



by Maya Marin and Lydia Villalva

Barnard Art History Professor Barbara Novak was named as the first recipient of the Helen Goodhart Altschul Professorship, announced Barnard President Ellen V. Futter on January 30th. Novak is an author, critic and art historian. Her publications include *Nature and Culture* and *American Painting of the Nineteenth Century*. In 1974, Novak received a Guggenheim Fellowship, and was visiting Mellon Professor at the University of Pittsburgh in 1978. She is a member of numerous historical and art associations. A 1951 Barnard graduate, Novak has been a part of the faculty since 1956.

The Altschul Professorship was established with a \$1 million endowment made by Trustee Emeritus Arthur G. Altschul and his two sisters Mrs. Daniel Lang, and Mrs. Robert C. Graham. The chair is named in honor of a former Barnard trustee and alumna.

Art Prof Novak Becomes the First Recipient of the \$1M Helen G. Altschul Chair

Barnard President Ellen V. Futter said the gift was a continuation of the Altschul family's "extraordinarily generous record of support for the college." The chair is designated for a discipline of choice rather than for a specific department. This will "give the college the greatest flexibility," said Futter. The Altschul chair was established to honor someone "who represents the highest aca-

demie traditions and standards of the college."

Professor Novak was chosen by a committee that consisted of President Futter, the Dean of the Faculty and Vice President for Academic Affairs Charles Olton, the Chairman of the Board of Trustees, a member of the general education policy committee, and a faculty consultant. Futter said she was "pleased to see the college continue to honor the traditions of the Altschul family."



Helen Goodhart Altschul Professor Barbara Novak.

PHOTO COURTESY OF BARNARD

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McCann faces up to eleven years in prison.

DA Charges ex-Bursar with Grand Larceny

by Lydia Villalva

The discovery of "irregularities" in the Barnard College Bursar's Office led to the dismissal and arrest of Bursar Linda McCann.

McCann surrendered to authorities on Wednesday, January 18, 1984. She was released on her own recognizance and posted a \$50,000 bond.

McCann, a college employee for twelve years was charged with grand larceny in the second degree and with falsifying business records. According to the Manhattan District Attorney's Office, McCann allegedly stole in excess of \$240,000 from the College on or about July 1979 to October 1983. She reportedly stole the money

by issuing checks to herself drawn on the Barnard College account at Chemical bank then covered-up the theft by making false entries into business records and creating false student requests for refunds.

McCann could face a prison sentence of up to eleven years. Maurice Arth, Vice-President for Finance and Administration, did not comment on the matter.

According to Sallie Y. Slate, Director of Public Relations, Barnard began its investigation of the Bursar's Office on November 1, 1983—before McCann left. Slate said it was "impossible to comment" on the events that led to the investigation because it could prejudice the investigation. However, the official college

statement regarding McCann's departure from Barnard is that McCann "both resigned and was dismissed" as Bursar at the end of November.

However this information was not made public until January 1984 for two reasons, according to Barnard President Ellen V. Futter. First, McCann's dismissal in November was simply a personnel matter, for which press releases are usually not issued. In addition, Futter said that the matter was part of an ongoing investigation being conducted by the Manhattan District Attorney's Office, and therefore College officials were not at liberty to reveal information pertaining to that investigation.

Assistant District Attorney Barbara Ditata is conducting the official investigation. The results of the investigation will be revealed at the discretion of the District Attorney's Office. However, it is unknown when the investigation will be completed.

Slate said it was "impossible to comment" on whether other employees in the Bursar's Office had been dismissed or moved to other departments within the college.

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Kaplan, BC Alum, Elected Board Chairman

by Lydia Villalva

"She is a star. And I think people will see star-quality leadership," said Barnard President Ellen V. Futter of Helene L. Kaplan, who was elected Chairman of the Barnard College Board of Trustees on December 13, 1983. Kaplan succeeds Arthur G. Altschul, who served on the Board as Trustee since 1974, and as Chairman from 1976 to 1983.

Altschul's term expired in December of 1983, at which time he decided to resign from the Board. Futter said Altschul "performed exceptionally" as Chairman and noted that he helped lead the College through the delicate Barnard-Columbia negotiations. The negotiations involved a re-evaluation of Barnard's relationship to the University. "I could not speak more highly about Arthur Altschul's term of service," Futter said.

Futter also explained Altschul's long-

time commitment and historical relationship to the College. The Helen Goodhart Altschul Hall is named after Altschul's mother, who was a graduate of the Barnard class of 1903. A chair was recently endowed in her honor (see related story, this page).

Kaplan, a 1953 Barnard graduate, has been a member of the Board of Trustees since 1973, and was Vice-Chairman prior to becoming Chairman. She is a member of the New York law firm of Webster and Sheffield and serves as Vice-Chairman to the Board of Carnegie Corporation of New York. Furthermore, Kaplan is a trustee of the Mitre Corporation, John Simon Guggenheim Memorial Foundation, Mount Sinai Medical Center and School of Medicine, and the New York Foundation.

Futter said that although Kaplan may emphasize some Board matters differently



Recently elected Chairman of the Board of Trustees Helene Kaplan.

Photo courtesy Barnard Public Relations

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OPINION

Letter to the Editor 'Sinister' Cult of Rev. Moon Retracts 'libelous' Statement

To the Editor:

The sinister ultrarightist cult of Sun Myung Moon has been forced to retract its libelous smear of the Marxist Spartacist League/Spartacus Youth League. After the 5,000-strong SL/SYL-initiated Labor/Black Mobilization stopped the night-driving racist terrorists of the Ku Klux Klan from parading in Washington, D.C. on November 27, 1982, the Moonies' *Washington Times* newspaper maliciously and falsely labeled the SL/SYL as "provoking violence against the police at the anti-Klan protest." The Moonies were spewing *libel that kills*—setting up the SL/SYL and all those who participated in the anti-Klan victory for state victimization and worse. To defend ourselves and all those who would organize against Klan/Nazi terror, we filed on June 14 a libel lawsuit against the *Times* Tribune Corporation, owner of the *Washington Times*. As a result of our lawsuit, the Moonie paper was forced to acknowledge we no longer charge that the Spartacist League/Spartacus Youth League provoked the violence on that day (*Washington Times*, 26 December 1983). This key statement of retraction appeared in the *Washington Times* as part of the paper's introduction to a letter submitted by us setting the record straight on the anti-Klan demonstration.

