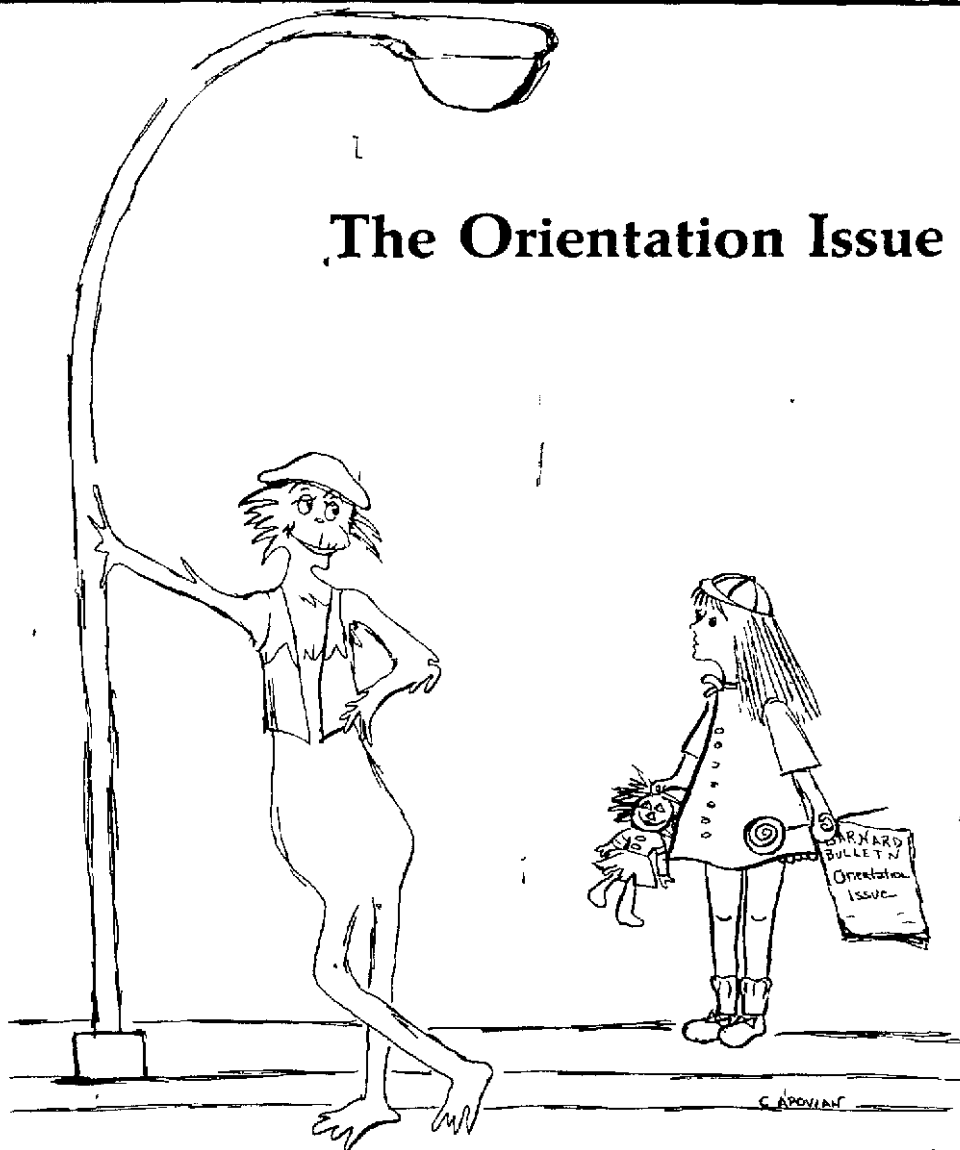


The Orientation Issue



What's a nice girl like you . . .

Housing: Barnard's Never Ending Problem

Well, it's pass-the-buck time again at Barnard. September has once again rolled around, and, (what else is new) there's not enough housing. Except this year the problem is particularly acute, as the Admissions office has accepted 520 freshmen, and a whopping 230 transfer students. That is 750 incoming students, most of whom, presumably, would like on-campus housing. Barnard has approximately 1200 rooms available and about 1400 upperclassmen who should have priority.

The Admissions people say that in admitting so many new students they are only following orders—it's not their job to find rooms for these people. The Administration says that big classes are good because they generate more income. The Housing people say they can't do anything until more housing is made available. The Board of Trustees say that they would go so far as to buy a

building, or rent entire floors to provide the extra housing. *Ad nauseum.*

It is very easy to understand each group's side on this issue. The administration is concerned with Barnard's economic stability, the Trustee's hands are tied because there doesn't seem to be any available real estate in this area, and everyone else is just following orders. Unfortunately, all this paper-pushing will not solve the housing crunch, and no matter who is at fault, the students are still getting shafted.

We, unfortunately, have no solutions to suggest. But we are, and always have been, very concerned with the quality of student services at Barnard. What with the upcoming strike, the empty Residential Life and College Activities offices in McIntosh, and the housing shortage, this year is not off to an auspicious start. Let's hope that Barnard can get its act together soon.

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District 65 to Strike Tuesday

by Chris Manuelban

In the midst of a newspaper strike currently crippling New York City and the ever-present threat of a postal workers' strike, Barnard's District 65, a union local of the Distributive Workers' of America is planning to strike beginning Tuesday, September 5.

In February 1974, the clerical workers at Barnard held a one-week strike, the result of which was a formal establishment of District 65 as Barnard's clerical workers' union. The contract extended for three years with stipulations for reopening negotiations during the third year.

Worker "classifications" and formal job descriptions were established in 1974. Currently, because of the high turnover in administration and the large enrollment due to an increase in freshmen and transfer students, the workload has expanded far beyond job description guidelines, with no workers

compensation.

"None of us are looking forward to striking," said Monica Smith, Barnard's Housing Office secretary, "because we're concerned about the students, but the administration doesn't seem to be concerned about us or the students, for that matter." The strike falls on the first day of registration and on the day upperclasswomen move into residence halls.

The 1978-79 contract now undergoing negotiations consists of 28 demands, of which eight no-cost items have been settled. Demands include a wage increase of 15 percent each year for two years, an extended sick leave, a reformed security plan, a college funded pension plan, tuition remission for spouses and children of employees, an increase in severance pay, time-off for union activities, and preferential overtime benefits.

At press time *Bulletin* was unable to

contact members of the administration to give management's position on these issues.

Among the items settled between the union and management are a safety and health program, extended maternity leave, a payroll savings plan, a hiring plan, and the availability on demand of the employee of a job evaluation concerning the employees performance.

The last contract expired on June 30, 1978. The projected date for settlement is September 5, 1978. The last negotiating session saw the administration offering a 3 percent raise in wages and a ten-day cut back of yearly vacation days (which in the previous contract amounted to 24 per year.) As the 1978-79 school year opens, Barnard is not in a very stable labor situation, with the firing and reshuffling of its top administrators, five of whom receive more than \$325.00 compensation combined. And, in view of this instability, District 65 workers see no other alternative than to strike.

Housing Crunch Affects Newcomers

by Maria Rudensky

The housing shortage that exists at Barnard today has been escalating for several years. However, the severity of this year's crisis did not appear as urgently pressing at the end of the Spring 1978 semester. As of two weeks ago, there were still some resident transfers and resident freshmen who hadn't been housed, in addition to several 2nd semester Junior commuters who had not been provided with rooms, despite earlier assurances.

