DC).

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# Punk: Alive and Well with 1000 Mona Lisas

by Geoff Sagyedra

When I received this album I was told 'They're ownk You know not like Offspring These duys are the real thing!" Well what the hell is real punk anyway? used to think that the Lunachicks were punk but their latest album is more rock. There is a very line. line between loud rock and punk, and even this line is very blurry

Punk used to be fast drams. fast quitars and loud vocals heard some of this on the le o with "Green Light," "Instilled and Lost " and a great cover of Alanis Morrisette's 'You Quahta Know " But then I heard other songs that don I fil in with the previous definition of Plink like "My Embarrassino Suicide". and "How Would You Know" The only way I can describe this band as a whole is that they fil under that ever growing umbrella of Altemative

I d describe 1000 Mona Lisas as a mixture of the pop sensibilities of the Goo Goo Dolls and the energy of the Descendants The Goo Goo Dolls seem to have that perfect pop formula the naht chard progressions with the noht vocals. However, it seems that at times they lack some of that Punk energy. This is something that the Descendants had an over abundance

1000 Mona Lisas have very tight writing leading me to believe that they ve been together for awhile. "Green Light and My Embarrassing Suicide" are great examples of their writing proficiency. Green Light starts with someone rambling something about beer. The rambling has a rhythm to it. that makes you listen closer The cultar

comes in and everything speeds up. It's a highly varied song that kept me on edae

Armando Prano does some excellent lync woting or at least that's what it sounds like. Unfortunately no lynd sheet comes with the EP but in "My. Embarrassing Suicide' some words are very clear- "Today I separated time in half/ And have I vet to say that only vesterday I climbed way up to the sky "

What really surprised me was the fact that they do a cover of "You Oughta Know," Wasn't this song just released? It reminds me of those stories of Hendrix playing covers of Beatle songs the day after the record came out.

It a poetry man!

What really surprised me was the fact that they do a cover of "You Quahta" Know " Wasn tithis song just released? It reminds me of those stories of Rendrix playing covers of Beatle songs the day after the record came out Anyway the 1000 Mona Lisas version. of this song is played the way (thought it should be-- fast and andry it is an angry song after all. The only thing they left out was the solo. Well you can t have everything

Go get this elburn or wait for the full length to come out in 96. I doubt that it will have the Alanis cover on it. though The EP also comes with a neat. little sticker it's a simple sticker but then isn't simplicity what Punk was about?

Geoff Saavedra is a Columbia Junior and Bulletin Staff Writer

# Be Comfortable. . .THE WAY YOU ARE

She smaked Marlboro

Reds and drank !ack

Daniels as if it was

mother's milk 7 his

comfortable with herself.

relationship to the space

surrounding, her that I

examme my own fears

had no choice but to

about how I look

with her body and her

woman was so

by Elizabeth Gold

Up until college. I knew I wash tithe thinnest person in the entire world, but a decided not to worry about it. In high school. I had made a conscious decision inot to succumb to the magnetic pull of body hatred. I liked potato chips and wearing bikinis. I did not see why the

two had to be mutually exclusive

Then I gained cuite a bit of weight in the spring of my Sophomore year. At first I didn't really notice, but once my weight gain was pointed out to me (thank you Mom) nothing seemed to matter but my size and shape I spent iong August days walking the streets of New York feeling like I didnit exist. except as this round piece of self loathing

For about a year I tried to accept my new body. In the middle of last winter loacked up a bag of clothing that didn't fit me anymore instead of letting it lie reproachfully in my bureau in Plampion I felt a little better once these clothes were out of

involved.

sight, but with summer on the way I womed about bathing suits and shorts, about ice cream and frozen vogurt.