It is at least unusual that the multi-million dollar Moon organization regarded as one of the most vicious anti-Communist and vindictively litigious

outrights in the world, run by someone who thinks he's the messiah—would admit publicly and in print to its "heavenly deceptions." Why did the Moonie god apologize to the Marxist "Satan"? We can't say for certain. Their article was a pack of lies—grotesque labels that we handed out "heavy metal bolts" for "even children" to throw at the police, that our members wear "blue, black or red berets according to rank." But 5,000—in the main black workers and youth from the D.C. area—knew what really happened on November 27 that the Klan was *stopped* that the only "violence" in Washington that day was provoked by the police. The size, discipline and impressive labor backing of the Labor/Black Mobilization kept the cops on their good behavior, but at the smaller rally held that day by the "All-Peoples Congress" demonstrators were tear-gassed and beaten by the cops. One clip from the TV news showed the cops throwing a black man through a plate glass window. The Moonies stood not a chance before D.C. jurors of nearly any political persuasion or social composition. That's why the Moonie lawyers used an archaic law to force the case out of Washington, D.C. Too, while the *Washington Times'* filthy "violence"-baiting of anti-Klan militants fits in neatly with the government's attempt to portray all political opposition as "criminal terrorism," even the FBI acknowledged that the SL/SYL did not "provoke violence" on November 27.

Our suit also hit the Moonies where they live—in their attempt to gain respect-



ability and political influence through the daily *Washington Times*. Our press exposed Moon's organization as far more than a destructive cult which turns young recruits into zombie-like flower peddlers roaming the streets 18 hours a day "making green bills happy" for "Father." We documented the Moonies' sinister ties to death-squad regimes in Central and South America, their record of provocations against the left in the U.S., their links to apartheid South Africa. Our successful suit is a victory for the democratic and cultural values prized by many Americans, values which the Moon cult seeks to destroy. We did our level best to rip the "religious" facade from Moon's international political enterprise and are happy to have been able to punch a hole in his bid for "respectability."

Gaining the Moonies' retraction is significant beyond establishing that their murderous libel against the anti-Klan protest was, in fact, a lie. By winning against the Moonies, we again reaffirm that "A Workers Party Has the Right to Organize The 'Big Lie'"—emanating from this bizarre cult or from the capitalist state and its police agencies—must be fought with all the legal, political and moral resources available to us. While a small Marxist organization, the SL/SYL has won a number of impressive victories against similar attempts to set up our party and supporters for repression. We won in 1981 from then California Attorney General (now governor) George Deukmejian a retraction of his inclusion of the SL/SYL in a report on "Organized Crime in

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Equal Time

Editor's Note: Equal Time is a new column which will appear regularly in the Bulletin. It is designed to address issues confronting the disabled community.

minority group that any of us could be a member of at any time in our lives?

Have you or a friend ever been barred from a class because you physically could not enter the building? Have you ever failed an exam because you could not read the page fast enough? Are you frustrated in your classes when the professor turns away to use the board—and you cannot hear his or her words? When reading in the library, have the letters ever appeared inverted or reversed? Even if you answered no to all of the above questions, are you aware of the fact that disability is the one

Coordinated by Julia Sear, graduate of the class of '83, this column will focus on disability issues and events, questions of educational equity, topics in disability law, and reports on recent medical and technological developments. It is our hope that *Equal Time* will serve as an open forum for all members of the university community and we welcome comments and contributions on these (and other) issues. To volunteer comments or suggestions, contact Julia Sear at the Office for Disabled Students, 8 Milbank, 280-4634 (voice/TDD).

Bear Essentials

A WARM WELCOME TO OUR NEW FRESHMAN, TRANSFER, AND VISITING STUDENTS! We hope that you will be regular readers of this column, produced by the student service offices of the College to bring you information on essential deadlines, matters of academic policy, meetings, and other events. We invite you to become acquainted with our services and generally to make optimum use of the many resources available to you.

- Career Services
- College Activities
- Commuter Affairs
- Dean of Studies
- HEOP (Higher Education Opportunity Program)
- Financial Aid
- Health Service
- Program for the Disabled
- Registrar
- Residential Life

NEW STUDENTS who have not yet filed the medical report required of every student registered at Barnard are urged to report to the Health Service, 202 Barnard Hall, by FEB. 3. The College is compelled to cancel the registration of any student who fails to make this vital information available to our medical staff.

PRE-MED 1985 APPLICANTS: Please attend a meeting with Dean Rowland WED., FEB. 8, Sutcliff 11th floor, 12-1 or 1-2.

MAY 84 GRADUATES: please check your campus mailboxes for a letter regarding Commencement. Contact Dean King if you have not received it. 103 Milbank, 2024. Diploma Cards are to be filed with the Registrar by FRI., FEB. 10.

*Important information provided by student service offices as a paid announcement.

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Strike Averted Three Hours Before Deadline

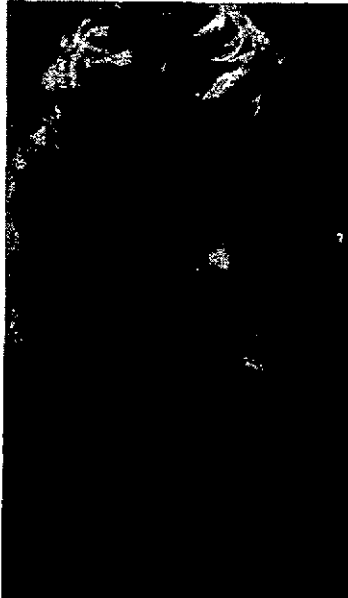


Photo by Dan G. Freeman

by Helene Riggs

A threat of a clerical workers strike rang in the new year at Barnard. Negotiations between Barnard and District 65, UAW, representing Barnard's clerical staff, went past the January 18 midnight deadline. A strike would create potential chaos for Spring registration. Only three hours before registration was to begin did the negotiators reach an agreement. The new three year contract proved satisfactory both to Barnard and to an overwhelming ratio of clerical workers.