The size of the incoming class has been increasing steadily, particularly in the last two years. As a result, more and more prospective resident students must be guaranteed rooms and this has caused many upperclasswomen who are commuters to wait until well into the semester before being allotted housing. To alleviate the crunch, former Associate Dean of Students for Housing Michele Mattia (whose position was terminated during the summer), Vice President for Academic Affairs Barbara Schmitter, the Board of Trustees members of the Administration decided to double up cer-

tain rooms in Plimpton, "600" and "620." A similar move was also proposed in Columbia by housing authorities at the beginning of the Spring 1978 semester. Various individuals and student groups protested the measure, claiming that a room of one's own was very necessary in an urban campus with an environment like Columbia's. The University then investigated the possibility of undergraduate housing in area buildings

and at the close of last semester, was looking to purchase buildings, or floors of buildings.

After the announcement in April that Barnard was planning to make some corner rooms in Plimpton and the large rooms in "600" and "620" suites doubles, protests ensued. There were several Plimpton Dorm Council meetings at which proposals to boycott the upcoming housing lottery were

(Continued on page 13)



Park benches for commuters?

B.C.: On the Verge of Merge?

by Marianne Goldstein

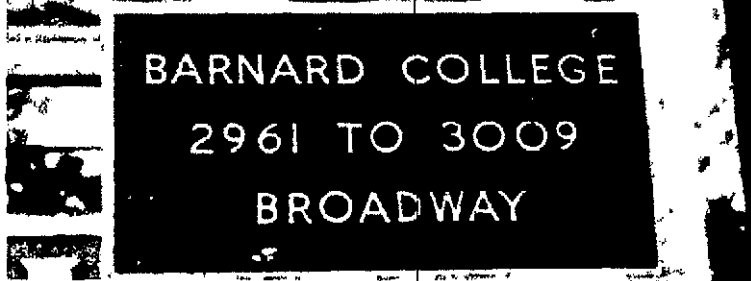
Barnard College, as any proud alumna is wont to inform you is the last of the dying breed of women's colleges in the United States. Of the "Seven Sister" schools only Barnard, Bryn Mawr, Wellesley, Smith and Mt. Holyoke are still exclusively for women. Vassar has gone co-ed and Radcliffe exists now only as a letterhead. And, of all the remaining women's colleges, none can duplicate the unique reciprocal arrangement that exists between Barnard and Columbia. The big question now on the minds of administrators on both sides of the street is how long this affiliation will last as it is.

To give a full discussion of the problems and conflicts that have come between Barnard and Columbia in the last few years would take at least two volumes but very briefly, the situation boils down to this. Columbia would like to absorb (or as they put it "merge") Barnard, eliminating Barnard's administrative offices and making our physical plant, student body, and endowment (among other things) part of the university as a whole. Barnard, on the other hand, would like to remain an affiliated, yet independent and autonomous institution. Currently, Barnard has all of its own facilities, although BC students have access to Columbia libraries, courses and housing.

In the past, the Barnard-Columbia relationship has always been a rocky one and it seems that things are
(Continued on page 16)



Suzanne LoFrumento, Undergrad President



Briefly, Undergrad is . . .

An important branch of government at Barnard College that can very well be a direct influence on your life on this campus is Undergrad or the student government. A well informed and active association, Undergrad proves throughout the year that it is not just a front for the establishment at Barnard but an energetic and progressive force on campus.

The purpose of the organization is to guarantee student rights and promote student responsibilities. The bill of rights drafted by representatives of the National Students Association, the American Association of University Professors and the National Association of Students Personnel Administration have been adopted by Undergrad as the basic principles for Barnard students. These include how you can use the college name, what the honor code is

rules for maintaining public order (i.e. the rights of freedom of speech, the prohibition of the use or threat of force, etc.) enforcement of these rules and penalties.

All members of the student body belong to Undergrad. Undergrad sponsors all Barnard clubs, organizations, college activities and campus publications. They are the legitimate spokesman and express policy change suggestions and coordinate student interests with those of the faculty and administration for long range plans.

Undergrad is open to suggestions, policy changes and student input along with the other student representatives of the tripartite committees which include the faculty, students and administration.

There is an executive board which consists of the all college elected officers of Undergrad. In forming Undergrad's policies, the Board is allowed to interview students by calling meetings of the student Assembly. It can also question the standing committees for recommendations, or suggest 'ad hoc' committees and deal with them if existing committees cannot do so.

You can get information on the student members of the committees by calling Undergrad or checking the list posted on the Undergrad Office door. All students are invited to attend the committee meetings.

The Undergrad office is in 101 McIntosh Center and their extension is x2126.

The officers of Undergrad for this
(Continued on page 13)

Campus Libraries: The Choice Is Yours

by Kerry Koutsouris

"Our library system is like the Federal Government. There are at least three different levels of different quality to choose from." A Barnard Junior who chose to remain anonymous was referring to Barnard, Butler, and the various "specialized" libraries of the university. Each of these libraries has a certain reputation; they are stereotyped through the type of students who use them, their atmosphere, and their general appearance and comfort. Whether or not these stereotypes are just, students use them to decide where to work.

Wollman Library at Barnard, for example, is known as a "high-school type of retreat for Freshmen." As one Junior explained, "The building itself is so esthetically unpleasing that you just don't want to go in there." However, in spite of this, most Barnard women use Wollman because "it's so close," according to a BHR sophomore. The library's good points include separate smoking sections, and pretty good lighting in most of the library (except in the reserve non-smoking section). Also, it is small enough to locate books without taking an eternity. But the size of the library also has its downsides—there are fewer books available, and since one quickly becomes acquainted with classmates who also use this library, the noise level at times borders on intolerable.

But Wollman's lack of quiet is simply not comparable to **College Library** in Butler, which several students termed "a Zoo." To begin with, the design of the room contributes to the disruption that always exists. There is only one entrance at one end of a very long room, so everytime someone walks in, it becomes a grand entrance. The student with an armload of books has to awkwardly shuffle down the center aisle in search of a seat as everybody else in the room (really!) looks on. In the winter, the problem is multiplied somewhat as everyone continues to look on as the student removes layers of scarves, hats, coats, mittens, and sweaters. And everytime a student leaves the room for some reason, it is the same thing all over again when he re-enters. College Library's only good attribute is that it is open until 2:00 a.m., which makes it the only library on Campus with late hours. But since no one is permitted to sign out

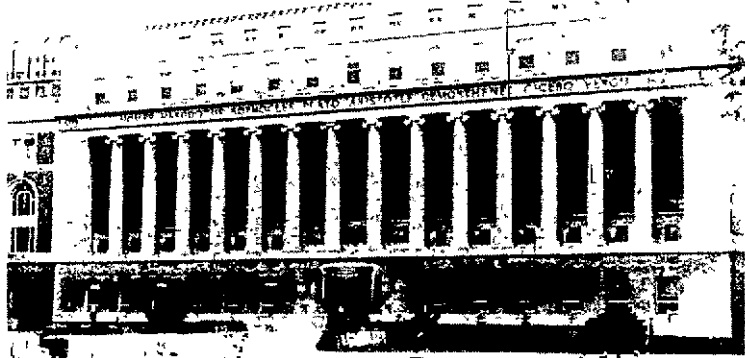
books after 11 p.m. on weekdays, College is not really a library during its later hours, but rather, a large study hall. A junior explained that this library can be summed up by the statements, "let's see who came, what they are wearing, and who they're with."