Plus I was going away to Charlottesville for six weeks to work at a creative writing camp for high school students. For me leaving Manhattan had grown to be shocking so coing to Virginia may as well have been a trip to Mars. I was sure all the other counselors would be blonde and skinny and would spend their time talking about hiking

Once I got to Virginia. I was far too busy to remember my fears. I spent seventeen hours a day supervising teenaged gins who alternated between being brilliant writer, and hell bent on having sex in the middle what was supposed to be a poetry workshop I like filligen year olds everywhere, they were obsessive about weight and food - frequently had to police them to make sure they were eating food other than Twizzlers. and Mountain Dew. This aspect of the job was very

depressing because I haled to see beautiful latented young women feel so insecure iin trying to set a good example for them. I found that needed a role model myself

Divine intervention came in the form of one of my fellow counselors. Big and sloppy she was according to the standards of beauty we have here in New York totally floo much Platform sandals with weel socks and a vintage sun dress were her uniform. She smoked Marlboro Reds and drank Jack Daniels as if it was mother smilk. This woman was so comfortable with herself, with her hody and her relationship to the

space surrounding her that I had no choice but to examine my own fears about how Hook. She was gorgeous and happy. and free. I wanted to feet that way loo. After we had been friends for awhile I came to realize that I could leven in New York, where there is so much pressure to look a certain way

This summer I stopped hating myself for not looking tike a slick figure instead discovered how to fill the space inhabit comfortably

# be myself Elizabeth Gold is a Barnard Senior Become part of a 95 year tradition, foto the 🕾 the Barnard/Bulletin & We are currently seeking writers, photographers and support staff for the '95-'96 school year. No experience necessary.

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September 27, 1995

# Beggars or Thieves, and How do I Cope?

By Alı Kapelow

My friend Mia who was visiting from out of fown and I ware having brunch the other day and since it was a cool crisp day we had chosen seats in the area outside of Cafe 112. While browsing the menu in a lazy Sunday fashion a homeless man approached us and asked for food. I looked away feeling a statue-like expression fall over my face. Mia looked at me woefully and asked. "How can list here and eaf food when he needs it so much more than I do?"

We opted for a move indoors to remove this interruption from our lovely

While browsing the menu in a lazy Sunday fashion, a homeless man approached us and asked for food. I looked away feeling a statue like expression fall over my face.

Sunday brunch. Yet something inside of me chumed uneasity. I recognized the moral conflict she was feeling, yet 'don't feel.' For that matter I don't feel anything at all. have been in New York for exactly twenty days and already. I have lost my compassion for horiess people. Why? I promised myself that wouldn't harden. I swore up and down that I wouldn't harden. I swore up and down that I wouldn't change but have. Part of your young emotionally in the city, but why do I have to lose all of my sensitivity in

the process?

I have learned the shortculs of dealing with beggars in the street in ignore them I look the other way I assume that they're all drug addicts and wantons and I carry on in my busy life of being an intellectual I Occasionally one will approach me with a clever new speech and I give in A few cents here a few cents there and problem I valgot it under control I imareal cosmopolitan Barnard woman. But every new and then I ask myself have I foured it out?

I realize that we all react to the situation differently. What disturbs me is how little I hear others talking about it and how little I feel I can do. I am

> cynical. Ever day that I am here. Hose part of my idealistic illusions about humanity | offered a beggar some left overs from Ollies one evening and he declined saving that he had already eaten What? He sin the street begoing for change looking at me with these pitiful expressions and when I break down and offer him food he simply states that he's full. But for me to assume that every person begging has already eaten. and is looking for drug or alcohol. money is an oversimplification of

the problem. There comes this try little whisper inside of the that asks. "What if that person will really buy food?

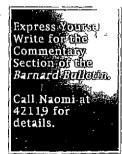
I am by no means on the path towards resolution. I have not figured this one out. Passing homeless people on the street still disturbs me hit some moments fam more rumb than others. Still some days I walk around with a heaviness in my heart full of guestions. Why? How can I fix this? How do I get used to seeing such despair without becoming a monster? Homeless people becoming a monster? Homeless people.

realize that we all react to the situation differently. What disturbs me is how little I hear others talking about it and how little I feel I can

still have mommies and daddies and feelings and dreams. Why am I going to sleep tenight in Hewitt Half, cozy in my bed, while they must curl up on the ground, the place I walk on to get from class to class?

I realize that tomorrow I it take the easy way out and use my handy list of excuses for turning my head. I take the cop out. I know that there are more tangible solutions I could investigate but I am comfortable with my inaction. My default settlement is to keep this pseudo balance of sensitivity and ignorance until I am swayed in one direction or this other.