According to a memo from Maurice P. Arth, Vice President for Finance and Administration, the new agreement provides for a 20 percent pay increase over a period of three years. In addition, Dr. Martin Luther King Jr.'s birthday will be come a paid holiday beginning in 1985.

Rather than forcing union members to give back concessions gained in previous years, additional modifications will only affect future employees. These

changes will include a limit of 24 days paid vacation time as well as a limit of 15 tuition credits per year.

In compliance with union concerns, Barnard has also agreed to instigate an advisory Health and Safety committee and to give advance notice of new office technology which may affect workers.

One important issue reported earlier as not having been resolved is wage disparity between male and female workers in comparable jobs. When questioned about this issue, Sallie Y. Slate, Barnard Public Relations Director, was unaware that it existed. "I don't believe that's true at all," she stated. According to Slate, the major issues brought up were wage increases and the tuition credit system. "We never got into discrepancies in pay between men and women."

The negotiations were very successful because the agreement was amenable to both Barnard and its clerical workers.

Director of Public Relations Sallie Y. Slate

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Novak

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ter said the process of choosing the professor was basically a consultative one."

The \$1 million donated by the Altschuls will be invested, and the interest on that investment will be used to pay the professor's salary. The college employs professional investment advisors who decide on the best mode of investment. They may include equities (stocks) and fixed instruments (bonds). Current market activity is also taken into account.

With the addition of the Altschul chair, there are five chairs at Barnard. The Robb Chair is held by Professor Caraley in the Political Science department. The McIntosh chair was formerly held by Professor Robertson of the English depart-

ment. Robertson retired in 1983 and there is "ongoing consideration" to fill this chair. In the History department, the Ochs chair was held by the late Professor Baxter. Futter said there is a "search in process" to fill that chair. Futter also added that this particular search is being conducted for history professors outside Barnard College. The fourth chair is the Milbank Chair of Health and Society, held by Professor Rango.

Being named to fill an academic chair is "about the highest honor that someone in the academic profession could receive," commented Futter. She explained that to be honored in such a way a professor does not necessarily have to be tenured. However, a professor without tenure must demonstrate exceptional ability.

The establishment of an academic chair at an institution can be used to foster a department or to attract a professor from the same department of another college.

Futter said that the Altschul endowment places Barnard only \$1 million away from the Capital Campaign goal of \$20 million. She expects to reach that goal by the end of 1984. Futter said the gift caps a tremendous tradition of giving from the Altschul family to Barnard College.

Bursar

Continued from page 1

College.

The College is currently reviewing candidates for the position of Bursar and Slate expects one to be hired soon. In the interim, Controller David Klein is acting as Bursar.

Asked whether the recent events in the Bursar's Office suggest inefficiency, Slate replied, "Efficiency or inefficiency is not the mark. The fact is that even with the best controls, sometimes these things happen. It is a credit to the Business Office

it was discovered.

In order to prevent future misconduct, Slate explained that Barnard is tightening controls in the Business Office. She added that a new computer will make this kind of activity more difficult.

Kaplan

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than did Altschul, there is an understanding of the College and a view of the College that is consistent. Consequently, Futter foresees no major change in the Board's direction.

The Board of Trustees is responsible for supervising the long range questions concerning an institution, said Futter. They are concerned with the college's policy issues rather than with its day-to-day matters, and are entrusted with the overall well being of the college.

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The Milbank Program in Health and Society announces

BC1005y. MEDICAL CARE IN TWENTIETH CENTURY AMERICA

Provides an historical and institutional analysis of the American experience in the delivery of medical care. The focus is on critical trends during this century which have influenced the organization, control, and content of medical services today. These trends include the reform of medical education and of allied health professions, the rise of specialization, the increasing sophistication and costly medical technologies, the imbalance between personal medical services and public health concerns, and the rise of a non-professional health care system. 3 pts.

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by G.E.M. Anscombe
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Silkwood Triumphs with Sensitive Qualities



Meryl Streep, Kurt Russell, and Cher in *Silkwood*

Photo: Warren/ABC Motion Pictures

by Laura Siegel

Mike Nichols' *Silkwood* is based on the true story of a young woman's politicalization. The woman, Karen Silkwood, works in a plutonium plant which packs cores for nuclear reactors. Her involvement in the plant union is caused by her sudden awareness of the dangers of her work environment to herself and co-workers. And finally, as she watches a plant employee touch up X-rays of core weldings with a Pentel pen, she begins to understand the threat to the population at large. *Silkwood* sounds like the perfect political Jane Fonda film, but the film is really more about Karen as a person than about what she did or about the mysterious circumstances of her death.

Unlike the *China Syndrome*, our fear of nuclear development is not, "Oh my God, how could this happen?" It is fear for Karen. It is solely through Meryl Streep's wonderful performance that we could care so much for such a self-indulgent character.

Karen is irresponsible and a little manipulative. Though she loves her children, she is not a good mother. Her once-a-month visits with them seem like overwhelming experiences for her. She indulges in drugs a bit too often. She sleeps around despite the deep love of Drew (Kurt Russell), the man that lives with her. She is seemingly indifferent to her co-

workers' fears that her activities will shut the plant and leave them jobless. Yet in spite of these faults, there is something very attractive about Karen's personality, and Ms. Streep makes us feel deeply for her character. She is a fighter, a buckler of authority. She does have deep maternal instincts, which are revealed in moments with her friend Dolly Pelliker (Cher) who loves her just as deeply as Drew. In short, Karen Silkwood, sort of screwed up but well-meaning, is probably more like someone you might know than any of Meryl Streep's other major characters.