Other parts of **Butler**, however, are not all like College Library. For example, the main reference section ranks among the best in the country, and just about any book a student may be seeking will be there. If you can find it, that is. A Barnard Freshman remarked, "It is not necessarily difficult to find a book—just time consuming. You feel like you're in the stacks for six hours,

very scholarly, and even intimidating as a result." However, as with the other libraries, these, too, have their faults. The specific libraries may be great places to work, but they close too early, usually about 9:00 p.m.

Law Library is another "specific" library, but this one seemed to appeal to individual taste. A junior dubbed it as "cold, both literally and figuratively," and by another student as a "a dungeon for grinds—too serious a place to do any liberal arts homework." Another Junior, however, liked the "infectious enthusiasm of the people trying to make Law Review."

SIA is not as controversial. It is



Butler Library—a really fun place . . .

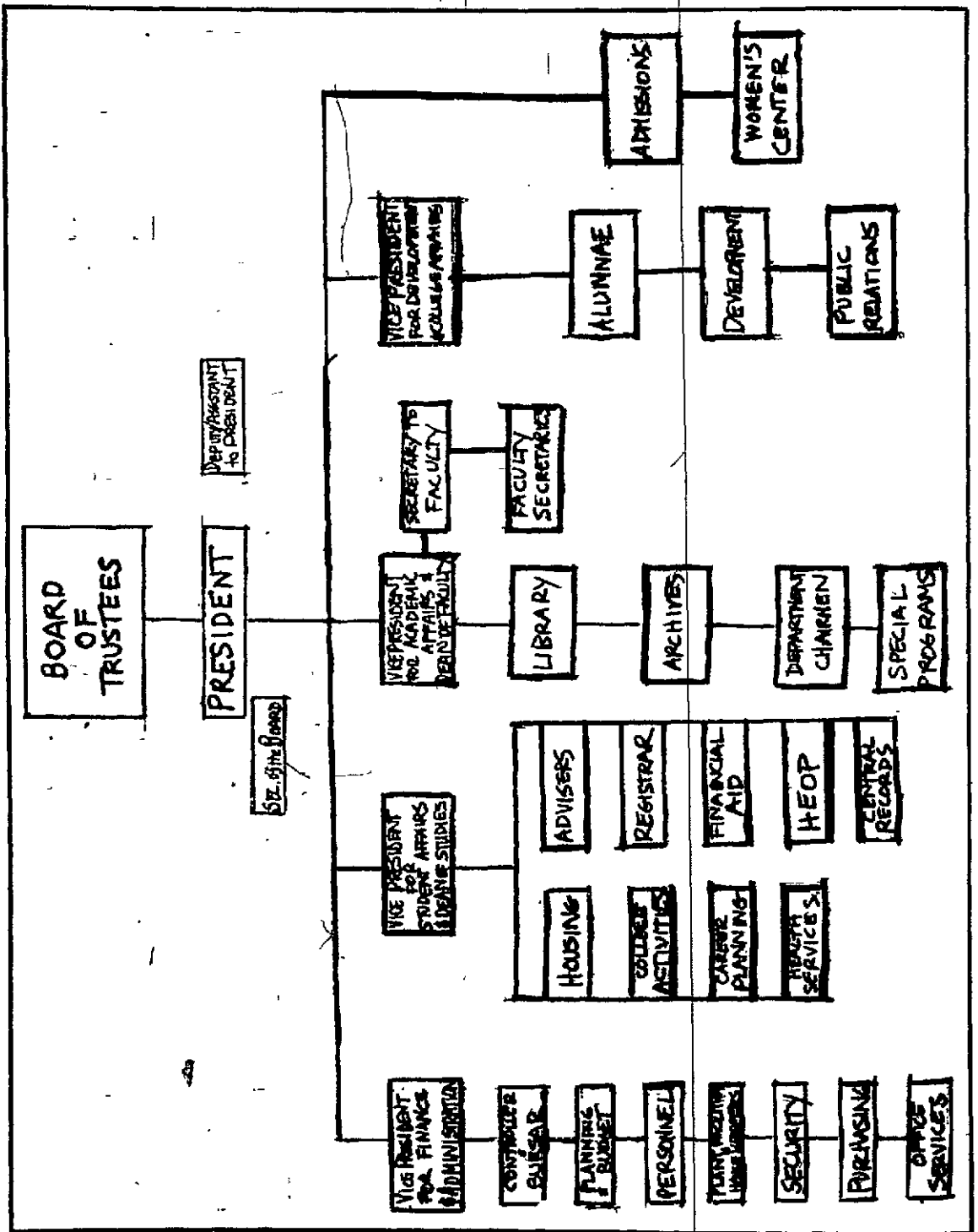
and when you finally get to where the book is supposed to be, it's not there, because so many books are getting ripped off." For the most part, those who use this library regularly are the older and more sophisticated types who are trying to find obscure books for their thesis that other libraries don't have. This library is also used regularly by those who like to study in dark, isolated, musty, tomb-like places. Said one pre-med: "I always go to the stacks to study. No one else uses them except around exam time, so there are no distractions, and I always get a lot more work done."

Despite the appeal the stacks may hold for some, most students indicated a preference for the smaller, less crowded "specialized" libraries for serious studying. A senior remarked: "No one else seems to know about them. For example, **Philosophy** (located in Butler) and **Avery** (behind Low near the chapel) are what you think of in terms of an Ivy-league library. They're nice,

characterized by the extreme privacy it affords students. A sophomore explained: "There is so much space in each individual booth that it is comfortable enough to work there almost indefinitely."

Burgess-Carpenter emerged as the popular favorite. According to students, it possesses the best balance between "grub, grub, grub, grub," and "zoo." Besides, the surroundings are wood paneled and nice, and although there are lots of familiar faces, there is less talking and noise than in some of the other libraries. A Barnard Freshman noted that "everyone seems to be a lot more work-oriented."

For the most part, students were satisfied with the university libraries, once they took out the time and effort to experiment until they found one that suited their needs. A senior summed up, "There are so many libraries and study areas on Campus, that if you haven't found one you like, it's only because you haven't tried hard enough."