At Kapelow is a Barnard Sopt o



# The Heart of the Matter Amy Lenny Where's my Coke?

A question, a suggestion, a

Barnard dietary life forever.

closed my eyes He must be

of Coke, Diet Coke, and Sprite

Pepsi? Not here, it can't be.

mistaken A Pepsi7 Not

in reviewing my first month of school, my mind keeps wandering back to that dreadful first day. September 5, 1995. was a hectic day for everyone. New classes, catching up with friends after a summer of absence getting back into the general "swing of things." How much more Barnard could I. be when I decided to spend my first lunch of my senior year

at Mointosh Student Center Amongst the chaos clamoring and clutter. I have found a security when lunching there. I know the menu well and I always know what I'm going to get. No surprises and that's the way like

I got into the itza Pizza line deciding to treat myself to fat and grease in celebration of my first day of classes. When I got to the counter I pulled out my ID and said "One plain since and a Coke please \* And then out of the blue without any forewarning it came at me like a ton of bricks. A question a suggestion a

statement that will change my Barnard dietary life forever "How about a Pepsi?" the man said. Hook a deep breath and closed my eyes. He must be mistaken. A Pepsi? Not possible This is Barnard home of Coke Diet Coke and Sante Pepsi? Not here it can the

"Pepsi?" Lasked Irving not to show my fear. Never let them see you sweat that's my motto. "Yeah" he said. We are a Pepsi school now. I could not believe the change had taken place this abruptly. Where was my warning my omen? I had to ask the question it was burning every journalistic impulse (as few as they may be) inside of me. "WHY? Apparently he explained people asked for it. They wanted the Slice the Welsh's the other "Pepsi products" I shock my head in sorrow and shame for my fellow Barnardians. "I tike Coke better" | explained | And with that I walked away Pepsi and pizza in hand never to have the same lunch expenence again

Now you are half way down the page, and the many myself included during those rare, but intense, introspective moments, you may be wondering why this is an issue. Why waste time and space complaining about a beverage change? Could it be Frustlike Coke and distrike Pepsi? Or maybe I had

not yet had any caffemated beverage that day and the lack thereof went straight to my emotions. Or perhaps it's this entire concept of change that's taken me off quard

It's not that I'm unaccustomed to change. I will be going through many this year: finishing college, writing a thesis finding a job finding an apartment The list is endless. And

statement that will change my "How about a Pepsi7" the man said. I took a deep breath and possible. This is Barnard, home

these are major life changes may I add not wishy washy half ass alterations. So why should this small adjustment mean any more to me than these others? I honestly condered this question for the past few weeks, and I think the enswer has something to do with human nature and the change threshold

I am a believer that humans have specific al'otments for certain emotions Everyone can be just so happy so angry so patient, or endure so much change before they reach their capacities I think

that on September 5 I had reached my change threshold limit. One more fluctuation in my daily routine, and I would explode I won t begin to tell you the number of times I had to change my schedule that very morning. Then the Coke-Pepsi incident happened, and (excuse the purit bubbled over. My threshold overflowed and my emptions got the better of me Don't be alarmed but don't shrug this warning off either People's thresholds can reach their peak at anytime often in not the best of situations. Hey I know of a chick who reached her threshold at her own engagement party. Right in the midgle of the fiests she began to have an anxiety attack and hyperventilated. Then it was finished her threshold boiled over and she became her friendly self again

It has been a few weeks now my threshold has begun to empty and I am adjusting to being a senior, whiling a thesis and drinking Pepsi. And III also let you Coke tovers in on a little secret. When you think that you can I handle drinking Peusi, oc to the vending machines. They self Coke

Amy Leavey is a Barnard serior and a Bulletin columnist

# Taryn in Bed Come Out and Play

Mark used to call me all of the time late at right. He was a good friend of mine, we mad fupped to Niagare Falls after my senior year in high school. I remember one Thanksgiving break he peed my name in the show late one evening. We disit around for hours discussing what we thought sex would be tike when we finally had it. If was one of those relationships loosely based in sexual tension. Every couple of nights he would call me at 2 or 3 in the morning just to say. If wanted to be the last person you talked to tunight. We dipretend if never happened in the morning. I wanted him to kiss me instead of playing stupid games that made me wonder whether or not he liked me.