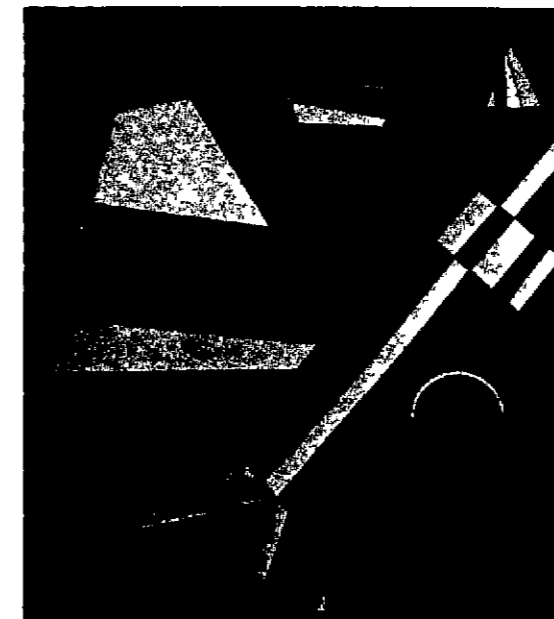
Kurt Russell's Drew is a solid anchor for Karen. The part is far from big, but suits Russell well. The real surprise of the movie is how good Cher actually is as Karen's lesbian friend, Sonny. Greg, the glamour, and Bob Mackie's gowns are gone, leaving a mature actress who captures the gentle sadness of Dolly's isolation.

Nichols' production is a little bit slow at times, but Streep's fascinating portrayal of Karen far outweighs any of the film's difficulties—none of which involve the film's basic look and sound. The soundtrack includes Streep singing a haunting rendition of "Amazing Grace," which is accompanied by equally haunting images. These effects, combined with emotionally compelling characters and the intrigue of a true story, make the film a worthwhile viewing experience.



Meryl Streep as Karen Silkwood

Kandinsky exhibit on display at the Guggenheim Museum



Kandinsky's *Grau*, 1931, Galerie Beyeler, Basel

Photo: J. L. M. M. M.

by Hibi Pendleton
Vasily Kandinsky discarded conventions when he renounced art as a representation of the physical world. He maintained that color and shape were enough in themselves and with this he laid the foundations for purely abstract art. This stylistic development progresses logically, step by step, from painting to painting and can be fitted into three basic groups: The early period in Munich, 1908-1914; his middle period in Weimar at the Bauhaus from 1921-1933; and the final period in Paris. The retrospective Kandinsky exhibit at the Solomon R. Guggenheim Museum is a collection of his work from the middle years.

In 1921, Kandinsky accepted an invitation from Walter Gropius to teach at his newly formed school, the Bauhaus, which was a kind of mecca for intellectual artistic development. It was here that Kandinsky began to glorify pure shape and pure color with no illusionistic references to the physical (real) world. Shape with color was reason enough for art. He now chose to express himself in geometric terms. Thomas M. Messer, director at the Guggenheim, describes this transitional period in Kandinsky's career by saying:

During the Bauhaus period, the spiritual aspirations of his earlier phase converted into a grammatical framework as painterly intuition was harnessed by carefully established systems. The systems being a planned geometrization and abstraction of both physical and emotional reality. Art

did not have to look like nor represent the real world.

The painting *Grau* (pictured) best exemplifies the transition Kandinsky made from the earlier lyrical paintings to the stark geometry composing his work of the Bauhaus period. Painted in 1931, near the end of his stay at the Bauhaus, *Grau* shows the full stylistic development of the period. Kandinsky's effort to assert the value of shape and color as expressive vehicles resulted in striking combinations and contrasts of the two. *Grau* typifies his usage of bold shapes plotted against one another as well as his common delineation of still smaller shapes within the larger ones.

It is unfortunate that at this exhibit, an immediate first-hand comparison between the periods cannot be made so as to see the logical progression of his technique from period to period. This particular group of Kandinsky's work, as it is one of the most complete collections ever compiled from the Bauhaus phase. At this exhibit, it is interesting to see how this same method can be used to express a variety of emotions. In fact, the lesson that is learned is that Kandinsky was right in saying that shape and color are sufficient for artistic expression. The combination of the two is enough to evoke an array of situations and feelings. Depicting reality is not essential nor is it necessary.

Adler Combines Tradition & Innovation

by Randy Ringer

What is the most talked about book in New York City this winter? Easy. Renata Adler's *PITCH DARK* (Alfred A. Knopf, \$12.95). From the front cover of the *New York Times Book Review* to the cover of *New York Magazine*, Ms. Adler's new novel is getting all the right attention. Some more names to drop to convince you? Okay, how about *The New Yorker* and *Hannah Arendt*? It's enough to get anyone into the social columns.

How does all this tie together? Easy. Ms. Adler has been a reporter for *The New Yorker*, a movie reviewer for the *New York Times*, a friend of the late philosopher and many other important people, most recently on the staff of *Vanity Fair*, and, oh yes, a writer of fiction. Her first novel, *SPEEDBOAT*, received considerable praise from John Updike, Elizabeth Hardwick, Donald Barthelme, and Harold Brodkey (whose first novel has been over twenty years in the writing and will make as much noise as *PITCH DARK*, watch for it!). And somehow through all of this, Ms. Adler has developed a reputation for being a recluse.

Now that all that has been said, it's time to get down to matters. And what matters is *PITCH DARK*. This is no ordinary novel—and I use that word only be-

cause the jacket copy does. It is a woman, Kate Ennis, calling off a love affair and trying to excise it from her thoughts. Jake, her lover, is married and is her next-door neighbor in the country. Kate starts out in her house, then she travels to London, to Ireland, to Orcas Island, and yet she never really goes anywhere. Whatever else this novel is, it is a love story.

The book is divided into three sections. *Orcas Island*, *Pitch Dark*, and *Home*. *Orcas Island* introduces us to Kate Ennis and her sensitivity. She is caring for a sick raccoon. She is telling in a very fragmented style, the story of her relationship with Jake and why it must end, why it will end, why it has ended. The middle section of the book is the most exciting. Kate is going to Ireland to stay in an acquaintance's country manor, an Ambassador's. On the way to the manor, she has a car accident. Or has she? The police act strange. When she gets to the manor, the servants act strange. When she is invited to dinner by a couple living nearby, the couple acts strange. Soon Kate is acting strange, seeing terrorists and IRA gun runners everywhere. She has even perhaps committed a felony or two. This is Gothic Romance meets James Joyce, a delightful evocation of mood and place. And Home takes place, of course, on Orcas Island, where Kate is gone to get away.