All the President's People

Associate Registrar—Virginia Shaw
Financial Aid—Ted Stock x2154
Central Records—x2008
Vice Pres. for Academic Affairs and Dean of Faculty—
Charles Olton x2031
Elizabeth Minnich x2297
Associate Dean of Faculty—x3846
Library—Robert Palmer
Vice President for Development and College Affairs—
Doris Critz x2002
Alumnae Affairs—Irma Moore x2005
Development—No appointment x2037
Public Relations—Sallie Slate x2037
Associate Director—Siew Thye Stinson
Admissions—Christine Royer x2014
Associate Director—Dorothy Denburg
Women's Center—Jane Gould x2067

President—Jacquelyn Anderson Mattfeld x2022
Deputy Assistant to the President—Joann Blauer
Secretary to the Board of Trustees—Olga M. Hughs x2021
Vice Pres. for Finance and Admin.—John McBride x2003
Plant Facilities—Robert Devine x2041
Housekeeping—Margaret O'Shea x2041
Security—Ray Boylan x3362
Purchasing—Mary Bane x2019
Office Services—Winifred Price x2019
Vice Pres. for Student Affairs and Dean of Studies—
Barbara Schmitter x2024
Director of Residential Life—No appointment x2097
Director of College Activities—No appointment x2033
Career Planning—Martha Greene x2019
Health Services—Dr. Harriette Mogul
Registrar—Vilma Bornemann x2011

A Paranoid's Guide to New York

by Marianne E. Goldstein

My feelings towards New York are schizophrenic—I find myself alternately bursting into choruses of "I love New York", and humming "Take me Home Country Roads". I was born in New York and lived here until I was eleven, after which I moved to the wilds of Westchester, and in the six and one-half years I lived outside of Manhattan, either things got a lot worse, or I got a lot more chicken. In any case, upon my return to New York, I found myself intimidated by everything, and scared to go anywhere that involved anything more complicated than the Broadway local. I was convinced that everyone was out to rape and rob me and I prepared myself for that moment when some 14 year old brandishing a knife would ask me to relinquish my belongings and my vagina for his inspection.

Well, here I am, three years later, and that moment has not yet come, thank God and the powers that be. I haven't stopped anticipating it, but I now feel as though I can handle complex things like the subways, busses and walking on the street after ten o'clock at night. For the benefit of those of you who find yourselves with feelings similar to mine I present my Paranoid's Guide to New York.

The most important thing to do is avoid confrontations of any kind, and the trick to this is to look like you know what you're doing even if you're hopelessly lost. If you look like an out-of-towner, if you look like a scared little girl, or if you look frightened, you'll look like a potential victim. In other words if you look like a wimp, you'll also look like a real pushover. Your body language and your state of mind really have a lot to do with your personal safety. If you're walking in a fairly deserted area, try and walk down the

middle of the street. That way if someone comes out at you from the doorway of a building, you can always walk into the middle of the street, if someone comes at you from street side, you can walk into the nearest store or lobby. Remember, if there are other people around, you're a lot safer than

Yorkers are pretty blasé about people who act strangely. Do what is best for you, and what is the most comfortable.

In the event that you are faced with a confrontation, most experts agree that you should just give in, despite how humiliated you might feel. No matter how confident you feel against a 12 year



Token entries.

if you're by yourself.

If its verbal abuse that you encounter, ignore it, no matter how insulting or obscene.

In developing your city-sense, you will find yourself becoming more and more aware of what is going on around you, and planning your moves. If you don't feel comfortable where you are walking, cross the street. If the subway car you're in is full of undesirable characters, do not be afraid to get out at the next stop and change cars. The point is that you really shouldn't care what people think about what you're doing - there are enough loonies in New York, so that most inveterate New

old, if he's got a gun or a knife, you probably won't stand a chance. In a situation like this, the best you can do is to remain calm and remember as much as possible about your assailant like any identifying traits that would later make identification easier. When it's all over, report it to the police, no matter how painful or pointless it may seem.

I've found that generally, our neighborhood is fairly safe, especially Broadway, where there are always people roaming around at all hours. This doesn't mean that you can let your guard down here—although the NYPD, Morningside patrol and Columbia security are around, just last year, three women were mugged on 116th St. If you have a roommate, it might not be a bad idea to let her know approximately where you are, and about what time you'll be back. I know it sounds like a pain in the ass, but there might come a time when you'll be very grateful that someone cares where you are.

Don't let your fear of the city keep you from exploring any of the things it has to offer. If you keep your wits about you, and try and develop a good city-sense, you, too, can make it out of here unscathed, and enculturated.

Know Your Subway

The Broadway Local No. 1 is the only subway which will take you directly to Barnard. If you are taking an express train (No. 2 or 3) uptown, you MUST change to the local at 96th St. (It's right across the platform). If you miss the 96th St. stop, then get out at the next stop (125th & Lenox), get on the next downtown express, get off at 96th St. and try again.

If I Had Known Then, What I Know Now

The Freshman Ten

Freshman Year is another one of the stereotypical labels placed on the developing youth. Whether it be in high school or at Barnard College, it is an experience which I find difficult to recapture for print.

September first seemed like years away when we received our long awaited acceptances but, before I could blink, I was approaching those enormous iron gates. The fear I felt was unbelievable. As the saying goes misery loves company and I took comfort in seeing the other terrified faces. The lobby of Reid Hall was at least 100 degrees and the crowds waiting for carts were multiplying. At last I was in my room, unpacking and on my way to a myriad of planned events. The activities were non-stop and I unconsciously moved with the masses. The parties were the best I had ever attended as was the liquor and the resulting hangover.

The lines for John Jay cafeteria were miles long and the food as one freshman labeled it "sucked," which became
(Continued on page 14)

Glasses, to go

My memories of freshman year? Well, I did a lot of frolicking around. I had one helluva good time, as they say, especially in the West End Bar guzzling beer until one of those obscene hours in the morning. I can safely add that I've had more innocent fun my first year at Barnard than in the past two put together, in fact.

Looking back at what I had actually perceived about Barnard, Columbia,



Isn't college great?

and the New York scene, however, I find that I had been wearing a pair of those notorious rose-tinted glasses throughout my freshman year. Maybe that's why I had such a good time.

Allow me to explain that last comment. Somehow, "rose-tinted glasses"

other gay affairs. Front page stabbings and other similar events written up in the Daily News register a blank while the sports page and new fall fashions can be seen quite clearly over someone's shoulder in the subway.

The only thing I realized now that I am a senior is that the sooner you take those "rose-tinted glasses" off the better. (You may allow yourself the care-free freshman year if you so desire). Minus the roses, you will save a lot of

(Continued on page 14)



A late-night homecoming.

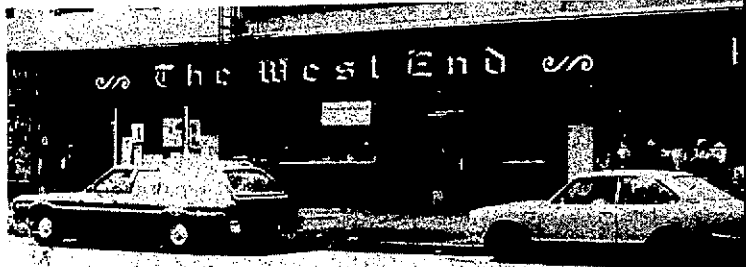
don't allow their wearer to notice the scuzzy drunkards sleeping on doorsteps in the Village (and many other places). The unassuming wearer only notices the Saint Paddy's Day Parade down Fifth Avenue in March, San Gennaro's Feast (at which he or she promptly stuffs himself with zeppoles and cannolis), and

You're NOT Alone

If I learned anything from my freshman year it was that above all else, I am a survivor. Don't get me wrong, this information was not easily garnered—I went through many periods when I thought that I would become a casualty, but, I made it, and that's all that counts.

As I approached college, everyone told me the same thing—it was great, I'd have a super time, and because I was so "bright," I would probably have an easy time of it scholastically. About the only thing people were right about was that I would meet "all sorts of people"—I did, and I didn't like most of them. During my first year at Barnard, I twice considered transferring, discovered I had an allergy to JAPS (Jewish American Princesses), came within a hairsbreadth of going off the deep edge, and took a week's vacation in April (unfortunately, no one else was on vacation then...) It was a year that changed my life in a lot of ways, and forced me, for the first time in my (very) sheltered life, to stand on my own two feet (or what was left of them).