We never got beyond the games 'lihough' He went to college piecoed his scordum ("Is just like the skin on your elbow"), and starved himself to look like Michael Stipe We don't talk anymore. When I think about Mark I am always reminded of the games people play with each office in order to maintain control and to veil just how much one person fixes the other.

The games with the easiest most coherent rules are phone dames. Here's a taste of a few.

#### The Free Phone Call Game

How to play

You call to see if your boy is home. When his roommate suitemate or fraternity brother says no you don't leave a message. If you leave your name, then not only does he know that you vertined to reach him, but you hak feeling dissed if he doesn't call back. If you misteed wat and call back when he's home, then you've wisely used your free phone call to actually talk to your boy instead of to his answering service.

The Never Call on The Hour Game

When your phone is next to the clock

Of course you don't want the person you're calling to know that you we been trinking and planning to call all day so never call exactly on the hour at say 9.00 11.00 or midnight. Calling on the hour makes it apparent that you have been warting to call. Jilke to call all 07 or 08 after the hour Actually anytime between 05 and 14 after the hour is good.

### The Camping Game

(Rolm phone and knowledge of the camp function required)

At Columbia, if you want to be subtle, you hinever let anytine know that you "camp" hint on the Rolm Phone —ve been fold that admitting to a camp in as good as saying want you really bap! "Hinto siny "trend bue on your leasily really bap!". "camping

SUE Wait a minute let me get this straight. You re not saying he just called you you're saying he wamped you?

ME Youh so?

SUE. You know what it means when someone camps you right?

ME. That my line was busy?

SUE. That the guy is smitten with you

ME. Are you sure?

SUE (seriously) Taryn Trarely camp

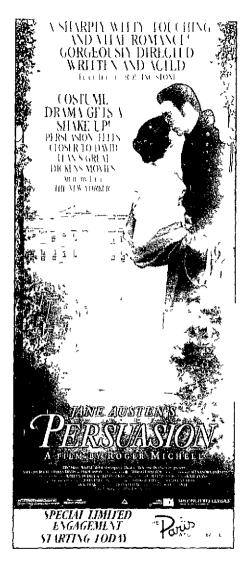
It's possible to play games in parson, these are slightly more complicated games and require skill.

Generally the İked person is perfect. Sometimes though you know you could do such good things for him. I'll admit at leve dorky bays but even I fike to play the Make-Over Game. Menhaning tittle things to a guy—suggestons that his subconscious can mull over—can do wonders. Say to the almost really cool guy. Told you see Andy is eyebtrow percong? He locks so good with it. Andy is this totally proppy boy and then helio! a pierce. 'Or say to the constant mesh shorts wearer. 'That sweater of yours is so nice! Becca just said to me that in that sweater with a nice pair of jeans, you dis be unstoppable.'

My personal favorite is the one where you re talking and you make sure to mention his high school griffrend who goes to school with him and who he still sees occasionally. You must bring her up in order to bring up the guy who you re seeing occasionally. This is the I'm Destrable and You're. No Saint Either game. Begin innocently. "Wow that engineering homework sounds real bough," and then work in subdy," so you see Megan much?" Follow this off-hendedly with "yeah Jesse and I wint to see Die Hard III the other night. He's such a most guy."

Games are fun. They keep you docupied, and they keep you docupied, and they keep you on your tees. But if you want to know the fruth. I do kind of wish 1 doin 1 have to play them. It is like Julisa told me the other day white she was blow-drying my hair out straight in the Aveda Salon above Coopers. "What you want is someone you can call ten times in a row and not feel werd about it. Even if they re annoyed they it tell you and its cikey. My boyfriend used to call me ahout fifteen times a day 1 told him look you can call this much. I ve got to work. He was fike lokey inwash thad the called an hour later. Are you annoyed? he asked like if the like you.

Taryn Roeder is a Barnard jun or and a Builetin Columnist.



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