Does it sound too literary? It is not. A short digression about Gertrude Stein begins. A moment here. A moment here for a topic. Sentimentality in the work of Gertrude Stein. A real contempt and aversion for sentimentality, too, of course, an attempt to expunge the conventional and easy from her work. But the digression soon ends with "All right, I can't read her either."

The way to read this book is the way it was written: one sentence at a time. There is not an awkward sentence, not a misplaced word in it. "Do I need to stylize it then, or can I tell it as it was?" asks the narrator in the fourth paragraph. By then the answer is already obvious: she will stylize it. A sentence, a whole paragraph, even, will appear and then reappear later in the book and pop up in the most unexpected places, gathering resonance all the while. And I'm forgetting to mention there is intelligence and humor here, too.

Just as a Fellini film is easier to watch than it is to describe, the same could be said for reading *PITCH DARK*. Perhaps the best description is from the beginning of the novel: "We were running flat out. The opening was dazzling. The middle was dazzling. The ending was dazzling. It was like a steeply composed entirely of hurdles. Whew!"

Photo: M. M. M. M.

BC Bartending Service Offers a Shot of Class

by Yi-Ling Woo

The Barnard College interest in supporting entrepreneur service has been the cause of many success stories, one of which is the Barnard Bartending Service. Under the combined supervision of student managers, Vivian Ladd and Rebecca Cohen, this year's bartending service has been extremely successful.

The ten year old organization was taken over by Ladd and Cohen in early November after they were trained by former manager Nancy Killackey. Their interest and the availability of the managerial position, encouraged these two Barnard women to combine efforts. They were both interested in doing something rewarding and believed two managers would be better than one since it would allow more time per person.

Their generated enthusiasm is partly due to the fact that Barnard is situated in New York—the ideal place for a bartending service. After graduating from the Barnard

Bartending course, which is required of all employees of the service, each bartender is sent out to serve the liquor provided by the client. The service caters throughout the commuting Metropolitan area at such places as law firms and architectural firms as well as on-campus functions such as faculty or alumnus parties. It also works together with TJ McDermott, the Barnard Food Service, for various occasions. This past Christmas proved very profitable for the service and they hope business will continue in the same manner. Ladd states that it has been more stable this year. Being sophomores, they will have more time to help make a smooth transition for the agency from their hands to that of their successor(s).

Funding for the Barnard Bartending Service comes primarily from the fees which each bartender must pay after serving at a function. Bartenders are required to pay a total of \$8.00 per function to the organization. They earn a rate of \$12.00

per hour and are provided with the cab fare home. The service also provides clients with party helpers who assist the host/hostess with the party and the food service. They are paid at a rate of \$8.00 an hour and are charged a fee of \$4.00 per function by the service. Much of the profits return to subsidize advertising costs which allows the service to be "self-profiting." Barnard Career Services aids the service whenever needed by providing advice, help, and suggestions.

Bartending also offers many advantages for meeting new people as well as making good money with trained skills. According to manager, Vivian Ladd, the bartenders are received very "exuberantly." They seem to always fit into a party and guests are always eager to talk to them.

In order to be eligible for membership into the agency, a Barnard student must go through approximately six weeks of training before she graduates with a bartending

diploma. This year, Ladd and Cohen plan to train their students in bartending with emphasis on working in real bars rather than just at party functions. With a skill, a diploma, and the combined working experience of the course and the agency, students will be able to apply for off-campus jobs in the future.

To Ladd, Barnard is one of the best women's college in the country and it is only logical for Barnard functions to hire their services. "I hope Barnard's administration, faculty, and alumni will support this kind of service since it is created by students, run by students, and for students. It provides a skill, a means of making connections with people in the City and a way to earn money. It's an innovative project."

Flyers will be posted at the end of February for information on the Barnard Bartending course. To enlist the service of the agency for a function, call (212) 280-4650.

Moon

(Continued from page 2)

California—as a "dangerous faction with which law enforcement would have to deal." And from the Secret Service, which in 1979 seized Jane Margolis, SL supporter and delegate to the Communications Workers of America convention, on the lying pretext that she was a "threat" to President Jimmy Carter—we won both a letter of apology and \$3,500 (which Margolis gave to the union defense fund). These legal victories against attempts to paint revolutionary marxists as criminals and "violent" crazies are, taken together, an important weapon in the fight against the new McCarthyism exemplified by the new FBI guidelines. As we wrote in our original statement submitted to the *Washington Times* (which they refused to print)

"We believe, and we believe that history shows, that the liberation of the mass of the working people and other oppressed comes only through the conscious mass education and organization of the workers. Therefore, any attempts at substituting 'heroes' or any 'desperate deeds' of such heroes (actually despairing individuals in most cases) derails the valid and necessary path of social liberation. Naturally enemies of such liberation are wont to falsely project Marxists as violent crazies, bomb throwers and surrogates for sinister alien forces."


Finally, the *Washington Times* prides itself on being "the paper Moscow hates." It is therefore very satisfying that we—who are known above all for our intransigent defense of the Soviet Union

against the nuclear war drive of the U.S. imperialists—have struck the most successful blow so far against the Moonies' dirty disinformation mouthpiece. We need your generous contributions to pay for today's victory, preparing the way to win tomorrow's battles. Contributions may be sent to: Partisan Defense Committee, Box

99, Canal Street Station, New York, NY 10013

Karen Marie Lewis
Barnard College

Anne Pettit
Columbia College
For the Spartacus Youth League




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VOTE!

Constitutional Ratification

JAN 31-FEB 2

12:15-1:00pm McIntosh

5-7pm BHR

For more info call X2126

WOMEN'S SPORTS

Cagers Meet Defeat at Tournament

At the Binghamton Tournament this past weekend, the Columbia University Women's Basketball team suffered a double defeat at the hands of the College of St. Rose and Union College.