(Continued on page 14)



Center for all the night-befores of morning-afters.

How To . . .

The Barnard Health Service exists for the benefit of the women of the college in order to provide them with health care for both medical and emotional problems. Quoting from the "Barnard Health Service—A Student Guide," the reason for its existence is that "since even a minor problem can keep you from studying properly, either directly or by making you spend time worrying about it, and since free help is available right in Barnard Hall, it would be foolish not to go to the Health Service with anything that bothers you."

The fifteen dollar mandatory Barnard Insurance plan entitles Barnard women to complete use of the Health Service. The clinic offers lab tests, medications, gynecology, contraception, counseling, allergy, dermatology, dieting and other services for free or at a tremendous savings.

The staff at the Health Service is

made up of nurses, physicians, and nonmedical assistants. You can request to see a doctor at any time either under the walk-in basis—first-come, first-served—or by appointment.

Like any doctor-patient relationship, the Health Service is strictly confidential. No one, including parents, faculty, or administrators can see your medical record without a signed release from you.

—Andrea Marino

One of the many academic advantages of attending college is that a student may select and develop her own program. There are many outlets to research before deciding your schedule and at Barnard you may attend sessions of the class before making your final decision.

Consult your advisor or the course guide to familiarize yourself with the

general requirements. It is a good idea to complete your six basic requirements and lab science in the first two years. After your major is declared, at the end of your sophomore year, there will be plenty of major requirements to fulfill for your degree.

When choosing a class and planning your schedule, pick courses which meet at times when you work best. A 9:00 class for a late riser could be a disaster. Columbia offers many courses which extend into the evening hours. However many students prefer to schedule classes which end in the afternoon so they can finish early in the day.

After you have chosen the subjects you want, consult the Barnard Columbia Courseguide which is available at the bookstores. It gives a thorough account of most of the classes and rates the workload, teacher and the course it-

(Continued on page 16)

There are several places in the neighborhood where Barnard students can cash their checks. If you have an account in a New York bank, you should first try your bank. They, however, have ready access to your balance and do not approve of juggling if that happens to be your way of paying the grocery bill. Having a bank account in the neighborhood is highly advisable in case of emergencies. If your home town offers you unconditional free checking then a sizable savings account in a neighboring bank might be a good idea. You can cash a check from a different bank at the bank holding your savings as long as the check does not exceed your savings balance. If your savings account is sizable enough, i.e. hitting or above the \$500 mark, you are eligible for free checking at a neighboring bank anyway. Or, if you happen to be on the spontaneous side of life with unexpected expenses or cravings occurring outside the regular banking hours then a checking account in a neighboring bank with an access card (e.g. Citicard) is also your kind of banking.

The Bookstore check cashing service, located in the basement of the CU Bookstore, offers another means to cash. There is a \$25.00 limit on checks per day, and a charge of 10 cents per check. You must have a valid ID to cash a check there, and if three checks

bounce your privileges are revoked. The advantages of the bookstore are that they are open until 5:00, five days a week; they'll take any kind of check as long as your ID is valid, and sometimes can be faster than the bank. Bouncing checks there is a little more humiliating there than at the bank though, as they remember names.

The last resort for those of you who sleep through Friday's hang-over (or whatever), and wake up Saturday morning with only 35 cents in the pocket, are the few local stores who will cash student checks. At Sloan's you can apply for a courtesy card which entitles you to pay for groceries by check. If you are one of the desperately poor starving

students who had planned on a larger BEOG grant, this might be your salvation. The stores do not have the bank's access to your available funds on record, or an affiliation with the university through which you can always be found. The stores are often trusting of students and sometimes favor students. Some of the smaller grocery stores will cash checks in small amounts if you are a regular customer. It might be worthwhile to get to know your local grocer.

Finally, if you can get your hands on a Columbia University ID (versus a Barnard) the Columbia Bursar in Kent Hall cashes checks for students up to \$35.00.

—Kay Pfeiffer



Alter Mater (S).



What the hell am I doing here?

During the month of September when classes are just getting underway and books and papers are not yet demanding much of your time, don't fall prey to the freshman disease—homesickness. Granted, you're all alone in a big city with family and friends umpteenth miles away, but you're not the only one in this situation—every freshman in BHR is in the same boat.

But if you take certain precautions and follow a few easy guidelines, you can guard against the "homesickness bug" and get off easy with only a mild case of the freshman disease.

—Don't sit around your room and wallow. Go and knock on the door across the hall; chances are your neighbor feels the same as you.

—Just as bad as sitting around doing nothing is trying to do too much too soon. Homesickness comes in strong doses when you become tired, run-down, and suffer from the aches and pains when attempting to see all of New York in one week. Remember, you're going to be at Barnard for four years.

—You and your roommate should ask each other certain questions so you'll be able to work out your own formula to

insure roommate happiness. After all, you must spend a certain amount of time in your room and while you're at school, your room is your entire house. If you start off on the right foot, a friendly roommate could prove to be an adequate replacement for your family.

—Decorate your room so that it's comfortable and suits your needs. Of course you're going to feel homesick if you're laundry is piled up to the ceiling and the room is so sloppy that you can't even concentrate while studying. Many inexpensive and unique decorations can be found at the local card store. Fans, kites, and posters compliment any room.

—Get involved, run for an office, join an organization, and don't waste time procrastinating. In New York one can find many wonders—take advantage of the location of the college and all it has to offer. Don't leave yourself any time to get homesick.

—Don't feel sorry for yourself. You chose the school and now have to "break away". It's natural to feel a little homesick since new experiences are being thrown at you in gross numbers and you're reaching for someone or something to cling to. It does get better, and if you make it through the first semester without running home every three days or calling "Mommy" five times a week, you will have a successful college career and more importantly, satisfaction that you can make it on your own.

—Andrea Marino

Filing your program is an easy function that requires only minimal planning. First, find out the deadline date for filing and remember it! (the Registrar is not joking about the threatened late fee). A last minute run to your advisor to find her gone to the suburbs for the weekend might cost you \$5.00. The Bursar's office is, as usual, unsympathetic as ever.

Advisors, moreover, do more than sign programs. If moved or coerced by your questions, advisors can (at times) give sound advice, assuming you made a sound choice for an advisor.

Filing out the program also requires minimal functioning abilities; select your courses through whatever means you see fit, get hold of the term course-guide with sequence numbers, and plug in the appropriate figures and words.

To complete your program filing drop the program into the marked box across from the Registrar's office, first floor Milbank.

—Kay Pfeiffer

During the first week of classes when everyone is hustling to the bookstores, most freshmen can be heard to say, "I don't want any USED books; I'm gonna buy all brand-new books and keep them for four years." The upperclassmen just snicker for they've been through it all and realize how fast a semester goes; how useless some of the books they bought for classes turned out to be, and how to get used books CHEAP.