In the first round, the College of St. Rose beat the Lions by a score of 75-55. Freshman Ula Lysniak was both top scorer and top rebounder with 18 points and 22 rebounds. From their guard positions, Wendy Rosov scored 12 points while

Suzanne Broffman added eight points. Captain Helen Doyle, a Barnard junior, scored seven points before fouling out with 11 minutes to go in the game.

Against Union College, the Lions were defeated by 61-55. High scorer was again Lysniak with 14 points and 8 rebounds. Helen Doyle and Amy Schwenz, senior, scored ten points each. Chipping in with seven points and seven rebounds was

Freshman Virginia Harnisch.

The Columbia women cagers enjoyed a 67-30 win over York College Monday night, January 23, after being defeated by the Manhattanville College Valents (79-58) Friday night, January 20, who are currently ranked 3rd in the New York State polls.

Against Manhattanville sophomore Wendy Rosov led the Lion's scoring attack with 16 points followed by freshman Ula Lysniak with 11. Columbia freshman Valerie Brunger with 10 and junior Helen Doyle chipping in 9 points.

The Lions may have beat themselves in the first half allowing Manhattanville to score 24 of their 41 points from the foul line. Both Lysniak and Doyle currently

the top scorers for Columbia averaging 16.6 and 13.4 points per game respectively. had to sit out most of the first half with three fouls each.

The second half scoring was more evenly matched with the Lions scoring 33 points to the Valents' 38 but Columbia came up short 79-58.

Ula Lysniak was back in form in the York game scoring 18 points to lead the Lions to a 67-30 victory. Other players in double figures were Rosov with 12, Doyle scoring 10 and Engineering freshman Susan Lancon also adding 10 points.

The Lions' next home game will be Friday, February 3, at 6 p.m. against New York University in the Barnard gymnasium.

SPORT BRIEFS

Swim Team Sinks Two Foes

Last Friday, the Columbia University Women's Swimming and Diving Team defeated both Army and Manhattanville College at West Point. The scores were 72-68 respectively.

Alexandria Gitelman placed first in the backstroke while Kim Mock took three first places in the 100 meter, 50 meter free style and 200 m relay. Susan Beamus took three second places in the 200 hundred meter butterfly, 200 meter backstroke and 100

meter butterfly. Lynn Ladak placed first in the 500 meter free style, the free style relay and the 1200 meter freestyle.

Divers Nina Cambours, and Eliza McGrand had an outstanding performance placing first on the highboard.

The Lions now hold a 5-2 record. On Saturday, February 4, the team will compete at Vassar College for the Seven Sister Championship.

Fencers Overcome by Yale

The Columbia University Women's Fencing Team was defeated by Yale on Saturday by a score of 13-3. Lisa Piazza, a Barnard junior, won one out of four bouts. She lost 5-4 to Andrea Metkus, an NCAA All-American who is currently preparing for the Olympic trials. Yale fencer Jessica Yu, also a nationally ranked player, beat Lisa 5-4.

NCAA All-American and made the all-Ivy First Team. In 1983, Lisa represented the United States in the Junior Olympic Championships in Budapest, Hungary along with top fencer Caitlin Biladeaux. Biladeaux, a Columbia freshman, was unable to compete at Yale due to illness.

The fencing team currently holds a 4-1 record. The Lions will play at home on Saturday, February 4 against Cornell, Navy, St. John's and Hunter

New Columbia Soccer Team Kicks Off Season on Feb. 4

by Susan Bobroff

The newly formed women's soccer team is preparing for its first tournament, according to the coach Mark O'Meara. O'Meara is Assistant Director of Student Activities at Columbia. Around thirty women have shown interest and on the average, over twenty two attend practices, said O'Meara. Although past efforts to form a Barnard soccer club failed, there was a good turnout at the first meeting in early October. The team is divided evenly between Columbia and Barnard women and also includes four Columbia University Law School students. The team practices Tuesday and Thursday nights from ten to midnight in the Columbia gym.

On February 4, the soccer players will participate in an indoor tournament at Rockaway Beach in Queens. O'Meara hopes to host a tournament at Baker Field in April and has tentative plans for the team to sell raffle tickets to raise money. Although the team doesn't have uniforms, O'Meara said they are presently soliciting corporate sponsorship.

Barnard Junior Marina Metahos pointed out that the purpose of the upcoming open tournament is to afford the team exposure and experience. There seems to be a great deal of excitement about the team, she said. Metahos noted how ever, that the team has a very inconvenient practice time, adding real teams and intramurals take priority.

Marion Philips, chairman of the Barnard Physical Education Department, said, "An attempt was made to establish a soccer club at Barnard beginning four years ago. Marina Metahos was in-

strumental in organizing it. Hours were set aside and an enthusiastic soccer coach was engaged. But her efforts were completely frustrated by a lack of turnout on the part of Barnard women. Last year there was no club at all.

In contrast to the apathy of a few years ago, O'Meara noted this team's dedication. For example, after Thanksgiving the team practiced at 7 am at South Field in 30 degree weather. Of the late practice hours, O'Meara said the women have put up with a lot for the sake of the team.

Jettra Becknell, a law student said, "I came from a college Colby with a women's soccer team that began during my sophomore year. I was surprised to find that at a school with such a strong men's program, there wasn't a carry-over to Barnard. The turnout we've been getting at this late hour shows that there's more than enough interest in having a team. What we need now is to prove ourselves to anyone who might be in doubt. The best way to do that is to get games against other schools with established programs, because I think we can play against them now."

"I think the team is great," said Columbia freshman Sylvia Patalano. "I love soccer and I was very disappointed to find that Columbia did not have a women's soccer team. Everyone's very enthusiastic about it. Mark is very motivated."

"He is great," said Columbia freshman Rachel Repetto. "He's a one man band who roots for us with the bureaucracy and gets us time. If we weren't so enthusiastic, we would take the worst practice time. It's standard homework time. We're like the last man on the totem pole."

Join Bulletin!

JOX BOX

Archery: Coach Al Lizzio

Wed. Feb. 8—Barch 7 p.m.