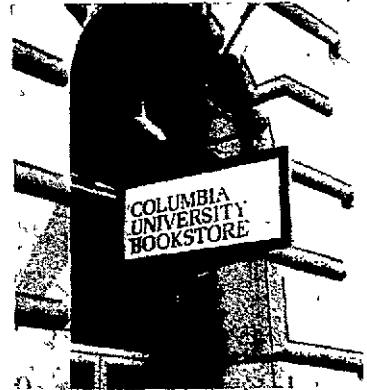
Each semester you'll need entirely new books, and with the price of some texts, especially those needed for the pre-med's biology, calculus, and chemistry classes going for over twenty dollars, it seems ridiculous to pay for brand-new books when used books are available and suffice for the short time a course lasts.

Used books, which cost anywhere from 1/4 to 3/4 the price of new books, be purchased at the local Barnes and Noble, Salter's, and Bookforum, but there is a limited supply so get over to the stores as soon as your professor hands out the booklists.

Also keep an eye out for lists of books hanging in elevators and on bulletin boards which former students are selling at reasonable prices. After your first semester, you will find that there are some books that you will want to get rid of as soon as possible. You can sell your used books back to the bookstore or hang your own list in an elevator.

But you may find that a book you need cannot be found at a local bookstore, new or used, and is not on any list hanging in the lobby. In that case, you will find it necessary to go down to the main Barnes and Noble on 5th Avenue and 18th St. It is one of the most complete sources for college texts.

—Andrea Marino



Where the bucks go.

Spice Can Be Nice— Middle Eastern Food on the Heights

by Maria Tsarnas

Morningside Heights offers a taste of possibly every nationality of food in existence. Varieties of culinary ecstasy mingle with cuisine only fit for the cast-iron stomach and within walking distance from Barnard are some of New York's best examples of these. To review them all would take too much effort per calories so we limited ourselves to the most popular "new" ethnic food discovery—the Middle-Eastern Restaurant, particularly Greek and Lebanese. On the Heights, Feta is the Fad. Warning—the food tends to be spicy so its best to go with a friend who won't get offended by bad breath and who agrees burping in public is acceptable because its a natural biological function like breathing.

Amy's (Between 112th and 113th St. on Broadway)

Everything in Amy's is described as "wholesome" and prepared "Amy's Style." Amy must have had a way with Pita bread because everything is served in it. The food is very tasty, good and reasonably priced. Its a clean, comfortable place for lunch or dinner and you can eat a filling meal for a little more than two dollars. Its a little slick but the place is alot better than the typical fast-food restaurants. Most of the "sandwiches" are served with Amy's savory Tahina dressing—a secret recipe that tops the salads. The experimental can try the Humus Bi-Tahina (chick peas and spices), Kufta (chopped meat, nuts, spices, and wine) or the Baba Ganoush (mashed eggplant, spices, and vegetables.) all highly recommended. For the meek there are the standard hamburgers, tuna fish, plain salad sandwiches. The feta cheese sandwiches taste like salt mixed with feta. Desserts include Carrot Cake, fruit and nuts, "Bird's Nests" (pistachio & honey), halvah (sesame and nuts) and according to the anonymous man behind the counter, "the best baklava," all ranging between 65 and 80 cents. Incidentally, Amy is not the originator of the place, according to Juliette Lebin, a full-time Barnard student who works there, but the owner's first girlfriend.

Tom's & College Inn (Both between 112th and 113th St. on Broadway)

There is an underground battle about

which place is better, Tom's or College Inn. Tom's always wins out in terms of spunky waitresses and its known that people are more attracted to restaurants with names like Tom's, Mama Leone's, or Trader Vic's. Nevertheless, both have identical menus and usually differ only about ten cents in price. (For this reason College Inn seems to be always less crowded). They both serve Shishkebob with rice and green peas but College Inn has it for \$3.10 while Tom's is \$3.30. But to be catty, Tom's Greek Salad is less expensive even though both have tomatoes, feta, olives (that are too commercial), anchovies and iceberg lettuce—not the authentic romain. The food is pretty good, but as one person put it, "nothing to write home about." Yet, gratefully they both keep late hours and Tom's is open 24 hours on Fridays and Saturdays and from Sunday through Thursday from 6:00AM to 1:30P.M.

Symposium (544 W113th St.)

In Greek, the word "symposium" means a banquet or feast, and this restaurant is one of the finer ones in the area for that purpose. Its also a good place to impress out of towners. The atmosphere gives a sense of Greece, complete with Greek music, plastic grapes, but no flies. In fact, its appearance is clean, the service is good and the waiters are pleasant. The menu seems a bit expensive but the size of the portion compensates. Meals are served with good fresh bread and the food is genuinely Greek from the Appetizers to the desserts. A full meal ranges between eight and ten dollars. What's particularly good for an appetizer is the taramosalata (Greek Caviar), tzatziki (a yogurt dip with cucumbers and garlic), and the dolmathakia (stuffed grape leaves). For a main course the Mousaka (eggplant and ground meat pie), Pastitsio (Greek style stuffed macaroni), and the Spanakopita (spinach pie) are outstanding. For the daring, the Fasolatha (National Greek bean soup), Kalamakia (squid in wine sauce) and Brizzoles (lamb veal chops) are very good. They have the old, Souvlaki stand-by for the unoriginal. For dessert they offer a "habit-forming" baklava among other Greek goodies. The evening spent there

promises to be enjoying, but please, no dancing in the aisles.

Amir's (Between 112th and 113th St. on Broadway)

Considered the poor man's Amy's, Falafels according to the experts, are better. Hearty meals in Pita bread can be obtained for \$1.50 or less. First, the ignorant may ask "What is a Falafel?" A Falafel is mashed chick peas with onions, parsely, fava beans, spices, and sesame seed sauce all served in a pita bread. You have to taste it to believe it.



Not on the Scarsdale diet.

Amir's offers a wide variety of these Lebanese delicacies that include Hommos, Baba Ganouj, stuffed grape leave, shishkebab, Kaft Kebab and kibbee. It would be too lengthy to describe what these all contain so its best to go and try them out one at a time. The atmosphere is comfortable, the decor is "post-period" (three posters of Lebanon), there are a few flies and overflowing ashtrays, but at Amir's, you give up aesthetics for a delightfully palatable meal.

Samad Deli (Between 11th St. and 112th St. on Broadway)

Samad is not a restaurant but it couldn't be excluded in our list of top-ranking places for middle-Eastern food. Its very clean and deli-smelling with such scintillating aromas as the on-the-spot ground coffee and freshly baked bread. Its THE place for the best eggplant salad (\$1.99/lb.), the best Baba

(Continued on page 13)

Ganouj (\$2.49/lb.), the best Hommos (\$2.49/lb.) but canned-tasting stuffed grape leaves (\$2.29/lb.)—well, you can't win them all. I, myself, have to add they have one of the most incomparable selections of finest quality cheeses and coldcuts, including fantastic Feta cheese (\$2.38/lb.) and nice Greek olives. The prices are very reasonable and the service is friendly and quick. The owner, Sal Salha, maintains his coffee and cheeses are the best in New York City (I'm not going to argue) and added that he has always worked with Columbia and Barnard in good faith by keeping good prices and being more than obliging in catering and service.