Away

Basketball: Coach Nancy Kalafus

Today Feb. 1 Sun Purchase 6 p.m.

Thurs. Feb. 2 NYU 6 p.m.

Sat. Feb. 4 Staten Island 2 p.m.

Wed. Feb. 8 Stony Brook 7 p.m.

Away

HOME (Barnard Gym)

Away

HOME (Levien Gym)

Fencing: Coach Aladar Kogler

Sat. Feb. 4 Navy, Cornell, Hunter, St. John's 10 a.m.

HOME (Barnard Gym)

Track & Field: Coach Kate Moore

Sat. Feb. 11 Cortland

Away

Swimming & Diving: Coaches

Jeff Ward &

Gordon Spencer

Sat. Feb. 4 Vassar—7 Sister Meet

Wed. Feb. 8 Fordham 7 p.m.

Away

HOME

by Lynn Kestin

Our bodies are built to move. But enjoy what you are doing when you move. Remember you don't have to give up living to be fit. On the contrary, being fit will add to the pleasures of life.

—James Skinner Ph.D.
author *Body Energy*

Although the entire country has not given up its sedentary ways, most people have the desire to be thin and physically fit. While still others engage in sports and exercise for the fun of it. A recent Harris poll indicates that over 50% of all Americans engage in some form of regular exercise. More than 30 million people are running or jogging, over 35 million people are playing tennis and racketball, 72 million people bicycle, 20 million ski [downhill and cross country] and the list of activities goes on and on.

Some of these athletes are professional, others are amateurs who follow a rigorous exercise schedule. But many are sporadic or "weekend athletes" who run along Riverside Park to alleviate tension, join a weekly tennis game, to meet people, take advantage of an autumn weekend to play soccer or even indulge in a game of ultimate frisbee.

But all athletes, whether professional, amateur or weekend, along with expending all those calories, and getting all



How to Avoid the Stresses and Strains of 'Weekend Athletics'

that good exercise often get something else. Injured.

What can you do about it? A great deal, according to Connie Spooner, trainer for the Women's Tennis Association. Spooner, who is certified by the National Athletic Trainer's Association, currently helps treat injuries for professional tennis players such as Billie Jean King, Chris Evert-Lloyd, and Tracy Austin.

Weekend athletes can certainly benefit from what we teach our professional athletes," she says.

WHAT TYPES OF EXERCISES SHOULD A "WEEKEND ATHLETE" DO BEFORE EXERCISING TO HELP PREVENT INJURIES?

***Limber up** before beginning your sports

activity, by walking or jogging in place. Then spend 10 to 15 minutes warming up with gentle stretching [slowly and WITH OUT bouncing]. This warm up period will get your heart pumping a little more strenuously as well as getting your muscles ready for the more active exercise to come. Warmed up muscles and lubricated joints are less vulnerable to injury.

WHAT OTHER PREPARATIONS, BESIDES EXERCISES, SHOULD BE TAKEN?

***Drink** plenty of fluids before, during and after your sports activity. This will help prevent heat injuries [such as heat stroke or cramping] particularly if the weather is warm and humid. Try to avoid drinks containing sugar. Plain water is just fine.

***Don't eat** a heavy meal before your exercise. Eat a light meal consisting of foods you normally eat. If you have eaten more than usual, wait two to three hours before engaging in sports activity.

***Choose a sport** that you enjoy and that feels right for you. For example, if you live in a very hilly area, bicycling is not a good choice. Or, if you're a person who bruises easily, don't indulge in a contact sport such as touch football.

***Recognize your own skill and experience.** Don't try to do too much too soon. Compete against equals or near-equals.

WHAT IS A "COOLING DOWN" PERIOD?

***Ten minutes of mild stretches** should be done after you finish the strenuous phase of your activity. Stretching exercises will help prevent muscles from tightening too quickly, and may also be helpful in maintaining flexibility.

***A hot shower or bath** afterwards will help alleviate that tired or aching feeling from muscle soreness. Massaging aching muscles also helps. Spooner advises, "If you do get a muscle cramp during the night after your activity, for example, stretch out the muscle as much as you can and massage it."

WHAT ARE THE MOST COMMON INJURIES SUFFERED BY THE "WEEKEND ATHLETE?"

Aside from aches and pains, most of

Continued on page 11

WINTER FESTIVAL

Thursday February 2—Sunday February 5

Thursday February 2, 1984

3:30 pm

Opening Ceremony

The Naked Truth: Advertising's Image of Women

Lehman Auditorium

Jean Kilbourne, media analyst and writer will be presenting a slide presentation on sex role stereotyping in the media.

5:00 pm

Country/Western Nite

Pat Cannon & Cloggers and Mindy Jay. The Cyclone Rangers. An all female country western band and dancing troupe. Cider and brownies will be served.

Friday February 3, 1984

12:30 noon

Orchestra

& 3:00 pm
Barnard Gym
Barnard Hall

Barnard's Dance Company will present works by guest artists, alumnae, students and faculty. Both ballet and modern dance will be performed.

1:00 pm

Poetry Recitals

Sulzberger Parlor
3rd Floor
Barnard Hall

Barnard students, and faculty will recite selections of their poetry. Wine and cheese will be served.

2:30 pm

Celebration of Feminist Theory

James Room
4th Floor
Barnard Hall

Professor Dennis Dalton will lecture. Wine and cheese will be served.

4:00 pm

Sulzberger Parlor
3rd Floor
Barnard Hall

'Women, Drama, and the Arts'

Professor Howard Teichmann will lecture. Wine and cheese will be served.

5:30 pm

Sulzberger Parlor
3rd Floor
Barnard Hall

Prose Readings

Barnard students will recite short prose selections. Wine and cheese will be served.

9:00 pm

Lower Level
McIntosh

Jazz Nite

A 15-piece all female jazz band will bring back the big band era to Barnard as they blow the roof off McIntosh Center. Beer, wine and munchies will be served.

Saturday February 4, 1984

12 noon

Upper Level

Runnige Sale

Men's and women's clothes, books, and records will all be sold for one dollar or less.