Broadway Restaurant (2859 Broadway) and **Happy Burger** (Between 110th and 111th St. on Broadway)

It seems the Greeks can control the fate of our eating habits because they own the majority of the restaurants in the area. The Broadway Restaurant and Happy Burger are no exception. The former is gratefully open 24 hours a day (Greeks like to keep late hours) and also has a few Middle Easternish dishes on the menu such as Shishkebab and the not just plain Greek Salad but the Athenian Greek Salad. The place appears clean, efficient, and safe since on our visit we saw six policeman stuffed in a booth heartily gobbling their food. Happy Burger is a new place with friendly Greek service. The atmosphere is late-Greek tourist except for the soft dentist's office music in the background. They give generous portions of food and have multivarious ways of serving Feta, i.e. in a side order, in omelettes, in a sandwich, with their "unbeatable Burgers"; and in the Greek salad, which thankfully, doesn't include anchovies.

Strauss Park Cafe (Between 107th and 108th St. on Broadway)

If you're brave enough to walk down there, the Strauss Park Cafe is a haven in the midst of depreciation. The place is very clean, with white walls, and fresh flowers on the tables every day. While you eat the delicious things they can do with omelettes, salads, hamburgers, and entrees you can listen to the cool FM music and watch the derelicts walk by from the windows of the enclosed sidewalk cafe. They have wonderful daily specials of usually fish and salad. Their Feta cheese is excellent but the Moussaka according to one connoisseur,

is not particularly good. The meals are served with a small basket of different kinds of tasty breads and the desserts come fresh daily from the Hungarian Pastry Shop. Its a good place to take your parents to when their in town. The hours are from 12 noon to 12:30 p.m. and the bar is open till 2 or 4 depending on whether anybody's there. Incidentally, Regi, the bartender is cute, friendly, and very good with faces.

At Our Place (Between 94th and 95th St. on Broadway)

You can't miss that imposing 3-D sign that say's "At Our Place" in big block print red letters. You can eat a complete meal here for under \$7.00. The Appetizer's are good and range between \$1.35 and \$6.00. The Moussaka (4.35) and Shishkebab (6.50) are tasty. The best of entrees include Torlu Bil Mohza (\$5.50) which is a casserole with lamb chunks and Imanibayild, (4.25), a half-baked eggplant stuffed with tomato, onions, nuts, and served with chick peas and cracked wheat. Their salads are good and the baklava is fair. Dinner is served from five till midnight.

Hungry Mac's (Between 115th and 114th St. on Broadway)

Don't laugh, they make the damn best gyros (\$1.55) in town. They use a special sauce that will keep you burping for days but they're so delicious its worth it (as long as your roommate doesn't mind). The cowards can try the Shishkebab (1.55) or the Sausage, "Greek Style" (1.39) which are just as good. If you want a bit of everything, try the combination platter that's extremely filling for \$2.75. Be careful though, they tend to be greasy and sloppy.

Housing

(Continued from page 3)

discussed. (Barnard determines upperclasswomen's housing by a lottery every Spring. After granting seniors, then juniors, etc. first pick, the choice of rooms is made by the individual student according to what is available when her number comes up.) However, student apathy, and disgruntled acceptance of the inevitable caused the boycott plan to fizzle.

During this period the Tri-Partite Housing Committee was holding weekly meetings at which the issue was debated

but never voted-on because the decision had already been made by the Administration. Soon afterwards, Dean Mattia announced plans to remodel the suites to be doubled-up: enlarging the bathroom and providing more counter space in Plimpton, and eliminating unused space in the "600" and "620" apartments. Despite some complaints and scattered opposition, those changes seemed, at the time, to take care of the expected crunch. Mattia and other administrators hoped that students would endure the cramped situation for the next few years while new housing was being planned and developed.

Along a different line, another controversy simmered last semester about whether Carman and Reid dorms should be made co-ed. Columbia Dean for Housing Robert Campbell, Head Carman Resident Doc Deming and other representatives presented several different proposals to the Barnard Tri-Partite Housing Committee to make specified floors of Carman all-Freshwomen with a Barnard floor counselor. Provisions in one of the plans, a one-year experiment, would be made for the freshwomen to eat in Hewitt Cafeteria to have an opportunity to meet other Barnard students. The plan's aim was to enrich freshpersons' interaction, but it was rejected by the Committee after a talk by Barnard Director of Admissions Christine Royer, who stated that few parents of freshwomen would allow their daughters to live in a Columbia dorm during their first year at College. Subsequently, a plan was drawn up by a Barnard student for a Carman-616 integration. That proposal was rebuffed by Columbia because "616" is an apartment-style dormitory—an option which freshmen do not have at Columbia.

Undergrad

(Continued from page 4)

school year are President, Suzanne LoFrumento, Vice President for Student Government, Lois Moonitz the Vice President for Activities is Darleen Yee, Officer of the Board Margo Angott, and Treasurer, Edna Pezone.

There are other branches of Barnard Government to promote mutual understanding among students, faculty and administration of Barnard and for greater participation on the governance of the College. These include the Coordinating Council and those committees which review College Activities and Housing.

—Maria Tsarnas

Looking Back

NOT Alone

(Continued from page 9)

I don't particularly want to give you a blow-by-blow description of that year, but perhaps by pointing out some of the mistakes I made, I can spare some of you the problems that I encountered.

I immediately assumed that because this is college (and a good one, too, inhabited by bright, motivated people) that once everyone got here they would assume the maturity inherent in the title "college student." Wrong-o! Some people will act like assholes no matter where they are, whether its grad school or grammar school. High school mentality is prevalent in college, as hard as this may be to accept. I wanted deep discussions on the American Political Scene, while those around me wanted to talk about boys, zits, and how high they were at a given moment. Its no that those are bad topics, given the right time and moment; its just that I came to college to expand my horizons, not to retreat old territory.

The second thing that I now realize is that I was not alone in my misery. Every so often I'll have a "remember when we were freshman" talk with a friend, and I'll discover that I was not the only one who was lonely, miserable, and eating myself into oblivion. I was also on the only one to start to go crackers, and I was not the only one who had not met the man of my dreams (although I met plenty of the nightmarish persuasion). You must keep in mind that you, too, are not alone even if everyone around you seems happy, well-adjusted and thin. You'll find that the more you open up and talk to people, the more people you will find who have the same qualms about college life that you do. Another problem I encountered was that I suddenly felt very stupid, and I found myself often questioning Barnard's logic in accepting me as a student. The thing to remember here is that while you might have been the top of your class in high school, you are now attending an institution where everyone was in the top of their class, and unless you are a genius, or willing to forgo your social life, sleep time and friends, you may not be the top of your Barnard class. This does not mean that you are a failure.

Probably the biggest mistake that I made during my freshman year was trying to make it on my own, without

seeking outside guidance. To my mind, asking for help was like admitting defeat, and it wasn't until it was almost too late that I got up enough courage to go see my advisor and ask for some assistance in coping with my problems. No one at Barnard is going to walk up to you and offer help, but there are places you can go and find a sympathetic ear. Peer Academic Counseling is available every day, and your class advisor is also available to help guide you through those rough spots.

Your temptation will be, at certain moments, to give up all hopes of finishing your college education. Do not give up hope—Barnard's mortality rate for freshmen is very low, and if all those people who are upperclassmen managed to live through their freshman years, so can you.

—Marianne Goldstein 1

All Nighters

(Continued from page 9)

"the word" among us. We all hoped Hewitt cafeteria would be better—another dream in the hopes of the naive. Classes brought tests, papers and more heartaches. My first all-nighter was a real disaster. It took days to recover from my aching head; my stomach still queasy from the coffee which was unsuitable for human consumption. But I was assured that it was all part of College Life.