1:00, 3:00 & 5:00 pm

Lehman Auditorium

Movie "Funny Girl"

A light-hearted musical showcasing the incredible talents of Barbra Streisand.

9:00 pm

Lower Level
McIntosh

Closing Ceremony

Talent Show and party. Singers, dancers, comedians, etc. will perform for a prize. Beer, wine and munchies will be served.

*Sponsored by Undergrad

Medicine

Continued from page 10

the common injuries athletes get involve ligaments, tendons, or muscles. They can be classified as *sprains*, *strains*, and *tendinitis*.

Sprains are stretches or tears of a ligament. Sprains usually result from overuse or extraneous force to the ligament, the connective tissue that attaches one bone to another. Knees, ankles, fingers, and plantar fascia [connective tissue of the arch] are especially susceptible to sprains. Ankle sprains are a common problem for basketball and tennis players; these sprains can occur when the ankle is suddenly twisted on its side.

Strains are tears or stretches of muscles or tendons, the tissues that connect muscles to bones. Strains have a greater likelihood of occurring: A. if your muscles are not flexible because they were not warmed up sufficiently; B. if the muscles contracted because they were exposed to cold temperatures or an unusual stressful activity for a long period of time; C. if a past injury has not properly healed.

Tendinitis is an inflammation of the tendon which causes pain that is generally worse in the morning and gradually eases with use throughout the day. *Tendinitis* is a common affliction of swimmers, football and basketball players. *Tennis elbow* is an inflammation of the tendons on the outer side of the forearm.

WHAT IF I DO GET INJURED?

Sometimes despite all precautions, common injuries such as sprains, strains, and tendinitis can occur. For these minor injuries, many sports medicine experts recommend a five-point post injury program.

WHAT IS THE FIVE POINT POST INJURY PROGRAM?

1. **Stop** your activity if you feel a sharp, sudden pain.
2. **Ice** should be placed in a towel or plastic bag over the injured area for 30 minutes. Keep moving it every five minutes to avoid frostbite.
3. **Apply compression** by wrapping an elastic bandage comfortably [not too tightly!] around the injured area.
4. **Elevate** the injured arm or leg to above heart level in order to drain excess fluid from the injured area which will expedite the healing process.
5. **Take aspirin or buffered aspirin**, an anti-inflammatory agent, to relieve the pain of inflammation. Anti-inflammatory agents work on an injury—a damaged tissue, joint, muscle, tendon, etc.—to reduce swelling and inflammation. They tend not to mask severe pain and allow you to aggravate your injury. The buffering agents in buffered aspirin help prevent symptoms of stomach upset often associated with aspirin use.

If pain continues, see your doctor

"A little sports injuries knowledge," says Connie Spooner, "goes a long way in helping you enjoy your sport."

FOR FURTHER READING

Aerobics, Kenneth C. Cooper, Bantam Books, Toronto, N.Y. Boston 1979

Body Energy, James S. Skinner, Ph.D. Anderson World Inc. Mountain View, California 1981

Also, an excellent booklet on the subject "Sports Injuries: An Aid to Prevention and Treatment," a joint product of the American College of Sports Medicine, the American Orthopaedic Society for Sports Medicine and the Sports Medicine Committee of the United States Tennis Association, is available for only \$1.00 by writing to: Sports Injuries Booklet, P.O. Box 537, Coventry Ct. 06238.

Be prepared to handle common injuries. Whenever possible you should carry a sports injuries kit with you containing such items as:

- frozen ice packs or plastic bags [for ice]
- towel
- adhesive bandages
- antiseptic
- aspirin or buffered aspirin
- petroleum jelly
- safety pins
- a 4-6 inch elastic wrap

Kaplan

Continued from page 5

Board members are chosen by a special committee that nominates individuals they think "would add luster to the institution," said Sallie Y. Slate, Director of Barnard Public Relations.

WRITE

SPORTS!

Call Babs

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DANCE UPTOWN

February 10 and 11 at 8 p.m.
 Barnard College Gymnasium

Steven Koester and Dancers

Pace-McNeill Dance Continuum

Dances/Janet Soares

Phoenix James Waring

All Seats: \$6.00 (TDF accepted plus \$2.00)
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The Barnard Italian Department

announces

Italian V3469y

Renaissance Humanism: Its Sources, Forms and Legacy

Essential aspects of the humanistic tradition
Humanistic literature in Europe (1400-1500)

M. Lorch
 3 points
 Mon. 5:30-7:10 p.m.

404 Barnard Hall

Italian BC3080y

Medieval and Renaissance Studies— Myth and History (in English) *The Court of the Este*

Professors Marina Beer Fabre (Univ. of Rome)
Maristella Lorch
Rosanna Peunelli (Univ. of Rome)

Thurs. 2-5:30 p.m.

237 Milbank

CLASSIFIEDS

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Would you like to buy a lovely South Indian silk sari or scarf for a fair price? Please call 724-1800 X203 before 8am or after 10pm

\$3.00 per 1st 3 lines, 3 line minimum
 50¢ each additional line. Ad copy must be received the Thurs. before desired date of publication & must be accompanied by payment

HEAD RESIDENTS AND RESIDENCE COUNSELORS 1984-85

Applications are now available in the Office of the Assistant Dean for Residence, 113 Wallach Hall, Columbia University.

Deadline for completed applications

Monday, February 13, 1984

A week of pink Bermuda beaches and warm Bermuda sun. Are you tough enough to take it?



Bermuda College Weeks March 3 to 31 and April 14 to 21

One of our previous college visitors described this event as "a week of wretched excess." An exaggeration perhaps, but not altogether inaccurate.

Your week begins with a Sunday night Get Acquainted bash at one of our hotels, clubs or discos—meeting old friends, making new ones. The next morning, the tough part begins.

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What will you do with your free time? What won't you do? Bermuda is famed for its snorkeling and sailing, tennis and golf. For its fine restaurants, discos and British pubs. And for its fabulous mopeds—everybody's favourite way to tour the island.

Think you can handle a week of this? Talk to your campus friends, and see your Campus Travel Representative or your Travel Agent for complete details.

**For more information,
including a Bermuda
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