Meal times were a riot and I still remember fighting for the head of the line with my meal card. Heaven help you if you forgot yours; it was a fight to the finish. The food? Well it still sucked. One of my dreams was already vanishing.

My first night on the town will never be forgotten. Despite my knowing air, I rode four different trains to go ten blocks, was thrown out of a disco and returned to my room hysterically laughing at four o'clock in the morning.

What would school be without the flu, mono and the pink eye epidemics? Its

share and and share alike here at Barnard as all the eyelashes were totally glued shut for four days. The infirmary was packed but we were quickly assured it would all pass, with time.

My first baseball game was an adventure as a bunch of us anxiously boarded the #1 Uptown and raced for the bleachers. We were cheering for what was now our school. And the players, whose names were previously not known to us, were now our friends.

With the beginning of the warmer weather came the end of my freshman year. I lived up to my stereotype by catching every disease from homesickness to conjunctivitis. My feet quickly found their way to Ta-Kome where I replenished my nightly supply of munchies, and, needless to say, I quickly gained the "freshman ten." On May 10, as I was moving out, I left my stereotype with my meal card at the Reid Desk and felt prepared to tackle the on-coming years. In retrospect, I am able to see myself and laugh. If I had to do it all over, I would do it exactly the same way.

—Jolyne Caruso

Glasses

(Continued from page 9)

time not having to ask every other epitome of nastiness on the street where the subway is. You'll already have an idea about the general direction.

Now don't get me wrong—I still have fun at the West End, but I could never have the same type of fun there as when I was a freshman. I still have those three particular pals that I first met at Orientation, (a stroke of luck from what I heard about how other freshmen fared), with whom I subsequently went to the West End. But you see we all took our "rose-tinted glasses" off. It's kind-of-like not wanting to get drunk because you know damn well how you will feel the next morning—you've had your share of hangovers.

—Caroline Apovian

THE MILBANK PROGRAM OF HEALTH & SOCIETY

HS 1 Health and Society: Introduction to Fundamental Concepts of Clinical Medicine and Public Health.

Defining Health and disease, the search for causes: from Hippocrates to causal thinking, bases of clinical practice: from symptoms to medical research, the limitations of medicine, understanding health and disease. Science background not required. MW 2:40-3:55. Dr. Nicholas Rango, M.D. For Further information call x2868



Bianca and Truman turned us on to Bulletin

Marianne and I were just doin' the town one night and at four in the morning we ended up for drinks at Studio. As we were sipping on our Perrier Bianca and Truman sauntered over and asked if we wanted to be turned on. I thought they were goin' to come up with some hot coke or at least some "locker room" but instead they pulled out this copy of **Bulletin**. We've been hooked ever since.

— JOIN BULLETIN —

107 McIntosh x2119

Program

(Continued from page 10)

self on a numerical scale of one to five. The course guide is written by the students, themselves, and consists of their personal comments.

Don't feel afraid to ask around. The students are the best judges of a professor, his grading and a class in general. Get a wide variety of opinions for each course and inquire about the level of students. Most freshmen would find it difficult keeping up in a class which consists mostly of upperclassmen.

After your schedule is planned attend the classes and decide for yourself. Final registration is not due until a few weeks into the semester which leaves ample time to change your mind.

—Jolyne Caruso

B.C. Relations

(Continued from page 4)

becoming more strained every year. This is ironic, because the relationship between the two schools started out as one of mutual convenience.

Frederick A. P. Barnard, President of Columbia back in 1864, founded the school named for him after several attempts to introduce co-education to Columbia College. In those early years, Barnard had no faculty of his own, and students at the College took the same

courses and exams as Columbia College students.

Strangely enough, today Columbia is not only threatening to absorb Barnard, but the Columbia faculty voted two years ago to admit women to Columbia College.

The first move towards unification was in 1973, with the signing of an agreement having to do with cross-registration of courses, cross-usage of the libraries, and faculty hiring practices, among other things.

Then, last October, the Joint Trustees Committee on Barnard-Columbia Relations released a statement disclosing the culmination to the first stage of their efforts, which called for a two-part planning process for the two institutions, to insure and promote "efficiency of operation, economy in fiscal affairs and enrichment of the academic life and environment."

The first of the two parts called for both schools to develop a "plan for the future" by examining their curricula, course offerings and staffing patterns. The second step required that both schools meet and undergo "joint and coordinate planning to assure the advancement of the interests of the total academic community." One of the goals of this step will be to "remove artificial impediments to staffing."

No one is quite sure what all this means. The statement, which was the first joint document released by both schools since the '73 agreement, so am-

biguously worded that it was hard to ascertain just what was meant by the terms "efficiency of operation" (does this mean that any overlap in department offerings and faculty should be eliminated?) and "economy in fiscal affairs." At the time, we were assured that the joint resolution was a "positive statement for Barnard's future."

If this is really the case, then Barnard's future is looking brighter now than it has in years. This is helped by the fact that President Mattfeld and our Board of Trustees have vowed to do everything they possibly can to insure Barnard's future as an independent women's college.

However, in the past few months, certain problems have arisen concerning hiring practices and the granting of tenure to Barnard faculty members; hiring and tenure must both be approved by a committee of Barnard faculty members as well as a joint committee on which Columbia faculty are the majority. So, although Columbia giveth tenure and taketh it away, they need not payeth for the tenured members. This procedure has proven to be particularly crucial in the formation of Barnard's new Women's Studies department, as three members of this department have recently been denied tenure by Columbia.

(Next week Part two of the series will explore the future of Women's Studies at Barnard.)

Barnard Intercollegiate Athletics

Important Meeting of ALL Women Athletes

Wednesday, September 6, 4-6 p.m.

304 Barnard Hall

VARSITY TEAM TRY-OUTS

Team	Date	Time	Place
Cross Country	Thurs. 9/7	7 - 9 a.m.	Barnard Gym
Volleyball	Thurs. 9/7	5 - 7 p.m.	Barnard Gym
Tennis	Thurs. 9/7	7 - 9 p.m.	Barnard Gym
(both days req'd)	Fri. 9/8	2 - 4 p.m.	Barnard Gym
Swimming, Diving	Mon. 9/11	5 - 6 p.m.	Barnard Gym Annex
Crew	Tues. 9/12	4:30 - 6--30 p.m.	Barnard Pool
Basketball	Mon. 9/18	5 - 7 p.m.	Barnard Gym
Fencing	Tues. 9/19	4 - 6 p.m.	Barnard Hall-Studio II
Archery	Wed. 9/20	7 - 9 p.m.	Barnard Gym

OPEN TO ALL UNIVERSITY UNDERGRADUATE WOMEN

Contact: Margie Greenberg, Director of Athletics x2085, x2233

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Request to Prevent Disclosure of Directory Information

The Family Rights and Privacy Act of 1974 gives Barnard the right to make public, at its discretion and without prior authorization from the student, the following information: name, class, home or college address; at Barnard: degrees, honors and awards received; previous school most recently attended; weight and height of student athletes; participation in recognized sports and activities.

The law also gives students the right to place limitations on the release of any of this information. A student who wishes to do so must file the appropriate form with the Registrar, 107 Milbank, each year by September 15. In practice, the College does not indiscriminately release information about individual students.

Vilma M. Borneman
Registrar

Coming Soon:

The new, improved Jolyne—
without tonsils!
(get well soon).